

Empowering the Youth of Today



I remember what it was like growing up very insecure and self-conscious, with no goals or direction. Today I'm a Life Coach specializing in empowering our youth.

~ Cathy Warshaw, CPC, ELI-MP (Founder & Director)

Empowering the Youth of Today's program is for boys and girls 7-12 years of age. Through storytelling, roleplaying, discussions and arts and crafts, we help children build self-esteem, confidence, and strong moral character. Parents are involved through volunteer participation and emails.

Benefits:

- ✓ Gain high self-esteem and confidence
- ✓ Learn to make good decisions
- ✓ Stand up to peer pressure and bullying
- ✓ Overcome mistakes and move past failures
- ✓ Honor their uniqueness
- ✓ Become strong and independent adults



Interested in empowering your child? Visit our website and sign up for our newsletter!

Have questions? Email or give us a call we respond within 24 hours.