

# A Healthy Child Starts With You

## Breast Milk Testing in the 21st Century

**Test now and optimize your breast milk. Give your baby a healthy start.**

**Research shows that maternal diet affects these elements in your breast milk:**

- ✿ **Vitamins A, C, B12**
- ✿ **Fat, Protein and carbohydrate**
- ✿ **Iron, Calcium**
- ✿ **Omega- 3 and Omega 6 fatty acids**



**Stephanie Canale M.D., the founder of Lactation Lab and mother of two beautiful children.**

[www.LactationLab.com](http://www.LactationLab.com)

