CALIFORNIA BOARD CERTIFIED CHIROPRACTOR

Selected Occupational History

Del Mar Chiropractic Sports Group – 12264 El Camino Real Ste 108, San Diego, CA Doctor of Chiropractic and Owner, 2016 - present

Health and Wellness Alternatives – 2425 Camino Del Rio South, San Diego, CA <u>Doctor of Chiropractic</u>, 2013 to 2016

Light House Medical- El Cajon Blvd, San Diego, CA <u>Doctor of Chiropractic and Clinic Director</u>, 2014-2016

Texas Medical Institute- SE Loop 820 Fort Worth, TX <u>Doctor of Chiropractic and Director of Physical Medicine</u>, 2012-2013

Texas Relief & Rehab- Keller Springs Road Addison, TX <u>Director of Operations</u>, 2010- 2011

Education and Licensure

Doctor of Chiropractic, Licensed in the State of California, #32499, 2013-present

Doctor of Chiropractic, Licensed in the State of Texas, #11972, 2012-2013

Parker University, Doctorate of Chiropractic, Dallas, TX, 2010 Internship, Parker University Wellness Outpatient Clinic, Dallas, TX, 2007-2010

Parker University, Bachelor of Science in Anatomy, Dallas, TX, 2010

Campbell University, Bachelor of Science in Kinesiology, Buies Creek, NC 2005

SELECTED POST-GRADUATE EDUCATION, CERTIFICATIONS and DIPLOMATES

Clinically Applicable Exercise Physiology – Spinal Rehabilitation, Exploring proper biomechanics, fat burning, appropriate or inappropriate exercises, as well as understanding the detailed aspects of rehabilitation. Core stabilization and the full spectrum of joint articulation factors, neuromuscular & myofascial, muscle physiology & balance, proprioceptive exercises and plyometric & resistance exercises, California State Board of Chiropractic Examiners approved, CCSP approved for the American Chiropractic Board of Sports Physicians, Burbank CA, 2014

Webster Technique Certification 2014 – International Chiropractic Association

Clinically Applicable Perinatal Care — The case management and evidence based practice for the perinatal period. Common disorders in pregnancy and the chiropractic co-management with other birth care providers. Informed based practice relating to perinatal care and birth outcome for the mother. California State Board of Chiropractic Examiners approved, CACCP approved for the Academy of Chiropractic Family Practice and endorsed by the ICPA. Cleveland University, Parker University, and North Western Health Sciences University (NWHSU), Carlsbad Ca, 2014

The Essentials of Chiropractic Care for Children –

The Essentials of a Family Practice. Adaptations & considerations for the child in the chiropractic practice. Addressing parental concerns. Demonstration of various chiropractic techniques and their application to the pediatric patient.

Armand Rossi, B.A., D.C, F.I.C.P.A

Full-spine Segmental Evaluation and Adjusting

This class covers full spine muscle and motion palpation for the infant and child with the application of short lever adjusting adapted from the Gonstead and diversified models. There is an emphasis on upper cervical, including toggle. There is comprehensive review of spinal anatomy and physiology with extensive hands on application. Ron Castellucci, DC.

Neuroimmunology: Patterns of Interference

Current immunological research pertaining to the child. Normal immunology and comparison with immunological compromise in the damaged child. Vaccination concepts and controversies. Stephen Marini, M.S., D.C., Ph.D.

Techniques: Thompson and Logan

Exam procedures. Pediatric analysis and adjustment with emphasis on Thompson, Logan analysis and the tonal model of care. Includes demonstration of Infant Toggle Adjusting and Webster's Coronal Suture. Hands on application of techniques.

James Thompson, B.Sc., D.C., F.I.C.P.A

Developmental Neurobiology

Current and contemporary neurological principles addressing the sensory, motor, and cognitive systems as well as tone of the autonomic nervous system. Techniques of examination and assessment will be demonstrated throughout the module.

Michael Hall, D.C., C.C.S.T, D.A.B.C.N, F.I.A.C.N,

Research: Evidence Informed Practice

Application of current research and its relevance to case management in the family practice. Essentials of the Case Study.

Joel Alcantara, B.Sc., D.C.

Bridging the Gap Between Crisis Care and Optimal Function

Creating the paradigm shift from symptom care to functional health care. Case by case scenarios for the child in the chiropractic practice with objective documentation and management. Anthony Carrino, D.C., F.I.C.P.A.

Family Nutrition: Epigenetics and Parental Health and Nutrition for the Perinatal Period Explore the relationships between epigenetics, nutrition, fertility, and family health. Understand the latest findings in epigenetics, the roles of sugar and pH in health and disease, how optimal nutrition can improve fertility and how poor nutrition can weaken it, and the effects of nutrition during and after pregnancy. Learn how to effectively incorporate this knowledge into your practice. Marcia Schaefer, DC

Pediatric Alphabet Soup: ASD, ADHD, LD, PDD, SPD...what they mean & how to care for them The cutting edge approach to a challenging and rapidly increasing population that combines a special blend of chiropractic, functional neurology, occupational therapy and nutritional counseling. Taught by an ICPA Pediatric Diplomate (22 year veteran family chiropractor and faculty at Life University since 2001) including lots of hands-on lab time. Bring your dolls because this material

can be done in your offices starting on Monday morning. Special emphasis on instrument adjusting (Activator, Infant Toggle headpiece) combined with low-force techniques that are very effective with special needs kids.

Drew Rubin, DC-

Transforming Practical Experience to Family Practice

This module will focus on what you have learned but are not yet implementing in practice with small group breakout sessions. The focus will be on receiving feedback in the areas you have identified as needing skill improvement. You'll receive vital information from colleagues by demonstrating scenarios and leave with a greater certainity in how to handle many diverse pediatric practice cases. This is a pivotal piece-apply and live chiropractic in pediatric practice. Liz Anderson-Peacock, DC

Eval and Adjusting Protocols: Correcting Primary Spinal and Cranial Subluxation Patterns Examination, assessment and spinal and cranial adjusting for the child using specialized meningeal and structural techniques founded on Sacro Occipital Technique principles. Demonstrates spinal and cranial adjusting techniques that can be implemented into your current practice paradigm to expand your effectiveness and capabilities with your pediatric patients. Hands on workshop.. Martin Rosen, B.Sc., D.C

Practical Neurology:

Proposed model for VSC and its Clinical Application

All five components of the Vertebral Subluxation Complex (VSC) are broken down and discussed in great detail. Causes of the VSC, and it's neurological implications on the human body are described in a clear and concise manner, giving the doctor a practical understanding of the material. John Minardi, D.C.

Mastery of Chiropractic Principles and Practice

Compilation of case management for the family wellness practice. Review, questions and practical application of diplomate studies in the family practice.

Peter Kevorkian, D.C

Selected Memberships

American Chiropractic Association, 2010-present

California Chiropractic Association, 2013-present

International Chiropractic Pediatric Association, 2014-present

Selected Community Service

University Heights Community Association (UHCA) - serves to represent the community with the city, community projects, and developers for the best interest and greater good of the community, 2013-Present