



People, **Planet**, Purpose

**Global Practitioners**

United in Health & Healing





# Join Us

## People, Planet, Purpose

### COURSE OVERVIEW

**Join Us!** The AIHM Annual Conference provides a unique combination of educational experience and sacred space, blending the art and science of integrative health & medicine with the most pressing global issues. The Academy program is designed to give you clinically relevant information for your practice and tools to address the growing health issues humanity is facing.

Interprofessional expert speakers will take us on a journey through evidence-informed, comprehensive, affordable, sustainable person-centered care. Faculty will explore cutting-edge research in integrative medicine and key global issues for the health of our planet. The event includes numerous opportunities for personal renewal and deep community connection.

This educational course is for healthcare professionals seeking to expand their clinical competencies and advance their mind-body-spirit approach to healing. Credits will be available for many healthcare professionals: physicians (MD, DO, ND, DC, DOM), nurses, dietitians, acupuncturists, midwives, pharmacists, physician assistants, nurse practitioners and more.



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### 2015 Conference Highlights

- Comprehensive educational course
- Evidence-based integrative medicine with leading experts from many professions
- Interactive educational formats including case studies and experiential demonstrations
- Integrative Medicine Board Review Course
- Pre-Conference workshops Oct. 24
- Networking with like-minded professionals
- AIHM membership opportunities and complimentary special events including Holistic Happy Hour, Membership Breakfast, Crone/Sage School, Self-Care Night, Research Poster Reception & Awards and others
- AIHM Gala Celebration, Dinner and Awards Ceremony

### Early Bird Rates

Early bird rates effective until August 15, 2015. For standard on-site rates, please see the conference fees and registration rate chart on last page.

- MD/DO:  
Early Bird Rates \$1,175; Members: \$1,058
- All Other Health Professionals:  
Early Bird Rates \$775, Members \$698
- Students/Residents/Community:  
Early Bird Rates \$650; Members \$585

### Not an AIHM member?

Join at [aihm.org/become-a-member](http://aihm.org/become-a-member) and receive a special 10 percent discount to the conference! Additional benefits include discounted online learning, member forum, journal club, free journal subscriptions and much more.

# Educational Objectives

After attending this activity, participants should be able to:

- Discuss the importance of treating the whole person, mind-body-spirit;
- Assess the value of a physician/patient partnership in improving health;
- Evaluate the role of evidence-based integrative holistic medicine in the treatment and prevention of common medical conditions and chronic illnesses;
- Incorporate integrative holistic medicine treatments into patient care, referring to specialists as necessary;
- Utilize tools and resources provided to incorporate integrative holistic medicine into their practices/ organizations; and
- Establish a network of like-minded practitioners from various disciplines and geographic areas.

## Accreditation and Disclosure

Physicians (MD, DO): This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Scripps Health and The American Board of Integrative Holistic Medicine. Scripps Health is accredited by the ACCME to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 40.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Credit Breakdown

#### Pre-Conference Workshops (Saturday)

Integrative Oncology in Practice and Prevention = 7

Integrative Medicine & Your Practice–Business & Leadership Tools for Creating Success = 7

Healer Within–Moving Through Change: Self-Care, Self-Compassion & Resiliency = 7.5

#### Main Conference (Sunday–Thursday) = 33.25

Sunday–6.5; Monday–7; Tuesday–7; Wednesday–7; Thursday–5.75

### Professionals Accepting CME

Other professions accepting *AMA Category 1 Credit* from CME organizations accredited by ACCME:

**Acupuncturists:** This educational program will be submitted to the CA Acupuncture Board.

NCCAOM PDA Points Pending

### Chiropractors, Naturopathic Doctors, Nurses,

**Nurse Midwives:** Most states' Bureaus, Boards or credentialing centers accept *AMA PRA Category 1 Credits*<sup>™</sup> from organizations accredited by the ACCME. Providers should check with their state board regarding use of CME credit.

**Dieticians:** This educational program has been submitted to the Commission on Dietetic Registration and is pending approval.

