



PROMPT FLEX RANGE
HAS BECOME AN INTEGRAL
PART OF MANY BIRTHING
TRAINING COURSES
AROUND THE WORLD,
SUITABLE FOR ALL LEVELS
OF TEACHING, LEARNING
AND SKILL MAINTENANCE



PROMPT FLEX RANGE

The **Standard** and **Advanced** units offer closer to life anatomy combined with flexibility to train on routine and a number of difficult birthing management scenarios.

PROMPT FLEX - STANDARD

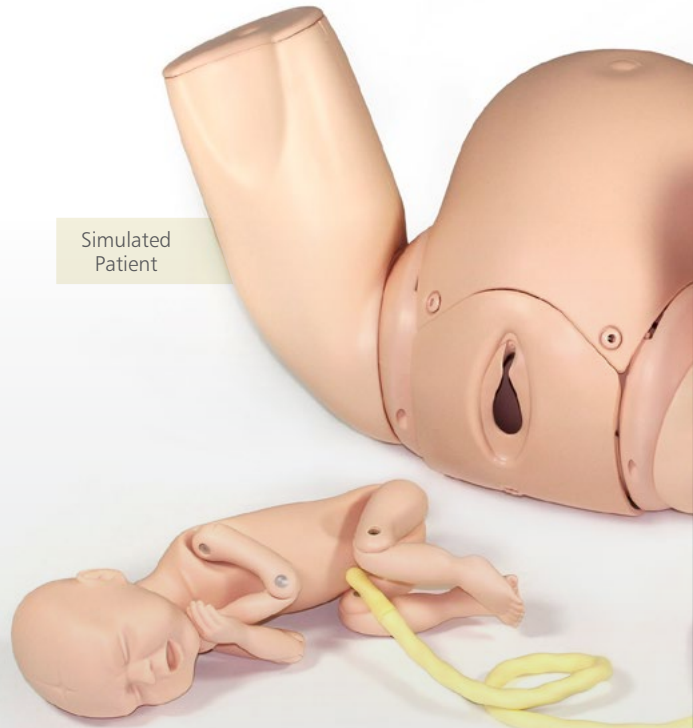
80100

A modular design birthing simulator allowing for numerous training scenarios.

Used either for stand-alone training or integrated into hybrid simulation, it is an ideal training solution for all skills relating to routine and difficult deliveries.

Additional modules fit either the Standard or the Advanced units allowing you to tailor your training need.

