

Facial Treatments

ENERGY Cucumber, Apple & Mint Facial	\$87
PURITY Citrus & Lemongrass Facial	\$82
COMFORT Chia & Blueberry Sensitive Facial	\$78
CARE Facial for Compromised Skins	\$76
REGENERATE Vitamin A & Carrot Juice Facial	\$74
RADIANCE Tea & Turmeric Express Facial	\$46 (25 mins)

Skincare Enhancements

PEEL Glycolic Skin Enhancer	\$24
QUENCH Hydrating Mango Boost	
\$16	
VITAMIN C Ageless Skin Enhancer	
\$14	
SMOOTH Paraffin Hand Masque	
\$12	
SOFTEN Hands with Exotic Candlenut	\$11

Hair Removal

Wax Eyebrow	\$18
Wax Lip	\$12
Wax Brow & Lip	\$26
Wax Chin	\$12
Wax Bikini	from \$35
Wax Bikini Plus	"\$65
Wax Full Leg	"\$60
Wax Half Leg Upper	"\$35
Wax Half Leg Lower	"\$30
Wax Full Leg & Bikini	"\$85
Wax Half Leg & Bikini	"\$65
Wax Underarm	"\$18
Wax Back	"\$40



Body Treatments

Indonesian Beauty Ritual	\$117
The Jade Breathe Session	\$64

Massages

Earth Elements Warm Stone Mass	
80 & 50 mins	\$132 & \$94
Bikers & Runners Sports Mass	
80 & 50 mins	\$128 & \$92
Green Tea & Mint Relaxer 50 min	
\$88	
Swedish Massage 80 & 50 min	\$122
& \$84	
Tech Tension Reliever 25 min	\$48

Massage Enhancements

Hydrating Warm Paraffin Hands or Feet	\$12.00
Aromatherapy	\$11
Certified Organic	\$10

Experiential Treats

Wholisound Guided Meditation Session	45 min	\$32.00
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Classes

Yoga: \$17 drop-in, \$150 10 class
Restorative
Flow
Yoga for Cancer Patients
We have 60 minute yoga options!

Guided Meditation \$12 30 mins

Monthly Workshops

Schedule Sample:

Navigating the Farmers' Market
Sugar Detox 101
Creating Healthy Smoothies
Eating for Healthy Skin

Check our website for current schedule



Health Coaching

Evolution is your modern-day wellness center, and we are pleased to offer personal coaching sessions with a mentor, discussing all aspects of your health, including diet and weight goals, exercise, career and relationship issues, and spirituality. Coaching enables you to become healthier and happier in all facets of your life.

Introductory 1 hour session \$95, which includes a free health history assessment and discussion of your current situation and goals

Program of six 1 hour sessions over twelve weeks: \$480

The program consists of:

- One-on-one sessions with your coach, who will help you to end your struggles on food selection
- Guidance in making better eating decisions and breaking unhealthy habits.
- Insight into the balance between emotional & physical health.
- Informative handouts that will increase your nutrition knowledge
- Email and personal support throughout your journey



Juice Bar

Stop by for a delicious fresh juice or smoothie from our locally-sourced vendors, accompanied by delicious healthy snacks.

Featuring Organic Smoothies by Green Glow Love Holistic Nutritionist Anna Frumkin; helping you to look and feel more vibrant through mindful organic nutrition.



Juices from Uber Fresh

Certified organic cold-pressed juice, rich with vitamins and nutrients, totally unprocessed, and completely rejuvenating. Pick one up today!



**Health & Wellness
Spa | Juice Bar |
Yoga | Retail**

408-379-1577

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**Tu 11-7
Wed-Fri 11-8
Sat 10-6**