**PAs:** The American Academy of Physician Assistants

**Pharmacists:** California State Board of Pharmacy

**Psychologists:** The Board of Psychology (for renewal)

### Disclosure

This course may be supported, in part, by educational grants from industry, in accordance with ACCME accreditation Standards for Commercial Support. Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

### Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities including a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.



Rollin McCraty



Gail Christopher

Bill Reddy



Ilarion Merculieff

Christine Goertz



Joe Pizzorno

Joseph Pizzorno, ND

Editor-in-Chief, Integrative Medicine-  
A Clinician's Journal  
Co-Author, Textbook of  
Natural Medicine

Michael Pritchard

SEL Educator and  
Inspirational Speaker  
Heartland Media Foundation

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Chair, Federal Policy Committee  
Integrative Health  
Policy Consortium

Molly Roberts, MD, MS, ABIHM

Past President, American Holistic  
Medical Association

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President, MA Society of  
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Founder, New England School of  
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John Weeks

The Integrator Blog  
The Global Integrator Blog (GAHMJ)

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Mercury Free / Holistic Dentistry  
Energetic Healthcare

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Chief Executive Officer  
One Health Organisation

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Professor & Director, Program on  
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Larry Yee

President and  
Coordinating Director  
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## AIHM Faculty

Lise Alschuler, ND, FABNO

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Independent Practitioner

Dan M. Asimus, MD, MSEd,  
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Integrative Medicine Psychiatrist

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Co-founder, Chinese Medicine Works

Jeffrey Bland, PhD

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Health Initiatives BlueGreen Alliance  
Launch Coordinator, First 1000 Days

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Advisor, W K Kellogg Foundation

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Past President, American Holistic  
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Co-founder, Chinese Medicine Works

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UCSD Center for Integrative Medicine  
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Osteopathic Center San Diego

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Author—"Not Just a Pretty Face"

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Miriam Nelson, PhD

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Citizenship and Public Service  
Professor, Friedman School of  
Nutrition Science and Policy

Erica Oberg, ND, MPH

Pacific Pearl La Jolla  
Naturopathic Physicians  
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Dean Ornish, MD

Founder & President, Preventive  
Medicine Research Institute  
Clinical Professor of Medicine, Univ.  
of California, San Francisco



## Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Employees of a commercial interest with business lines or products relating to the content of the CME activity will not participate in the planning or any accredited portion of the conference. Disclosure will be made to all participants at the conference location, prior to the educational activity commencement.

## Planning Committee

Planning Committee \*signifies 2015 AIHM conference faculty

### Planning Committee Co-Chairs

**Jennifer Blair, LAc, MaOM\***

Acupuncturist / Senior Trainer  
Penny George Institute for  
Health and Healing  
Board of Directors AIHM

**Wendy Warner, MD, ABIHM\***

Founder and Medical Director  
Medicine in Balance, LLC

### Planning Committee Members

**Steve Cadwell**

Co-Executive Director, AIHM

**Seroya Crouch, ND**

OneMedicine Consulting  
Director of Certificate  
Programs, AIHM

**Russell Faust, MD, PhD, ABIHM \***

Board of Directors, AIHM

**Nita Gage, DSPS, MA \***

Director  
Healer Within Retreats

**Michelle Goldbach, MHA, RN**

Clinical Manager  
The Elizabeth Hospice

**Mimi Guarneri, MD, FACC,  
ABIHM \***

President, AIHM  
Medical Director  
Guarneri Integrative Health, Inc.

**Jamie Harvie, PE \***

Executive Director  
Institute for a Sustainable Future  
Founder, Commons Health Network

**William Meeker, DC, MPH \***

President  
Palmer College of Chiropractic

**Tabatha Parker, ND \***

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Executive Director  
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**David Riley, MD \***

Editor, The Permanente Journal  
Board of Directors, AIHM

**Stephanie "Seth" Romanoff**

Communications Director, AIHM

**John Scaringe, DC, EdD**

President / CEO  
Southern California University  
of Health Sciences



### Integrative Medicine Review Course Planning Committee

(for ABOIM test-takers)

### Planning Committee Chair

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**Hal Blatman, MD, ABIHM**

Medical Director, Blatman Health  
and Wellness Center

Jamie Harvie



Jennifer Blair

Wendy Warner



Tabatha Parker



## Heal, Transform, Unite

### About the AIHM

The Academy of Integrative Health & Medicine unites the many voices in integrative health to build bridges between professions and offer credible educational and certificate programs for licensed healthcare providers. The Academy empowers members by supporting true interprofessional and equitable collaboration. The Academy advocates for affordability and accessibility on behalf of patients and practitioners and builds leadership capacity with the next generation of caregivers. We are moving toward a new paradigm of health care for humanity and the planet.



