New Golf Music App Helps Develop Perfect Tempo & Rhythm By Timing Your Swing To Music

There is one fundamentally common element to every top professional’s golf swing. Rhythm.

No two golf swings are alike. But regardless of variables like grip, speed, stance, or weight transfer, every professional in the world moves at an almost identically even tempo, on every swing. That perfect muscle-memorized cadence is the central building block of every great golf swing.

PGA Class A member Doug Timmons has used metronomes to help students with timing and sequence for years. “While a very effective method, it’s not the most exciting lesson to take, or teach”, says Doug. “I wanted to find a way to make the technique fun and practical”.

Timmons created Golf BPM so a player of any skill level can develop the same even tempo by simply timing their swing to a library of percussive, original beats. Featuring original music from hip hop, to electronic, to rock and pop, each song contains subtly timed verbal queues so users know exactly where to hit their swing marks. On the course, at home, for a few minutes in your office, at the gym, you can use the app practically anywhere - all the time, visualizing the 3 critical timing points in the swing, and building them into muscle memory.

The method is so seamless, you’ll forget you are practicing. “A great DJ knows how to keep people moving by playing seamless music that flows from one track to the next. Our goal is to bring this same philosophy to your practice with beats that will keep your body moving in perfect time and rhythm, adding a fun new aerobic element to golf practice”, says Jeremy Callahan, co-founder. And at $5.99 a month, and new tracks being added monthly, it could be the best golf deal online.

Golf BPM is a cross-platform App available in the iTunes and Google Play. It has a 7-day free trial on both the monthly and annual subscriptions.