



COUNTRY COURT CARE  
*Our family caring for yours*



# Ashwood Nursing Home

Your guide to our care services

All our homes extend a warm welcome to visitors, any time of the day



COUNTRY COURT CARE  
*Our family caring for yours*

# A home away from home

Since 1983 our family have been running award-winning care services which constantly exceed industry standards. Our philosophy is simple; our residents and their families are at the heart of everything we do!

Country Court Care has been managing Residential, Nursing and Dementia care homes for over 30 years. We respect every individual and we believe that understanding our residents is the hallmark of personalised care.

The success of our homes is not just down to the bricks and mortar, but our dedicated professional staff, who make up the fabric of our homes, led by the principles of kindness, empathy, respect and trust.

Our homes make a point of becoming an integral part of the local community, encouraging social activities both in and out of the home with full time activity coordinators to ensure our residents are happy and enjoying their time in our homes.

At Country Court Care, we pride ourselves in offering exceptional care and believe we have no rivals when it comes to promoting family values.





## A word from our manager..



Ashwood Nursing Home prides itself on its specialist nursing and dementia care with strong family ethics. Ashwood is a light and spacious nursing home, situated in the market town of Spalding, Lincolnshire.

Set amongst beautifully landscaped gardens, Ashwood has built a phenomenal reputation in the local and wider community. Ample communal space and 47 tastefully designed bedrooms ensure we continue to exceed expectations. robb

Ashwood is also very pro-active in the local community, organising regular social events involving relatives, friends and anyone else wishing to participate and contribute.

**Daniela Phillips - Home Manager, Ashwood Nursing Home**



## Accommodation

### Facilities at Ashwood Nursing Home

Ashwood has been designed with our residents in mind, and is fully equipped to provide care in a pleasant and comfortable setting. We ensure that all of our rooms are tailored to the requirements of our residents. Every room leaves ample opportunity for residents to personalise their living space, as we offer a "home away from home" environment.

Our home includes:

- Areas to relax, unwind, and socialise
- Bathrooms that promote dignity and privacy
- Spacious, tasteful bedrooms & bathrooms
- Well equipped lounges with TV, DVD, telephone and access to the internet
- State-of-the-art kitchens offering award winning food and drink in spacious, comfortable dining areas
- Complimentary Wi-Fi for all residents and family members

## Social & Home Life

We believe that everyday life at Ashwood should be enjoyable and comfortable, and we encourage sociable activities both within the home and out in the local community, amongst friends and family. A hairdresser salon is situated within Ashwood, with visits from a professional hairdresser once a week. Our newsletter and social media pages keep family up to date with what's happening throughout the week. Family and friends are always welcome, any time of the day.

## Events

Ashwood has developed very strong ties with the local community. We always invite local people to attend events at the home, as well as encouraging residents to join in the fun. Our home regularly stages community events in order to further strengthen these all-important links.

## Activities

Ashwood employs two full time activity coordinators who have the simple objective of increasing social interaction and stimulation amongst our residents.

Chosen by the residents, the activities undertaken are designed to improve the variety of residents' daily lives and aid in discovering new passions. Residents are also encouraged to continue existing hobbies and activities.

## Meals

We know that quality nutritious food can make a real difference to our residents' health and wellbeing. That is why in the majority of our homes, we employ Elixir, an award winning external caterer. In partnership with Country Court Care, Elixir provides good wholesome food, by preparing all meals on-site from fresh ingredients, where residents and family are encouraged to design the menus.



# A day in the life of Irene

A resident at Ashwood Nursing Home

## Morning

I prefer to stay in my room for meals and the staff do not pressure you to eat in the dining room. It is my choice where I want to eat. There is a good selection for breakfast, and I usually go for the healthier option of cereal and fruit but you can have a cooked breakfast if you would prefer.

I enjoy spending time in my room among my personal things and find it very comfortable. I have a view of farmland and there is always someone walking past my door to stop for a natter.

I also really enjoy catching up on re-runs of The Bill on TV in the mornings. I love police and hospital programs, anything that has some excitement and drama.

## Lunch & Dinner

For lunch, there are usually cooked meals and you can choose different options, my favourite are always the pasta dishes. For dinner, there is a choice of sandwiches, soup and quiche. I love Branston pickle so try to include that in my sandwich options whenever I can. The quality of food is very good and I can have refreshments and snacks whenever I want them.

## Socialising

Me and my cousin Beryl will sometimes go into the dining room together and enjoy our meal with friends. Dorothy is my closest friend and I go to her room most days for a good catch up and a laugh.

We enjoy nipping into each other's room to spend time together and the staff are there if we need them. I usually go to the lounge when there is entertainment, especially when there is a singer. Me and Beryl enjoy the activities and trips to the local garden centre.

Pat and Anne who co-ordinate the activities are lovely and we recently did arts and crafts and laminated our artwork. For Valentine's day, we all got a single red rose and enjoyed the celebrations.

## Feedback Meetings

We are encouraged with family to attend regular feedback meetings, where all our comments are taken on board. If I have a problem I don't have to wait for the meetings and we are encouraged to give feedback anytime. The home manager Daniela is wonderful and nothing is too much trouble. I can't praise her and the staff enough!





## Testimonials

### What our clients have to say about us

"Ashwood Nursing Home is a wonderful place, the care my mum gets is fantastic, all the staff are great, friendly, caring and knowledgeable. Daniella the manager is so caring and committed! My mum has been in Ashwood almost a year and her care is outstanding! My heartfelt thanks to all who care for her!"

Patricia Porter - Daughter of Resident

"I visit Ashwood on a regular basis as a friend of a resident. My sister Kathleen cannot find any fault with the home. Residents are always happy and well cared for, and their needs are always met. The home is very clean. The manager cares about the home, this shows as the staff are expected to work to her high standards, they are always friendly to all visitors."

Jules M - Friend of Resident

"Ashwood is an outstanding nursing home in every aspect, from hygiene to personal care to each individual. The staff and manageress are extremely hard working and ensure that all of the residents are happy and well looked after. I frequently visit Ashwood to see one of the residents who welcomes my visits, she always has a very high regard for all the staff who are always willing to help."

Peggy P - Friend of Resident

## Contact us

### Please come and visit us

We would be delighted to show you round our home. Simply call or email us to arrange a visit.

Call: 01775 723 223

Email: [ashwood@countrycourtcare.com](mailto:ashwood@countrycourtcare.com)



**COUNTRY COURT CARE**  
*Our family caring for yours*

Ashwood Nursing Home,  
43 Spalding Common,  
Spalding,  
Lincolnshire PE11 3AU



Call 01775 723 223  
[ashwood@countrycourtcare.com](mailto:ashwood@countrycourtcare.com)  
[countrycourtcare.com](http://countrycourtcare.com)



**HealthInvestor**  
Awards 2015  
Finalist