Academy of Integrative Health & Medicine

### About Scripps

Scripps Health, a nonprofit healthcare system based in San Diego, California, includes more than 2,600 affiliated physicians and over 13,000 employees at five acute-care hospital campuses, home healthcare services and a network of clinics, physician offices and outpatient centers. Scripps is committed to contributing to the future of medicine through its clinical research trials, graduate medical education and continuing medical education programs. More information can be found at [www.scripps.org](http://www.scripps.org).



### *AIHM Inaugural Integrative Health & Medicine Awards Ceremony and Gala*

On the final evening (Thursday, Oct. 29), we are gathering in celebration and fellowship to honor the work of those transforming medicine. Reception, dinner (fish, veggie or vegan and gluten-free options), awards celebration and dance party are all included. The AIHM Gala is expected to sell out early, so secure your ticket at a special rate and plan your travel accordingly!

**Price: \$99 until Aug. 15; (Aug. 16–\$125; Oct. 18–\$150)**

### *Focused Track: Integrative Medicine Board Review*

This intensive board review course is offered during days 2, 3 and 4 (Mon. Oct. 26–Wed. Oct. 28) of the AIHM Annual Conference. This course offers attendees the benefits of both the outstanding first and last day plenary sessions, days 2, 3 and 4 keynotes AND a specially designed study course to prepare those MDs/DOs sitting for the American Board of Integrative Medicine (ABOIM) board exam, administered by the American Board of Physician Specialties (ABPS).

Designed and executed by a team of experts, the course offers a comprehensive overview of all key test domain sections. Pricing includes a guaranteed seat in the review course, as established by the ABOIM, a digital copy of the ABIHM's Curriculum Study Guide containing over 700 pages of material, and a packet of 250 sample study questions specifically developed to help prepare you for the board exam. For course offerings, see the "Integrative Medicine Review Courses" breakouts in attached schedule.

**Price: \$250; Members \$225 (In addition to conference registration)**

## Pre-Conference Workshops

Three Pre-Conference Workshops are offered Saturday, Oct. 24. Pre-conference fees include course tuition, materials, CME credits, breakfast and lunch. Workshops require a separate registration from the main conference.

**Price: \$350; Members \$300 (Aug. 15: \$450, Oct. 18: \$475)**

### Option 1: Integrative Oncology in Practice and Prevention

**Speakers: Lise Alschuler, ND; Mitchell Gaynor, MD**

In this full-day workshop, practitioners will learn the latest natural therapies and conventional cancer treatments to improve the health outcomes of patients. Discover natural therapies that reduce cancer risks to bring health, healing and vitality to patients diagnosed with cancer.

Lise Alschuler, ND, co-author of *The Definitive Guide to Thriving After Cancer* and Mitchell Gaynor, MD, founder of Gaynor Integrative Oncology and medical director of the Weill Cornell Center for Complementary and Integrative Medicine, will lead the workshop.

### Option 2: Integrative Medicine & Your Practice—Business & Leadership Tools for Creating Success

**Speakers: Mimi Guarneri, MD; F. Nicholas Jacobs, FACHE; Rauni Prittinen King, RN; James Maskell; Ellen W. Steifler, Esq.; Russell Faust, MD, PhD**

This innovative course is designed for both healthcare providers looking to introduce integrative holistic medicine to their practices and seasoned clinicians (MDs, DOs, Nurses, NDs, DCs, LAc's, etc.) seeking meaningful information on improving their business outcomes. Healthcare professionals from all backgrounds will find this important seminar a valuable resource!

