

# 2015 HEALTHIEST COMPANIES

## Medium-business category

Rank	Company Address Website	Telephone	Business description	Nationwide: •Full-time employees	Key components of strategic wellness plan	Age of wellness plan	Annual wellness budget per employee	Incentives utilized	Program extended to family members	Local executive(s)	Year established locally
1	<b>Hawthorne Machinery Co.</b> 16945 Camino San Bernardo San Diego 92127 www.hawthornecat.com	858-674-7024	Heavy machinery	500	Biometric screenings, health assessments, tobacco free campus, physical activity programs, weight/sleep/stress/maternity management programs and more	2-5 years	\$251+	Raffle prizes, recognition, goods/gifts	Y	Tee Ness	1956
2	<b>Event Network</b> 9606 Aero Drive, Suite 1000 San Diego 92123 www.eventteam.com	858-222-6100	Retail services	407	Biometric screenings, health coaching, tobacco cessation program, wellness challenges, ergonomic assessments and more	5-10 years	\$251+	Raffle prizes, paid time off, recognition, goods/gifts	Y	Larry Gilbert	1999
3	<b>CUSO Financial Services LP</b> 10150 Meanley Drive San Diego 92110 www.cusonet.com	858-530-4480	Financial services	271	Biometric screenings , physical activity programs, tobacco free campus, mobile app. for support and wellness engagement and more	2-5 years	\$51-100	Raffle prizes, recognition, goods/gifts, casual day coupons, trophies	Y	Valorie Seyfert	1996
4	<b>ResMed</b> 9001 Spectrum Center Blvd. San Diego 92123 www.resmed.com	858-836-5000	Medical devices	750	Biometric screenings, physical activity programs, weight/sleep/stress management programs, community outreach and more	2-5 years	\$101-250	Raffle prizes, recognition, goods/gifts, reimbursement of Weight Watchers at work fees	Y	Mick Farrell	1989
5	<b>Bill Howe Family of Cos.</b> 9085 Aero Drive, Suite B San Diego 92123 www.billhowe.com	619-286-6348	Construction/real estate	149	Biometric screenings , weight/sleep/stress management programs, tobacco free campus, community outreach and more	2-5 years	\$101-250	Cash, raffle prizes, PTO, recognition, goods/gifts	Y	Bill Howe	1980
5	<b>San Diego County Credit Union</b> 6545 Sequence Drive San Diego 92121 www.sdccu.com	877-732-2848	Financial services	553	Biometric screenings, health coaching, tobacco cessation incentives/programs, physical activity programs and more	2-5 years	\$251+	Raffle prizes, recognition, goods/gifts	Y	Teresa Halleck	1938

**Judging process:** Companies are evaluated based on the competency of successful corporate wellness programs. The key competencies included wellness strategy, wellness leadership engagement and culture, wellness programs and initiatives, and program measurement and evaluation.

Companies are assigned a rank based on a score derived from confidential employer surveys. For information on how to nominate your company, visit [www.sdbj.com/bizevents](http://www.sdbj.com/bizevents) or contact us at 858-277-6359.

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