

Dr. Claude Oster, D.O.



Specialty Areas

- Neurorehabilitation
- Stroke Rehabilitation
- Brain Trauma Rehabilitation
- Spinal Cord Rehabilitation

Hospital Affiliations

- St. Mary's Medical Center
- Palm Beach Gardens Medical Center
- Wellington Regional Medical
- Kindred Hospital
- Select Specialty Hospital

Medical School

- College of Osteopathic Medicine & Surgery, Des Moines, IA

Internship

- Detroit Osteopathic Hospital, Detroit, MI

Preceptorship

- American Osteopathic College of Rehabilitation Medicine, Detroit, MI - Physical Medicine & Rehabilitation

Board Certifications

- Diplomate, American Osteopathic Board Rehabilitation Medicine
- Diplomate, American Academy of Pain Management

On Staff at St. Mary's Medical Center

Our Mission

The mission of Palm Beach NeuroRehabilitation Spasticity Clinic is to significantly improve the quality of life of children and adults living with spasticity by providing industry-leading treatment options and individualized care.



Located On the Campus of St. Mary's Medical Center

5305 Greenwood Ave. Suite 202
West Palm Beach, FL 33407

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Palm Beach NeuroRehabilitation
5305 Greenwood Ave., Suite 202
West Palm Beach, FL 33407

West Palm Beach's Premier Spasticity Clinic



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Our Clinic

Palm Beach NeuroRehabilitation's Spasticity Clinic provides comprehensive treatment for spasticity and related disorders in children and adults. Spasticity, **the condition of overactive or tight muscles**, is a common phenomenon in patients with neurological disorders.

Spasticity can cause pain, spasms, and interfere with walking or performing activities of daily living.

Proper evaluation and management of spasticity can significantly improve function and quality of the patient's life.

Symptoms of Spasticity

- Impaired Movement
- Abnormal Posture and Gait
- Carrying the shoulder, arm, wrist, or finger at an abnormal angles because of muscle tightness
- Exaggerated deep tendon reflexes
- Repetitive jerky motions

Evaluation and Treatment

Spasticity expert, Dr. Claude Oster, D.O., will evaluate each individual's needs and provide the best treatment plan to control and reduce spasticity.

All procedures, treatments, and surgeries are performed on the campus of St. Mary's Medical Center.

Treatment Options Include:

- Management of oral medications
- Administering neurotoxins, such as Botox, and phenol to treat focal spasticity
- Utilizing and managing intrathecal baclofen pumps to control severe spasticity
- Physical, Occupational, Speech or Exercise Therapy

Improving your or your loved one's **quality of life** by providing assessment and treatment for neuro-muscular disorders resulting from:

- **Cerebral Palsy**
- **Multiple Sclerosis**
- **Stroke**
- **Traumatic Brain Injury**
- **Spinal Cord Injury**
- **Other Neurological Disorders**



Our Confidentiality

Our practice is strictly in compliance with Health Insurance Portability and Accountability Act (HIPAA). Your medical record is confidential, and any medical information release requires your written authorization except for the situations mentioned in Note of Privacy Practices.

Insurance

Palm Beach NeuroRehabilitation's Spasticity Clinic accepts most forms of insurance, **including Medicaid**. Please inquire for more information.

Start improving your, or your loved one's, quality of life today.

Call: (561) 841-8545