### Option 3: Healer Within—Moving Through Change: Self-Care, Self-Compassion & Resiliency

**Speakers: Daniel Friedland, MD; Nita Gage, DSPS, MA; Molly Roberts, MD, MS; Bruce Roberts, MD, Shannon Simonelli, PhD**

Let us accompany you on a personal journey to transform burnout into resiliency. This phenomenal line-up will provide experiences and theoretical perspectives from a variety of models of change including Daniel Friedland's neuroscience-based model of change, 5Rhythms movement therapy, and shamanic indigenous native teachings.

## Sunday, October 25, 2015 - DAY 1 *Plenaries—Opening Our Collective Hearts*

- 6:30 am Morning Renewal
- 7:00 am Yoga/Tai Chi/Breakfast
- 8:00 am Registration
- 8:15 am Welcome & Opening Ceremony—*Mimi Guarneri, MD, FACC, ABIHM*
- 8:30 am The Transformative Power of Lifestyle Medicine—*Dean Ornish, MD*
- 9:30 am Science of Connection—*Mimi Guarneri, MD, FACC, ABIHM*
- 10:15 am Break
- 10:45 am Connective Tissue: A Winner's History for Integrative Health and Medicine—*John Weeks*
- 11:30 am Global Burden of Musculoskeletal Diseases—*Scott Haldeman, DC, MD, PhD, FRCP(C), FAAN(C)*
- 12:15 pm Lunch
- 2:15 pm Community Health and Environmental Justice—*Cecil D. Corbin-Mark*
- 3:00 pm Healing the Soul of America: A 21st Century Imperative—*Gail Christopher, DN*
- 3:45 pm Environmental Influences on Cancer—  
The Triple Impact on Stroma, Epigenetics and Genomics—*Lise Alschuler, ND, FABNO*
- 4:30 pm Break
- 5:00 pm Greening of Medicine—*Tieraona Low Dog, MD*
- 6:00 pm AIHM—Welcome Reception—*Mimi Guarneri, MD, FACC, ABIHM*



**Dean Ornish**

**Holistic Happy Hour Reception (Special Academy Membership Event for All Attendees)**



# Monday, October 26, 2015–DAY 2

## PEOPLE–Practice Pearls for Our Patients

Breakout 1–GI Health & Body Burden		Breakout 2–Mental & Emotional Health & the Whole Person		* Breakout 3–Integrative Medicine Review Course–Day 1	
6:30 am	Morning Renewal	6:30 am	Morning Renewal	6:30 am	Morning Renewal
6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi
6:30 am	Breakfast	6:30 am	Breakfast	6:30 am	Breakfast
7:45 am	Opening & Intention	7:45 am	Opening & Intention	7:45 am	Opening & Intention
8:00 am	Gut Restoration <i>Patrick Hanaway, MD, ABIHM</i>	8:00 am	Panel–Clinical Jazz: Mental Health <i>Scott Shannon, MD, ABIHM</i> <i>Jennifer Blair, LAc, MaOM</i> <i>Moira Fitzpatrick, PhD, ND, CHT</i> <i>Dan Asimus, MD, MSED, ABIHM</i>	8:00 am	Foundations of Integrative Medicine <i>Hal Blatman, MD, ABIHM</i>
9:00 am	Microbiome <i>Patrick Hanaway, MD, ABIHM</i>			9:00 am	Mind Body 1 <i>Karen Lawson MD, ABIHM</i>
<b>10:00 am</b> <span style="float: right;"><b>Break</b></span>					
<b>10:30 am</b> <span style="float: right;"><b>ACES, Bullying &amp; the State of America—What We Can Do as Health Providers—Michael Pritchard</b></span>					
<b>11:30 am</b> <span style="float: right;"><b>Lunch</b></span>					
1:00 pm	Leaky Gut <i>Bill Reddy, LAc, Dipl Ac</i>	1:00 pm	Energetic Connectivity: Coherence and The Global Field Environment <i>Rollin McCraty, PhD</i>	1:00 pm	Mind Body 2 <i>Karen Lawson MD, ABIHM</i>
2:00 pm	Assessing Body Burden <i>Joseph Pizzorno, ND</i>	2:00 pm	Mental Health Pearls <i>Lynn Keegan, PhD, RN</i>	2:00 pm	Botanical Medicine 1 & 2 <i>Wendy Warner, MD, ABIHM</i>
3:00 pm	Detoxification <i>Joseph Pizzorno, ND</i>	3:00 pm	Why Isn't My Brain Working <i>Datis Kharrazian, DHSc, DC, FACN, CNS</i>		
<b>4:00 pm</b> <span style="float: right;"><b>Break</b></span>					
<b>4:30 pm</b> <span style="float: right;"><b>The Gut Brain Connection—Jeffrey Bland, PhD</b></span>					
<b>Self-Care Extravaganza</b>					

