## Nature's What the heck is Pharm BUCHA?



Kombucha is a fermented drink made from tea, first recorded in Asia more than 2,000 years ago. In a pioneering display of international cooperation, legend has it that a Korean physician healed a Japanese emperor with this Chinese beverage, thus: "Kombu" (the physician's name) + "cha" (tea).



IT'S HEALTHIER THAN SODA AND CONTAINS VITAMINS.