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Founder & President, Preventive
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Planning Committee *signifies 2015 AIHM conference faculty

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Integrative Medicine Review Course Planning Committee

(for ABOIM test-takers)

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Hal Blatman, MD, ABIHM

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Jamie Harvie



Jennifer Blair

Wendy Warner



Tabatha Parker

Pre-Conference Workshops

Three Pre-Conference Workshops are offered Saturday, Oct. 24. Pre-conference fees include course tuition, materials, CME credits, breakfast and lunch. Workshops require a separate registration from the main conference.

Price: \$350; Members \$300 (Aug. 15: \$450, Oct. 18: \$475)

Option 1: Integrative Oncology in Practice and Prevention

Speakers: Lise Alschuler, ND; and TBA

In this full-day workshop, practitioners will learn the latest natural therapies and conventional cancer treatments to improve the health outcomes of patients. Discover natural therapies that reduce cancer risks to bring health, healing and vitality to patients diagnosed with cancer. Lise Alschuler, ND, co-author of *The Definitive Guide to Thriving After Cancer*, will lead the workshop.

Option 2: Integrative Medicine & Your Practice—Business & Leadership Tools for Creating Success

Speakers: Mimi Guarneri, MD; F. Nicholas Jacobs, FACHE; Rauni Prittinen King, RN; James Maskell; Ellen W. Steifler, Esq.; Russell Faust, MD, PhD

This innovative course is designed for both healthcare providers looking to introduce integrative holistic medicine to their practices and seasoned clinicians (MDs, DOs, Nurses, NDs, DCs, LAc's, etc.) seeking meaningful information on improving their business outcomes. Healthcare professionals from all backgrounds will find this important seminar a valuable resource!

Option 3: Healer Within—Moving Through Change: Self-Care, Self-Compassion & Resiliency

Speakers: Daniel Friedland, MD; Nita Gage, DSPS, MA; Molly Roberts, MD, MS; Bruce Roberts, MD, Shannon Simonelli, PhD

Let us accompany you on a personal journey to transform burnout into resiliency. This phenomenal line-up will provide experiences and theoretical perspectives from a variety of models of change including Daniel Friedland's neuroscience-based model of change, 5Rhythms movement therapy, and shamanic indigenous native teachings.

Sunday, October 25, 2015 - DAY 1 *Plenaries—Opening Our Collective Hearts*

- 6:30 am Morning Renewal
- 7:00 am Yoga/Tai Chi/Breakfast
- 8:00 am Registration
- 8:15 am Welcome & Opening Ceremony—*Mimi Guarneri, MD, FACC, ABIHM*
- 8:30 am The Transformative Power of Lifestyle Medicine—*Dean Ornish, MD*
- 9:30 am Science of Connection—*Mimi Guarneri, MD, FACC, ABIHM*
- 10:15 am Break
- 10:45 am Connective Tissue: A Winner's History for Integrative Health and Medicine—*John Weeks*
- 11:30 am Global Burden of Musculoskeletal Diseases—*Scott Haldeman, DC, MD, PhD, FRCP(C), FAAN(C)*
- 12:15 pm Lunch
- 2:15 pm Community Health and Environmental Justice—*Cecil D. Corbin-Mark*
- 3:00 pm Healing the Soul of America: A 21st Century Imperative—*Gail Christopher, DN*
- 3:45 pm Environmental Influences on Cancer—
The Triple Impact on Stroma, Epigenetics and Genomics—*Lise Alschuler, ND, FABNO*
- 4:30 pm Break
- 5:00 pm Greening of Medicine—*Tieraona Low Dog, MD*
- 6:00 pm AIHM—Welcome Reception—*Mimi Guarneri, MD, FACC, ABIHM*



Dean Ornish

Holistic Happy Hour Reception (Special Academy Membership Event for All Attendees)

