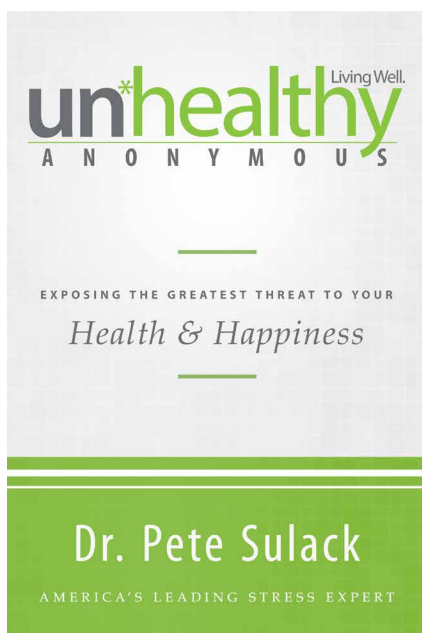


Your 12-Step
program to
getting healthy
and staying
healthy!

> **PRESS KIT**

Unhealthy Anonymous

Dr. Pete Sulack



PRODUCT INFORMATION

Title: Unhealthy Anonymous

Author: Dr. Pete Sulack

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“The truths in this book are revolutionary, life enhancing—and best of all, simple to understand and incorporate.”

- from the Introduction

> SYNOPSIS

America is in a health crisis. Today 4 out of 5 Americans will be affected by cardiovascular disease, cancer, autism, dementia, auto-immune deficiencies, or obesity. Why?

The answer is simple and is at the core of every disease and dysfunction—*stress*.

Dr. Pete Sulack, America's Leading Stress Expert, has successfully treated over one million patients and for the first time ever gives you 12 simple steps that will put you on the road to a happier and healthier life.

No fad diets, no extreme exercise programs, and no magic pills.

This book provides:

- Proven methods to discover what your body needs to function at peak efficiency
- Simple instructions to repair what may be out of sync
- Easy steps to recapture your health and live the life you deserve
- Unlimited support that will sustain the results you achieve

No matter where you're starting from, you can be on the road to revolutionizing your life through these 12 steps. *Unhealthy Anonymous* is your “go-to” guide to the happy, healthy life you've always wanted!

AUTHOR PROFILE

> Dr. Pete Sulack

Dr. Pete Sulack is the founder and majority owner of one of the largest clinics in North America. He has served more than 1,000,000 patients over the last 13 years, validating his unique approach to health and wellness. Dr. Pete actively treats patients traveling from around the world seeking his services. His studies on the effects of stress, coupled with testimonials from patients and attention in medical communities have garnered him the title of “America's Leading Stress Expert.” He is a highly sought-after teacher, lecturer, and author.

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