



## “DARK SIDE OF THE FULL MOON” TO BE RELEASED ON iTUNES AND AMAZON VIDEO SEPTEMBER 30th

*Emotionally gripping documentary delivers shocking real-life stories of mothers who suffered from postpartum depression and the healthcare system that fails so many of them.*

**MIAMI, FL – September 15, 2016** – Adding a strong voice to the existing, yet fundamental, national discussion of maternal mental health impact in the U.S., is the glaring documentary [Dark Side of the Full Moon](#). Filmmakers **Maureen Fura** and **Jennifer Silliman**, having suffered their own terrifying bouts of pregnancy and postpartum depression, gladly announce the forthcoming availability of their full-length documentary to iTunes and Amazon Video on September 30th, 2016.

*“Our mission has always been to build the conversation on postpartum depression and examine not only its effects on women, but how the medical community is essentially unequipped to deal with the problem,”* says Fura. *“With the release of “Dark Side of the Full Moon” to these streaming platforms, we hope to see the conversation spread and inspire real change.”*

*Dark Side of the Full Moon* takes a shocking look at the realities of mothers across the country who experienced a maternal mental health complication like pregnancy and postpartum depression, panic and psychosis and examines how, medically, these disorders are falling through the cracks.

The film delves into the secret realities of seven cases of postpartum depression and shares each woman’s deeply personal story, revealing how they were each uniquely failed by their respective healthcare systems. Through *Dark Side of the Full Moon*, Fura and Silliman uncover the history, origins, and mythology surrounding the dark side of being a mom, and attempt to reconstruct the idea of “motherhood”, while forging a way to find the best system of care for women to find the help they need with ease, without shame, and with a quick recovery.

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### **About Fura Films**

Fura Films is a boutique production company founded by producer and director Maureen Fura, a change maker with over twenty years leadership experience creating; programs, publications, multimedia collateral, and systemic change movements and has been featured on Tedx Monterey. With production offices in Miami, Florida, Fura Films, is in the epicenter of the subculture within South Florida.

With experience in documentary and short form videos, the Fura Films team has skills ranging from creative editing, pre-production and production, post production, and marketing fulfillment.

Dark Side of the Full Moon is Fura Films first feature film with other films currently in production.

### **About *Dark Side of the Full Moon***

When new motherhood meets mental health complications in America, no one is listening. Two mothers, Writer/Director Maureen Fura and Producer Jennifer Silliman, confront the American health care system by demanding answers, asking why so many women are slipping through the cracks.

*Dark Side of the Full Moon* brings maternal mental health out of the shadows, revealing for the first time the inconsistencies of care when new motherhood meets mental health complications. The feature-length documentary tells the intimate story of maternal mental health complications like pregnancy and postpartum mood and anxiety disorders and psychosis and the failings within the medical community to effectively screen, refer, and treat the more than 1.3 million mothers suffering each year in the United States. *Dark Side of the Full Moon* has been screened over 800 times and seen by thousands. It is now a tool used by teaching universities, county health departments, hospitals, childbirth educators, mental health specialists, nurses, lactation specialists, doulas and midwives.

Winner of the *Audience Choice Award* at The Council on Social Work Education Film Festival.

Named *Official Selection* at The Women's International Film & Arts Festival, The Los Angeles Women's International Film Festival, The Choice! Film Festival, The Green Mountain Film Festival, The Council on Social Work Education Film Festival and the American Public Health Association's Global Public Health Film Festival.

For more information, to rent the film or view the trailer, please visit [www.darksideofthefullmoon.com](http://www.darksideofthefullmoon.com).

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