Monday, October 26, 2015–DAY 2

PEOPLE–Practice Pearls for Our Patients

Breakout 1–GI Health & Body Burden		Breakout 2–Mental & Emotional Health & the Whole Person		* Breakout 3–Integrative Medicine Review Course–Day 1	
6:30 am	Morning Renewal	6:30 am	Morning Renewal	6:30 am	Morning Renewal
6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi
6:30 am	Breakfast	6:30 am	Breakfast	6:30 am	Breakfast
7:45 am	Opening & Intention	7:45 am	Opening & Intention	7:45 am	Opening & Intention
8:00 am	Gut Restoration <i>Patrick Hanaway, MD, ABIHM</i>	8:00 am	Panel–Clinical Jazz: Mental Health <i>Scott Shannon, MD, ABIHM</i> <i>Jennifer Blair, LAc, MaOM</i> <i>Moira Fitzpatrick, PhD, ND, CHT</i> <i>Dan Asimus, MD, MSED, ABIHM</i>	8:00 am	Foundations of Integrative Medicine <i>Hal Blatman, MD, ABIHM</i>
9:00 am	Microbiome <i>Patrick Hanaway, MD, ABIHM</i>			9:00 am	Mind Body 1 <i>Karen Lawson MD, ABIHM</i>
10:00 am Break					
10:30 am ACES, Bullying & the State of America—What We Can Do as Health Providers–Michael Pritchard					
11:30 am Lunch					
1:00 pm	Leaky Gut <i>Bill Reddy, LAc, Dipl Ac</i>	1:00 pm	Energetic Connectivity: Coherence and The Global Field Environment <i>Rollin McCraty, PhD</i>	1:00 pm	Mind Body 2 <i>Karen Lawson MD, ABIHM</i>
2:00 pm	Assessing Body Burden <i>Joseph Pizzorno, ND</i>	2:00 pm	Mental Health Pearls <i>Lynn Keegan, PhD, RN</i>	2:00 pm	Botanical Medicine 1 & 2 <i>Wendy Warner, MD, ABIHM</i>
3:00 pm	Detoxification <i>Joseph Pizzorno, ND</i>	3:00 pm	Why Isn't My Brain Working <i>Datis Kharrazian, DHSc, DC, FACN, CNS</i>		
4:00 pm Break					
4:30 pm The Gut Brain Connection–Jeffrey Bland, PhD					
Self-Care Extravaganza					

Tuesday, October 27, 2015–DAY 3

PLANET–Global Traditions & Health Issues Impacting Our Planet

Breakout 4–Advanced Clinical Topics in Global Healing Traditions		Breakout 5–Specific Topics in Health Impacting the Planet & Community		* Breakout 6–Integrative Medicine Review Course–Day 2–Global Traditions	
6:30 am	Morning Renewal	6:30 am	Morning Renewal	6:30 am	Morning Renewal
6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi	6:30 am	Yoga/Tai Chi
6:30 am	Breakfast	6:30 am	Breakfast	6:30 am	Breakfast
7:45 am	Opening & Intention	7:45 am	Opening & Intention	7:45 am	Opening & Intention
8:00 am	Ayurvedic Medicine <i>Kulreet Chaudhary, MD</i>	8:00 am	Food Systems & Health (IOM) <i>Robert Lawrence, MD</i>	8:00 am	Panel–Subtle Energy Systems <i>David Riley, MD</i> <i>Rauni King, MIH, RN, HNB-BC, CHTPI</i> <i>Nita Gage, DSPS, MA</i> <i>Lucia Thornton, RN</i>
8:45 am	Biological Dentistry & IM–Systemic Impact of Oral Health <i>Felix Liao, DDS</i>	9:15 am	Dietary Guidelines & Sustainability (IOM) <i>Miriam Nelson, PhD</i>	9:30 am	Dietary Supplements <i>Robert Bonakdar, MD, FAAFP</i>
9:30 am	Clinical Applications of Homeopathy <i>Amy Rothenberg, ND</i>	10:30 am	Break	10:30 am	Break
10:30 am	Break	11:00 am	Reproductive Environmental Health <i>Tracy Woodruff, PhD, MPH</i>	11:00 am	Lifestyle & Prevention Part 1 & 2 <i>Molly Roberts, MD, MS, ABIHM</i>
11:00 am	Panel–Clinical Jazz: Intentional Healing/Energy Medicine <i>Seroya Crouch, ND</i> <i>David Gruder, PhD, DCEP</i> <i>Lucia Thornton, RN</i> <i>Wendy Goldman, LAc, Dipl Ac</i>	11:45 am	Soda, Food & Addictions <i>Harold Goldstein, DrPH</i>	12:30 pm	Lunch
12:30 pm	Lunch	12:30 pm	Lunch	2:30 pm	Panel–Clinical Jazz: Healing Traditions Case Studies Moderator: <i>David Riley, MD</i> <i>Kulreet Chaudhary, MD</i> <i>Jennifer Blair, LAc, MaOM</i> <i>Amy Rothenberg, ND</i>
2:30 pm	Chinese Medicine Pediatrics: Know Your Child, Know Yourself <i>Efrem Korngold, OMD, RH (AHG), Dipl Ac (NCCAOM), LAc</i> <i>Harriet Beinfeld, LAc</i>	2:30 pm	Panel–Community & Planetary Health Considerations <i>Jamie Harvie, PE–Facilitator</i> <i>Larry Yee– Food Commons–The Healthy Alternative to Big Food</i> <i>Stacy Malkan– Giving the Food and Cosmetics Industry a Makeover</i> <i>Roberto Vargas, MPH– A Community Response to Big Soda</i>		
4:30 pm Break					
5:00 pm Ecological Health & Environmental Health Policy–Charlotte Brody, RN					
Movement Experiential / Crone/Sage School					

