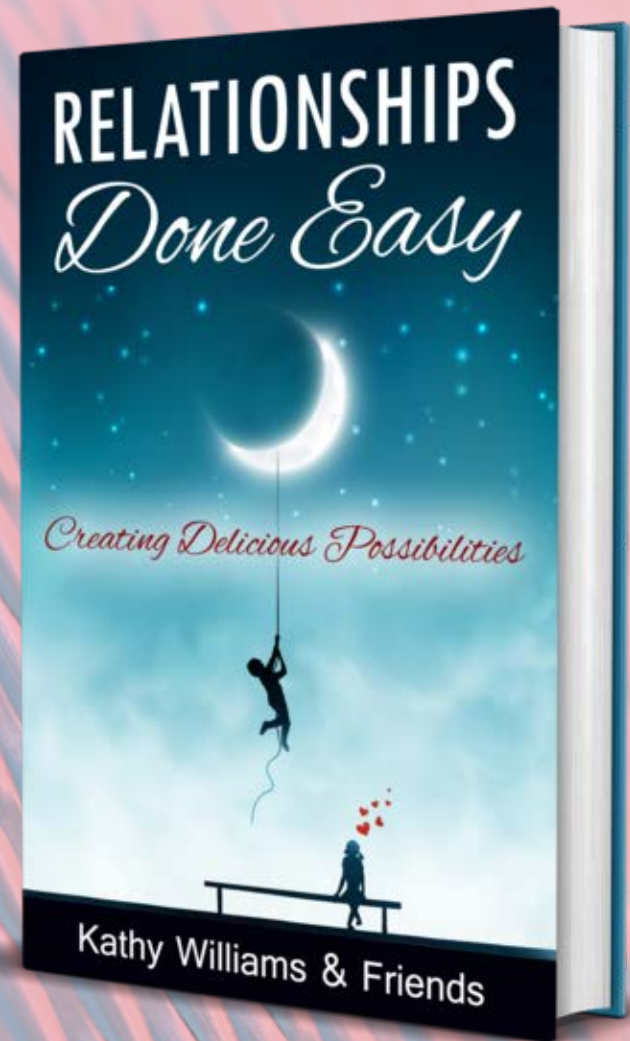




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Here's a sneak peek of Dr. Sarah Brotsky's chapter:

"Traveling the 7 Cs: 7 Components to Generating, Creating, and Sustaining Conscious Relationships"

What is a Conscious Relationship?

"A conscious relationship is one that functions from a space of awareness, allowance, possibility, and choice.

It is a space in which each Being is authentically himself or herself, without the need to cut off awareness, points of view or preferences in order to satisfy the other.

A conscious relationship welcomes in a higher form of communication, one that aids in getting clear on what is present and desired."

Get to know Dr. Sarah!

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