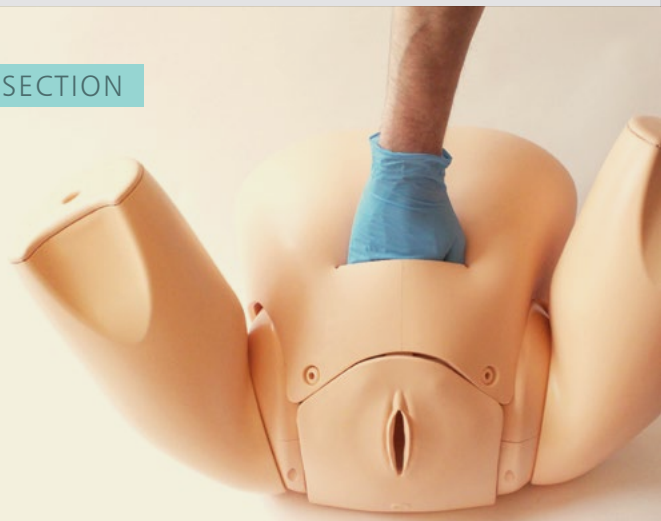
Simulated Patient



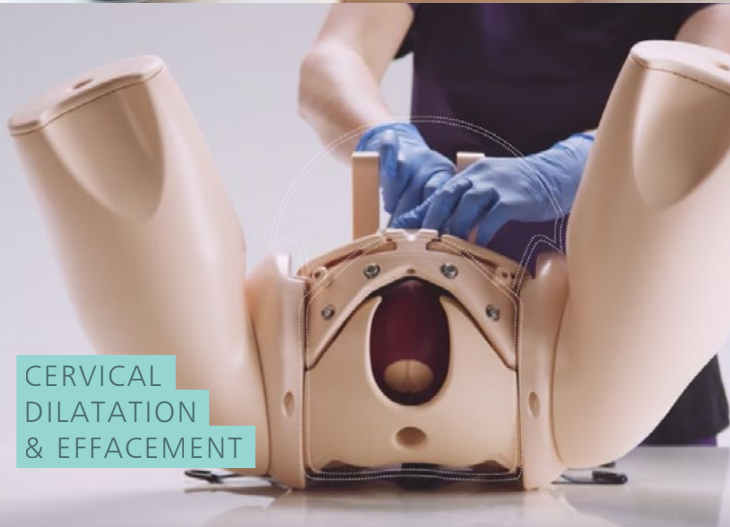
PPH



C-SECTION



CERVICAL DILATATION & EFFACEMENT



COMPRESSION SUTURE UTERUS





PROMPT FLEX - ADVANCED

80106

Incorporates Bluetooth Force Monitoring where force applied to the baby's head is measured during a shoulder dystocia drill.

Includes scenario based software to allow monitoring and recording of actions, interventions made and time taken to deliver the baby.

*iPad not included
Download simulator software at limbsandthings.com*



Product Qualities

Anatomy

- Birth canal and cervix
- Ischial spines and pubic bone
- Gynaecoid pelvis
- Articulating thighs
- IM injecting
- Fully articulated baby with detachable umbilical cord and placenta
- Baby includes clavicles, fontanelles and flexible head

Realism

- Suitable for use with Simulated Patient

Key Features

- Improved and more realistic pelvic floor
- Articulating thighs for McRobert's procedure
- Stretchable perineum
- Soft flexible birthing canal
- Additional modules to extend learning:
 - PPH management
 - C-section
 - Cervical dilation and effacement
- Optional lower legs for extended realism
- Optional wireless force monitoring for training in shoulder dystocia management

Safety

- Latex free

Cleaning & Care

- Skin is washable using soap and water

Skills comparison

80100 **80106**

• Communication & team work skills (SP)	✓	✓
• Normal	✓	✓
• Breech	✓	✓
• Shoulder dystocia management	✓	✓
• Instrumental (forceps & vacuum devices)	✓	✓
• Delivery of placenta	✓	✓
• Cord prolapse	✓	✓
• Urinary catheter placement	✓	✓
• IM injection pads	✓	✓
• Force feedback of baby's head	✗	✓
• Recording of scenarios & force monitoring	✗	✓

80100 **80106**

• 80120 Birthing Mother (+Upper Legs)	✓	✓
• 80121 Standard Baby	✓	✗
• 80122 Wireless Force Monitoring Baby	✗	✓
• 80123 Placenta	✓	✓
• 80124 Abdomen for PROMPT Flex	✓	✓
• 80125 Perineum and Birth Canal	✓	✓
• 80130 Bed Straps	✓	✓
• Lubricant	✓	✓
• Carry case	✓	✓

Optional Extras & Consumables

- **80110 PROMPT Flex - Lower Legs**
- **00020 Concentrated Venous Blood - Starter Pack (x2)**
- **10193 PROMPT Birthing Lubricant (250ml)**

PROMPT FLEX - CERVICAL DILATATION & EFFACEMENT MODULE

80102

Simulated Patient

Allowing for training in assessment of both the latent and active first stages of labour.

This versatile module is an optional add-on to the PROMPT Flex Standard or Advanced.

Ideal for midwifery training.



Product Qualities

Realism

- Realistic representation of cervixes, including anterior lip, and presenting parts in soft birth canal, with palpable ischial spines

Key Features

- Inserts to represent early labour cervixes - effacement, dilation and ripeness in line with Bishop's scoring
- Positioning mechanism allows adjustment of station, dilation and tilt without removal from the simulator
- Dynamic positioning mechanism allows adjustment of dilation in active labour
- Markers allow tutor to read positioning in situ
- Numerous presenting part inserts including
 - flexed
 - deflexed
 - brow
 - face
 - breech
 - caput and moulding

Versatility

- Presenting parts and cervix can be set up outside the model for demonstration, then placed inside for examination

Safety

- Latex free

Skills

- Assessment and Bishop's scoring of:
 - Cervical dilation (1-10cm)
 - Cervical effacement (0-100%)
 - Cervical ripeness/consistency (soft, medium, hard)
 - Cervical position (anterior, mid, posterior)
 - Fetal station (-3 to +3)
- Assessment of and artificial rupture of membranes
- Assessment of presenting part - flexed, deflexed, brow, face, breech, caput and moulding and caput formation