Complimentary Special Events

These special events are free of charge, however space is limited and pre-registration is required to guarantee you a space. Please be sure to add any events you plan to attend to your registration so we may plan accordingly.

Holistic Happy Hour Sunday, October 25, 2015 7:30 PM - 8:30 PM

All welcome. This reception & networking opportunity will give you a chance to connect with fellow members and not-yet-members on the advocacy topics you're most passionate about in a casual, relaxing setting.

Self-Care Night Monday, October 26, 2015 7:00 PM - 9:30 PM

Attendees will gather for an evening of self-care with six coordinated events and a central outdoor reception.

Crone/Sage School Tuesday, October 27, 2015 7:30 PM

This event is a special tradition and part of our AHMA legacy. Attendees share in reflection and deep supportive connection, coming together to celebrate our shared humanity and holistic heritage. Two sacred gender-specific spaces are created.

Poster Reception & Awards Wed., October 28, 2015 6:00 PM-7:30 PM

Throughout the week, original research posters will be

showcased in the Garden Room of the main conference hall. On Wednesday, following the Research Keynote speaker, a special reception with refreshments will be held in the Mission Bay Room where each poster presenter will be available to answer questions.

Membership Breakfast Thursday, October 29, 2015 7:30 AM-8:30 AM

All welcome as members, prospective members, faculty and leaders connect, rejoice and plan another year of transformation. Learn more about the Academy's current

projects and how to use and benefit from your Academy membership. Win prizes just for attending!

Fellowship Lunch Thursday, October 29, 2015 12:30 PM

Come and join Dr. Tieraona Low Dog, AIHM Fellowship Director for a fun-filled, informative lunch. We will discuss key aspects of the Fellowship in Integrative Health & Medicine: how the program works, what you are going to learn, the time commitment, who is eligible and address other questions. We will be raffling off books, tuition scholarships and more!

