

CareTrek Continuing Care

Convenient. Customized. Compatible.

RecoveryTrek's proven aftercare solution is designed to help participants maintain and document sobriety following discharge from a substance use disorder treatment program.

It's well-documented. The experience of *graduating* from a substance use disorder treatment program can cause significant anxiety. In many cases the anxiety can be so great it can contribute to a relapse. If you're developing a relapse prevention plan then you should be aware of the *CareTrek* continuing care program and consider adding a level of service to maintain accountability and reduce the risk of relapse. CareTrek is a cloud-based solution providing immediate, worldwide access to a suite of powerful, personalized, evidence-based recovery tools, data and reporting options.

If you're committed to long-term recovery and believe that compliance monitoring and accountability systems contribute to a successful ongoing program of recovery then call and talk to one of our *Success Managers* and ask how CareTrek can be customized to help you reach and exceed aftercare program goals.

Program Features:

- **TrekTeam** - Enrollment assistance and ongoing support provided by experienced customer service and technical staff.
- **TrekCircle** - Maintain accountability by sharing results with your own circle of trusted friends, family-members or professionals in a secure environment.
- **TrekAward** - Active CareTrek participants who refer a new CareTrek participant are eligible to receive a credit of \$50 on their account when the newly referred participant remains relapse-free for a minimum of six months. Terms & Conditions apply.



CareTrek packages start at \$75 per month.

Call (757) 943-9800 for more details.



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