- **80138** Perineum
- **80139** Pelvic Ring
- **80140** Static Rig
- **80141** Dynamic Rig
- **80142** Set of 7 Latent Labour Cervixes
- **80143** Dynamic Cervix
- **80144** Set of 5 Presenting Parts
- **80145** Set of 2 Difficult Labour Heads
- **80146** Amniotic Membrane Set
- **80162** Set of 3 Caputs (x2)

PROMPT FLEX - CAESAREAN SECTION MODULE

80103

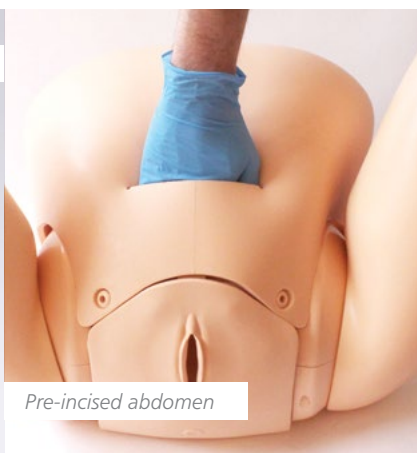
Simulated Patient

Ideal for practising the necessary skills required when performing a caesarean section. Trainees can have exposure to delivering a difficult baby such as a deeply impacted head, or a transverse lie.

It includes 2 surgical pads for incision and suturing, along with a pre-incised abdomen for repeated delivery practice to help improve confidence and familiarity of manoeuvres.

The module can be used to practise any of the following methods of delivering a deeply impacted fetal head:

- Routine manoeuvres
- Assist from a vaginal hand (push technique)
- Reverse breech extraction (pull technique)
- Use of a fetal pillow



Product Qualities

Realism

- Abdominal skin has realistic appearance and soft feel of at-term abdomen
- Realistic feel of uterus interior during delivery
- Head presents at realistic level once incision is made

Key Features

- Uterus holds baby firmly in position for normal and transverse lies, breech and cephalic presentations
- Uterus support positions baby and directs it towards the pelvis/abdominal incision when fundal pressure is applied
- Pre-incised skin option allows easy repeat delivery practice
- Surgical pad allows realistic dissection and closure and is reversible to allow 2 uses
- Single/double in situ uterine wall closure
- Suturing of rectus sheath, fat and subcuticular or cutaneous skin closure
- Accommodates retraction using metal, plastic or rubber retractors

Versatility

- Optional insert to allow presentation of head just below ischial spines for Caesarean section at full dilation

Safety

- Latex free

Skills

- Abdominal and uterine wall opening and closure
- Cephalic and breech delivery
- C-section at full dilation:
 - Head disimpaction using vaginal push methods
 - Use of balloon disimpacting device
 - Reverse breech extraction
- Transverse lie
- Instrument assisted C-section delivery
- Delivery of the placenta
- Teamwork and human factors training in emergency C-section

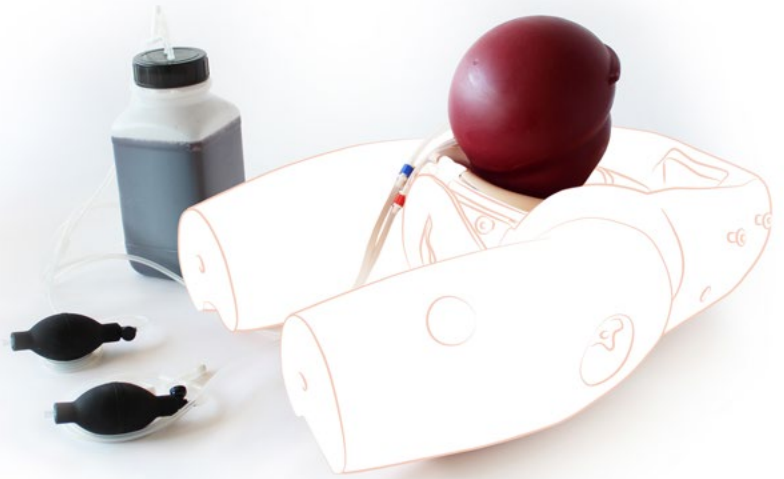
- **80104** Caesarean Section Surgical Pad (x2)
- **80138** Perineum
- **80170** Uterus for Caesarean Section Module
- **80171** Pre-incised Delivery Only Skin
- **80172** Surgical Skin
- **80173** Cervix for Caesarean Section Module
- **80175** Foam Uterus Support
- **80176** Full Dilatation Pelvic Insert

PROMPT FLEX - PPH MODULE

80101

Allowing training in the management of post-partum bleeding, it offers a realistic simulation of an atonic and contracting uterus.