Wednesday, October 28, 2015-DAY 4 PURPOSE-Working Together to Transform Medicine

Breakout 7-Integrative Pain Evidence, Practice & Policy

6:30 am	Morning Renewal
6:30 am	Yoga/Tai Chi
6:30 am	Breakfast
7:45 am	Opening & Intention
8:00 am	Placebo & Consciousness <i>Shamini Jain, PhD</i>
9:00 am	Clinical Trials for Common CAM Interventions for Pain <i>Dan Cherkin, PhD</i>
10:00 am	Transforming Pain Care: The Role of the Provider, Patient and Guidelines <i>Robert Bonakdar, MD, FAAFP</i>

Breakout 8-Policy & Research Transforming the Landscape

6:30 am	Morning Renewal
6:30 am	Yoga/Tai Chi
6:30 am	Breakfast
7:45 am	Opening & Intention
8:00 am	Panel-Strategies for Integrative Research to Rapidly Transform Payment & Delivery <i>John Weeks</i> <i>Ryan Bradley, ND, MPH</i> <i>Christine Goertz, DC, PhD</i> <i>Jeffrey Dusek, PhD</i>
10:00 am	Advocacy in Integrative Health & Medicine <i>Erica Oberg, ND, MPH</i>

* Breakout 9-Integrative Medicine Review Course-Day 3

6:30 am	Morning Renewal
6:30 am	Yoga/Tai Chi
6:30 am	Breakfast
7:45 am	Opening & Intention
8:00 am	Professional Practice <i>Julie McKee, MD, ABIHM</i>
8:45 am	Integrative Approaches Part 1 <i>Hal Blatman, MD, ABIHM</i>
9:45 am	Integrative Approaches Part 2 <i>Sandy Levy, MD, FACP, ABIHM</i>

Break

11:15 am

Transforming Medicine from the Inside Out-Tracy Gaudet, MD

12:15 pm

Lunch

2:15 pm	Naturopathic Medicine & Pain <i>Michael Cronin, ND</i>
3:00 pm	Panel-Clinical Jazz: Pain Research & Clinical Applications <i>Bill Meeker, DC, MPH</i> <i>Bill Reddy, LAc, Dipl Ac</i> <i>Michael Kurisu, DO, ABIHM</i> <i>Michael Cronin, ND</i>

2:15 pm	Addressing Racial/Ethnic Disparities in Health <i>Kim Tippens, ND, MSAOM, MPH</i>
3:00 pm	Biological Dentistry <i>Bill Wolfe, DDS, NMD</i>
3:45 pm	Chinese Medicine and Global Policy <i>Jason Jishun Hao, DOM</i>

2:15 pm	Nutrition Part 1 <i>Liz Lipski, PhD, CNS, CCN, CFM, LDN</i>
3:00 pm	Nutrition Part 2 <i>Liz Lipski, PhD, CNS, CCN, CFM, LDN</i>
3:45 pm	Nutrition Part 3 <i>Liz Lipski, PhD, CNS, CCN, CFM, LDN</i>

4:30 pm

Break

5:00 pm

PCORI and the Future of Integrative Medicine-Christine Goertz, DC, PhD

Poster Reception and Awards Ceremony

Thursday, October 29, 2015–DAY 5
Plenaries–Opening Our Collective Hearts

- 6:30 am Morning Renewal/Yoga/Tai Chi
- 6:45 am Membership Breakfast & Raffle
- 8:30 am Earth & Spirituality–*Ilarion (Larry) Mercurieff*
- 9:30 am Break
- 10:00 am Healthcare Providers as Drivers of Social Transformation & Global Equality–*Jimi Wollumbin, AD*
- 10:45 am Global Integrative Health & Medicine–*Tabatha Parker, ND*
- 11:30 am Movement Building & Our Common Future–*Jamie Harvie, PE*
- 12:15 pm Lunch
- 2:00 pm Spirituality & the Soul–*Jean Watson, PhD, RN, AHN-BC, FAAN*
- 2:45 pm A Consciousness-based Approach to Health and Healing–*Deepak Chopra, MD*
- 4:15 pm The Power of We–Raising Consciousness–*Mimi Guarneri, MD, FACC, ABIHM*
- 4:30 pm Book Signing with Deepak Chopra, MD
- 7:00 pm AIHM GALA–1st Annual Integrative Health & Medicine Awards Ceremony, Dinner & Celebration



Deepak Chopra



AIHM GALA

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For more information
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aihm.org/fellowship
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