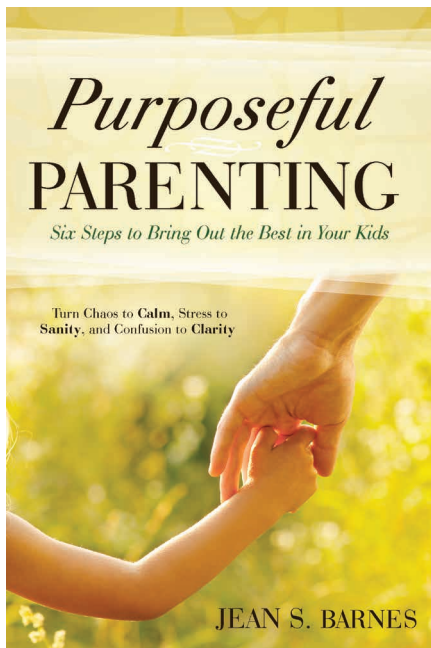


Turn chaos to calm,
stress to sanity,
and confusion to
clarity.

> **PRESS KIT**

Purposeful Parenting

Jean S. Barnes



PRODUCT INFORMATION

Title: Purposeful Parenting

Author: Jean S. Barnes

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"Be the best parent you can be for your child."

> SYNOPSIS

How you parent directly impacts who your children are and who they will become.

No one is naturally born a good parent. It takes hard work, determination, and passionate intention to raise our kids right. In the end, we can either parent on purpose or idly sit back and allow everything else in the world to shape our children into the men and women they will become.

Based on both Biblical wisdom and best practices in psychology, *Purposeful Parenting* gives you six essential practices for successfully raising your kids. Learn how to:

- Show your children that you truly love them
- Use discipline to maintain life and freedom
- Recognize the purpose and passions in your child's heart
- Help your child build good character
- Empower your child to be responsible
- Persevere through difficult times and never give up

AUTHOR PROFILE

> Jean S. Barnes

Jean S. Barnes is a veteran educator and pioneer in teacher-parent collaboration benefitting children. She coaches parents and children to thrive using biblical wisdom, the best practices of psychology and counseling, and fifty years of insight as a public school teacher, counselor, educational psychologist, and mom. She lives in Coto de Caza, California.

“You can be the parent you’ve always wanted to be—the parent God wants and your kids need, the parent with a purpose. Your life at home with your kids can be calmer, clearer, healthier, and happier today, starting right now.”

- **Dr. Jill Hubbard,**
New Life Live! Radio

> ENDORSEMENTS

“There are plenty of parenting books that will tell you to love your children even in the tough times, but in *Purposeful Parenting*, Jean Barnes tells us how to love them and how to transform the challenges into life-changing events for our children. She goes beyond the ‘what to do’ to the ‘why to do it’ while guiding us to inject purpose and meaning into the life of each child. This is so rich, and you will be such a better parent for integrating the principals into how you are raising your kids.”

- **Stephen Arterburn,** Founder and Chairman of New Life Ministries; Host of the #1 nationally syndicated Christian counseling talk show *New Life Live!* and host of *New Life TV* (tv.newlife.com); Founder of Women of Faith Conferences; Nationally known public speaker; bestselling author with over 8,000,000 books in print

“Parenting is the highest and best of all roles, and we are all so unprepared for it. Jean Barnes has written a thoughtful and yet practical book to resource you. Not to be missed.”

- **John Townsend, Ph.D.,** *New York Times* bestselling author of *Boundaries*. Leadership expert and psychologist. Founder, Townsend Institute of Leadership and Counseling.

“I wish I had *Purposeful Parenting* when I first became a parent. The wisdom, insight, and practical lessons found within this book will put you light-years ahead in your parenting. Not only will it empower you as a parent, but it will help create a lasting legacy in your kids. If I could read just one book this year on parenting this would be it!”

- **Pastor Tommy Hilliker,** Pastor of Membership at Saddleback Church

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