



# A Surgeon General's Perspective on the Impact of Race, Ethnicity, and Culture on Mental Illness

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**Encore Presentation Date:**

**Wednesday, February 16, 2005**

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**Re-Broadcast: 12:00–1:00 p.m. ET  
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**YES! Register me** for this evidence-based psychCME TV activity on February 16, 2005.

Site/Individual Name: \_\_\_\_\_ # Participants: \_\_\_\_\_

Degree: \_\_\_\_\_ Practice Setting:  Community Mental Health  State Mental Health  
 Private Practice  Primary Care  Other: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Ed'l Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

**Statement of Need**

The benefits of ongoing medical advances are often denied to patient populations whose access to care is limited due to race, ethnicity, education, and other socioeconomic parameters. This is especially true with regard to mental health services, where suboptimal care may result from stigma and metabolically mediated differences in response to treatment, especially among underserved populations. Furthermore, a recent study identified "cumulative adversity" as a risk factor for developing a depressive or anxiety disorder, and looked at its prevalence among specific ethnic groups. How can clinicians address and surmount these and other challenges posed by race and ethnicity? In this evidence-based psychCME TV activity, the experts will frame the societal, metabolic, racial, and ethnic issues that affect the optimal treatment of mental illness.

**Activity Goal**

To identify and synthesize the impact of race and ethnicity in the delivery of optimal mental health care.

**Learning Objectives**

At the end of this CE activity, participants should be able to:

- Identify cultural, racial, and ethnic differences in perception of mental illness, diagnosis, access to treatment, and drug metabolism.
- Describe risk factors for mental illness associated with racial and ethnic characteristics.
- Utilize a multidisciplinary treatment team interface to foster optimal treatment of mental illness in underserved populations.

**Target Audience**

Physicians, physician assistants, nurse practitioners, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals with an interest in mental health.

**Commercial Support**

CME Outfitters, LLC, gratefully acknowledges an educational grant from Wyeth Pharmaceuticals in support of this CE activity.

**NOTE TO PARTICIPANTS**

**Please be advised that CE credit can not be awarded again to participants who have already received CE credit for this activity.**

**Credit Information**

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To receive credit, participants must review all activity materials in their entirety, score 70% or above on a post-test, and fully complete and return both the credit request form and activity evaluation. A certificate or statement of credit will be mailed to all who successfully complete these requirements.

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