# Tuesday, October 27, 2015–DAY 3

## PLANET–Global Traditions & Health Issues Impacting Our Planet

Breakout 4–Advanced Clinical Topics in Global Healing Traditions		Breakout 5–Specific Topics in Health Impacting the Planet & Community		* Breakout 6–Integrative Medicine Review Course–Day 2–Global Traditions	
6:30 am	Morning Renewal	6:30 am	Morning Renewal	6:30 am	Morning Renewal
6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi
6:30 am	Breakfast	6:30 am	Breakfast	6:30 am	Breakfast
7:45 am	Opening & Intention	7:45 am	Opening & Intention	7:45 am	Opening & Intention
8:00 am	Ayurvedic Medicine <i>Kulreet Chaudhary, MD</i>	8:00 am	Food Systems & Health (IOM) <i>Robert Lawrence, MD</i>	8:00 am	Panel–Subtle Energy Systems <i>David Riley, MD</i> <i>Rauni King, MIH, RN, HNB-BC, CHTPI</i> <i>Nita Gage, DSPS, MA</i> <i>Lucia Thornton, ThD, MSN, RN, AHN-BC</i>
8:45 am	Biological Dentistry & IM–Systemic Impact of Oral Health <i>Felix Liao, DDS</i>	9:15 am	Dietary Guidelines & Sustainability (IOM) <i>Miriam Nelson, PhD</i>	9:30 am	Dietary Supplements <i>Robert Bonakdar, MD, FAAFP</i>
9:30 am	Clinical Applications of Homeopathy <i>Amy Rothenberg, ND</i>	10:30 am	Break	10:30 am	Break
10:30 am	Break	11:00 am	Reproductive Environmental Health <i>Tracey Woodruff, PhD, MPH</i>	11:00 am	Lifestyle & Prevention Part 1 & 2 <i>Molly Roberts, MD, MS, ABIHM</i>
11:00 am	Panel–Clinical Jazz: Intentional Healing/Energy Medicine <i>Seroya Crouch, ND</i> <i>David Gruder, PhD, DCEP</i> <i>Lucia Thornton, ThD, MSN, RN, AHN-BC</i> <i>Wendy Goldman, LAc, Dipl Ac</i>	11:45 am	Soda, Food & Addictions <i>Harold Goldstein, DrPH</i>	12:30 pm	Lunch
12:30 pm	Lunch	12:30 pm	Lunch	2:30 pm	Panel–Clinical Jazz: Healing Traditions Case Studies Moderator: <i>David Riley, MD</i> <i>Kulreet Chaudhary, MD</i> <i>Jennifer Blair, LAc, MaOM</i> <i>Amy Rothenberg, ND</i>
2:30 pm	Chinese Medicine Pediatrics: Know Your Child, Know Yourself <i>Efrem Korngold, OMD, RH (AHG), Dipl Ac (NCCAOM), LAc</i> <i>Harriet Beinfeld, LAc</i>	2:30 pm	Panel–Community & Planetary Health Considerations <i>Jamie Harvie, PE–Facilitator</i> <i>Larry Yee– Food Commons–The Healthy Alternative to Big Food</i> <i>Stacy Malkan– Giving the Food and Cosmetics Industry a Makeover</i> <i>Roberto Vargas, MPH– A Community Response to Big Soda</i>		
<b>4:30 pm</b> <span style="float: right;"><b>Break</b></span>					
<b>5:00 pm</b> <span style="float: right;"><b>Ecological Health &amp; Environmental Health Policy–Charlotte Brody, RN</b></span>					
<b>Movement Experiential / Crone/Sage School</b>					



# Complimentary Special Events

These special events are free of charge, however space is limited and pre-registration is required to guarantee you a space. Please be sure to add any events you plan to attend to your registration so we may plan accordingly.