This module is an optional add-on for PROMPT Flex Standard or Advanced.



Skills

- Management of postpartum bleeding:
 - Fundal massage
 - Bi-manual compression
 - Haemostatic balloon insertion and management
- Communication skills with mother when used with Simulated Patient
- Intramuscular injection
- Estimating blood loss

- **80127** PROMPT Flex PPH Uterus Assembly
- **00020** Concentrated Venous Blood - Starter Pack (x2)
- PROMPT Flex PPH blood container

Product Qualities

Realism

- Atonic uterus can simulate contraction on fundal massage

Key Features

- Blood loss of up to 2 litres can be simulated
- Air bulbs are used to stimulate blood flow and control atonic state of the uterus

Versatility

- Can be quickly and easily fitted into the birthing mother to allow simulation of situations where bleeding occurs directly after delivery

PROMPT FLEX - COMPRESSION SUTURE UTERUS

80111

This module allows for the training in performing a compression suture and ligating the uterine artery.

Used in conjunction with the 80171 Pre-incised Delivery Skin, it provides the ideal training platform for repeat practise of uterine compression suturing.

This product is based on concepts and collaboration with:

- Dr Carol L. Simmons, MD
SimTunes, LLC.
- Dr Mona Sharma, Consultant Obstetrician and Gynaecologist at Queens Hospital, Romford BHR NHS Trust.

Skills

- All common types of Compression Suture procedures (including B-Lynch, Hayman and Pereira)
- Dissection of broad ligament
- Ligation of uterine arteries

- **Compression Suture Uterus (x2)**



Product Qualities

Anatomy

- A representation of post-partum uterus including uterine arteries and broad ligament

Key Features

- Uterine arteries can be fluid filled
- Ligation of arteries is possible
- Multiple uses when conducting the compression suture

Versatility

- Can be quickly and easily fitted into the PROMPT Flex birthing mother

PROMPT FLEX - POSTPARTUM HAEMORRHAGE KIT

80112

This kit consists of the PPH module, Compression Suture Uterus and a pre-incised skin. It offers everything required for the management of the management of postpartum bleeding and care including performing a compression suture and ligating the uterine artery.

To be used with the PROMPT Flex Standard or Advanced.



Skills

- Management of postpartum bleeding:
 - Fundal massage
 - Bi-manual compression
 - Haemostatic balloon insertion and management
- Estimating blood loss
- All common types of Compression Suture procedures (including B-Lynch, Hayman and Pereira)
- Dissection of broad ligament
- Ligation of uterine arteries
- Professional-to-patient communication skills

Product Qualities

Realism

- Atonic uterus can simulate contraction on fundal massage
- A representation of postpartum uterus including uterine arteries and broad ligament

Key Features

- Blood loss of up to 2 litres can be simulated
- Air bulbs are used to stimulate blood flow and control atonic state of the uterus
- Multiple uses when conducting the compression suture

Versatility

- Can be quickly and easily fitted into the birthing mother to allow simulation of situations where bleeding occurs directly after delivery

- **80101** PPH Module
- **80111** Compression Suture Uterus (Pack of 2)
- **80171** Pre-incised Delivery Skin for PROMPT Flex

COMMITTED
TO MAKING
CHILDBIRTH SAFER



PROMPT Flex is suitable for use on Obstetric Training Programmes including:

BEOC (Basic Essential Obstetric Care)	PROMPT (PRactical Obstetric Multi Professional Training)
BLSO (Basic Life Support in Obstetrics)	ROBuST (RCOG Operative Birthing Simulation Training)
CEOC (Comprehensive Essential Obstetric Care)	SCOTTIE (Scottish Core Obstetric Teaching and Training In Emergencies)
MOET (Managing Obstetric Emergencies and Trauma)	TeamSTEPPS (Team Strategies and Tools to Enhance Performance and Patient Safety)
MORE OB (Managing Obstetric Risks Efficiently)	



For demonstration or to order

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limbsandthings.com

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