



NEUROSURGEON RICHARD OSTRUP

SAYS HIS JOB IS TO EDUCATE
PATIENTS DURING THE
CONSULTATION PROCESS

Dr. Richard Ostrup discussing options with one of his patients.

Richard Ostrup is a neurosurgeon whose approach to the consultation process is about education. With more than 20 years in the field, Ostrup says that his primary job is to educate his patients, not to recommend surgery.

“Patients who come to see a neurosurgeon are not necessarily coming because they have to have an operation. They have a problem that the referring physician has identified and my job is to evaluate them and make recommendations,” says Ostrup, who adds that even after a recommendation for surgery is made, patients often need time to decide if that is what they want.

Many patients return in several months for an additional evaluation. “It’s a process and my primary job is to provide patients with knowledge about their health problem. Surgery is alternative for some but not for everyone.”

Should patients elect to have surgery, Dr. Ostrup has a strong history of excellent outcomes using contemporary surgical techniques.