## Holistic Happy Hour Sunday, October 25, 2015 7:30 PM - 8:30 PM

All welcome. This reception & networking opportunity will give you a chance to connect with fellow members and not-yet-members on the advocacy topics you're most passionate about in a casual, relaxing setting.

## Self-Care Night Monday, October 26, 2015 7:00 PM - 9:30 PM

Attendees will gather for an evening of self-care with six coordinated events and a central outdoor reception.

## Crone/Sage School Tuesday, October 27, 2015 7:30 PM

This event is a special tradition and part of our AHMA legacy. Attendees share in reflection and deep supportive connection, coming together to celebrate our shared humanity and holistic heritage. Two sacred gender-specific spaces are created.

## Poster Reception & Awards Wed., October 28, 2015 6:00 PM-7:30 PM

Throughout the week, original research posters will be showcased in the Garden Room of the main conference hall. On Wednesday evening, following the Research Keynote speaker, a special reception with refreshments will be held in the Mission Bay Room where each poster presenter will be available to answer questions.

## Membership Breakfast Thursday, October 29, 2015 7:30 AM-8:30 AM

All welcome. During this meeting, members, prospective members, faculty and leaders connect, rejoice and plan another year of transformation. Join us to learn more about the Academy's current projects, how to use and benefit from your Academy membership and how we are bringing integrative health to the mainstream. Win prizes just for attending!

## Wednesday, October 28, 2015-DAY 4 PURPOSE-Working Together to Transform Medicine

Breakout 7-Integrative Pain Evidence, Practice & Policy	Breakout 8-Policy & Research Transforming the Landscape	* Breakout 9-Integrative Medicine Review Course-Day 3
6:30 am Morning Renewal	6:30 am Morning Renewal	6:30 am Morning Renewal
6:30 am Yoga/Tai Chi	6:30 am Yoga/Tai Chi	6:30 am Yoga/Tai Chi
6:30 am Breakfast	6:30 am Breakfast	6:30 am Breakfast
7:45 am Opening & Intention	7:45 am Opening & Intention	7:45 am Opening & Intention
8:00 am Placebo & Consciousness <i>Shamini Jain, PhD</i>	8:00 am Panel-Strategies for Integrative Research to Rapidly Transform Payment & Delivery <i>John Weeks</i> <i>Ryan Bradley, ND, MPH</i> <i>Christine Goertz, DC, PhD</i> <i>Jeffrey Dusek, PhD</i>	8:00 am Professional Practice <i>Julie McKee, MD, ABIHM</i>
9:00 am Clinical Trials for Common CAM Interventions for Pain <i>Dan Cherkin, PhD</i>	10:00 am Advocacy in Integrative Health & Medicine <i>Erica Oberg, ND, MPH</i>	8:45 am Integrative Approaches Part 1 <i>Hal Blatman, MD, ABIHM</i>
10:00 am Transforming Pain Care: The Role of the Provider, Patient and Guidelines <i>Robert Bonakdar, MD, FAAFP</i>		9:45 am Integrative Approaches Part 2 <i>Sandy Levy, MD, FACP, ABIHM</i>
<b>Break</b>		
<b>11:15 am Transforming Medicine from the Inside Out-Tracy Gaudet, MD</b>		
<b>12:15 pm Lunch</b>		
2:15 pm Naturopathic Medicine & Pain <i>Michael Cronin, ND</i>	2:15 pm Addressing Racial/Ethnic Disparities in Health <i>Kim Tippens, ND, MSAOM, MPH</i>	2:15 pm Nutrition Part 1 <i>Liz Lipski, PhD, CNS, CCN, CFM, LDN</i>
3:00 pm Panel-Clinical Jazz: Pain Research & Clinical Applications <i>Bill Meeker, DC, MPH</i> <i>Bill Reddy, LAc, Dipl Ac</i> <i>Michael Kurisu, DO, ABIHM</i> <i>Michael Cronin, ND</i>	3:00 pm Biological Dentistry <i>Bill Wolfe, DDS, NMD</i>	3:00 pm Nutrition Part 2 <i>Liz Lipski, PhD, CNS, CCN, CFM, LDN</i>
	3:45 pm Chinese Medicine and Global Policy <i>Jason Jishun Hao, DOM</i>	3:45 pm Nutrition Part 3 <i>Liz Lipski, PhD, CNS, CCN, CFM, LDN</i>
<b>4:30 pm Break</b>		
<b>5:00 pm PCORI and the Future of Integrative Medicine-Christine Goertz, DC, PhD</b>		
<b>Poster Reception and Awards Ceremony</b>		

**Thursday, October 29, 2015–DAY 5**  
*Plenaries–Opening Our Collective Hearts*

- 6:30 am Morning Renewal/Yoga/Tai Chi
- 6:45 am Membership Breakfast & Raffle
- 8:30 am Earth & Spirituality–*Ilarion (Larry) Mercurieff*
- 9:30 am Break
- 10:00 am Healthcare Providers as Drivers of Social Transformation & Global Equality–*Jimi Wollumbin, AD*
- 10:45 am Global Integrative Health & Medicine–*Tabatha Parker, ND*
- 11:30 am Movement Building & Our Common Future–*Jamie Harvie, PE*
- 12:15 pm Lunch
- 2:00 pm Spirituality & the Soul–*Jean Watson, PhD, RN, AHN-BC, FAAN*
- 2:45 pm A Consciousness-based Approach to Health and Healing–*Deepak Chopra, MD*
- 4:15 pm The Power of We–Raising Consciousness–*Mimi Guarneri, MD, FACC, ABIHM*
- 4:30 pm Book Signing with Deepak Chopra, MD
- 7:00 pm AIHM GALA–1st Annual Integrative Health & Medicine Awards Ceremony, Dinner & Celebration



**Deepak Chopra**



 **AIHM GALA**

*1st Annual Integrative Health & Medicine Awards Ceremony, Dinner & Celebration*

*The Integrative Health Event of the Year!*  
*Join Us– 7 pm Thursday*

## Conference Hotel

### **Paradise Point Resort & Spa**

1404 Vacation Road

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Phone: (858) 274-4630

Reservations: (800) 344-2626

To receive reduced rates starting at \$192/night, mention the **AIHM Scripps Conference** when making your reservation to receive a Complimentary Passport to Paradise which includes guest room internet, domestic phone calls, access to fitness center & guest recreational activities, day and overnight parking. (please note: attendees who book their rooms through online, 3rd party services such as hotels.com, expedia.com, etc., are not eligible to receive listed amenities). Book early, as the conference is known to sell out! Find a roommate on the AIHM Facebook page.

If you are interested in **exhibiting, sponsorship at a tiered level, or supporting a special event**, please contact; Ms. Kristin Martinez, Scripps Conference Services & CME, 858-652-5400, martinez.kristin@scrippshealth.org



### **Academy Launches Two-Year Fellowship, Directed by Tieraona Low Dog, MD**

The nation's first truly interprofessional Fellowship in Integrative Health & Medicine brings health professionals together in an inspiring new team-based model that includes clinical training.

Fellows will gain interdisciplinary expertise in the **prevention and management of chronic disease** and the delivery of integrative care across populations, including the underserved. The ultimate goal: **personal and professional renewal** for clinicians, **enhanced wellbeing of people and the planet**, and the transformation of health care.

We are currently **accepting applications** for the Feb. 2016 class from the following: MD, ND, DO, DC, DDS, LAc, APRN, PA, RD, LCSW, PsyD and PharmD.

For more information  
or to register:

[aihm.org/fellowship](http://aihm.org/fellowship)  
[kgates@aihm.org](mailto:kgates@aihm.org)

Fellowship  
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Academy of Integrative Health & Medicine



# Conference Fees & Registration

## PRE-CONFERENCE WORKSHOPS (OCT. 24)

(SELECT ONE BY CHECKING BOX BELOW)—Included: Course tuition and electronic materials (with option to buy paper copy), breakfast, breaks and lunch.

Early Bird Pricing through Aug. 15—\$350  Aug. 16–Oct 18—\$450  On-site after Oct. 18—\$47   
 AIHM Member discount—\$50 off (check if this discount applies to you)

Integrative Oncology in Practice & Prevention  Integrative Medicine & Your Practice: Business and Leadership Tools for Creating Success   
 Healer Within – Embracing Change: Practices for Resiliency

## MAIN CONFERENCE (OCT. 25-29)

Included: Course tuition, access to conference materials (via mobile app and conference website) internet in meeting space, breakfasts, breaks, lunches and Sunday–Wednesday evening events.

Profession	Early Bird Rates		Standard Rates		On-Site Rates	
	Active Member (thru Aug 15)	Non-Member (thru Aug 15)	Active Member (Aug 16-Oct.18)	Non-Member (Aug 16-Oct.18)	Active Member (After Oct. 18)	Non-Member (After Oct. 18)
MD/DO	\$1058 <input type="checkbox"/>	\$1175 <input type="checkbox"/>	\$1158 <input type="checkbox"/>	\$1275 <input type="checkbox"/>	\$1200 <input type="checkbox"/>	\$1300 <input type="checkbox"/>
Other Health Professionals	\$698 <input type="checkbox"/>	\$775 <input type="checkbox"/>	\$787 <input type="checkbox"/>	\$875 <input type="checkbox"/>	\$810 <input type="checkbox"/>	\$900 <input type="checkbox"/>
Students/Residents/Fellows/ Community Members	\$585 <input type="checkbox"/>	\$650 <input type="checkbox"/>	\$675 <input type="checkbox"/>	\$750 <input type="checkbox"/>	\$697 <input type="checkbox"/>	\$775 <input type="checkbox"/>
Day Rate, please circle: Sun Mon Tue Wed Thurs	\$350 <input type="checkbox"/>	\$375 <input type="checkbox"/>	\$425 <input type="checkbox"/>	\$450 <input type="checkbox"/>	\$450 <input type="checkbox"/>	\$475 <input type="checkbox"/>

## Main Conference Receptions

Included in the main conference registration fee. Events are space-limited. Check the boxes below if interested in attending.

Sunday–Holistic Happy Hour  Monday–Self-Care Reception  Tuesday–Crone & Sage School  Wednesday–Poster Reception   
 Thursday–Membership Breakfast

## ABOIM BOARD REVIEW COURSE (includes 2014 Study Guide and 2015 Sample Test Questions) Additional Charge: \$250

GUEST MEAL BADGE (breakfast and lunch for GUESTS)—Guest Meal Badge \$550

MAIN CONFERENCE PRINTED SYLLABUS—\$100

Would you like to receive the AIHM Email Newsletter? Yes  No

Would you like to receive the Scripps Conference Services & CME Email Newsletter? Yes  No

**GALA TICKET** Early Bird thru Aug. 15: \$99  Aug. 16–Oct. 18: \$125  On-site after Oct. 18: \$150

**Meal Preference for Gala (choose one)** Fish option (Gluten-free)  Vegetarian option  Vegan option (Gluten free)

By completing this form & returning it to Scripps you are acknowledging compliance with all attendance policies.

PLEASE PRINT CLEARLY. YOUR BADGE WILL READ AS FOLLOWS:

First \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_ Degree (MD, DO, ND, DC, LAc, PhD, RN, etc) \_\_\_\_\_

Affiliation/Hospital/Company \_\_\_\_\_ Specialty \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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PLEASE INDICATE ANY SPECIAL NEEDS (INCLUDING DIETARY RESTRICTIONS): \_\_\_\_\_

Special requests will be considered and accommodated in full compliance with the Americans with Disabilities Act (ADA).

**PAYMENT METHOD:** Check  Please make checks payable to Scripps (in U.S. dollars only)

If paying by credit card, please complete the information below. Visa  MasterCard  AMEX  Discover

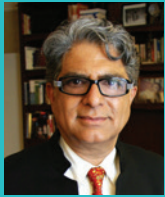
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Mimi Guarneri

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**FOR MORE INFORMATION**

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**FOR MORE INFORMATION**

about the AIHM and to become a member  
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