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## Climbing Frames Help to Keep Children's Bodies and Minds Active

A **Climbing Frame** presents children with an opportunity to develop and use new skills such as coordination, self confidence, and creativity, through playing and facing new and exciting challenges, as well as helping them to remain fit and healthy.

The most effective form of exercise for children is active play, so with growing concerns about children's health, what better way for them to keep active than by playing on a Climbing Frame. A **Climbing Frame** or **Swing Set** is a fun alternative to watching television or playing computer games, and comes with the added bonus of exercise. Playing outdoors on a Climbing Frame can offer a starting point in helping children to develop and improve their health and fitness. Parents should encourage active play outside in the fresh air and help their children to be healthy and happy as they play safely in the security of their own garden.

A UK company, **Dunster House** offer a wide range of **wooden Climbing Frames** and **Swing Sets** for the garden. Now including a new castle range that really lets children's imaginations run wild. Designed to look like castles, the new Climbing Frame range will keep children active and stimulate them both physically and mentally. The **Castle Maximus** provides a large play area for children to enjoy



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together and develop their social skills, and the **Castle Guard** is a compact single tower. Children's eyes will light up at the thought of having a fairytale castle or Mediaeval Fort in their own garden and can escape into their own little adventure land, enjoying all the fun of imaginative play with the added benefit of exercise.



Dunster House garden products are made from **pressure treated timber**, and all Climbing Frame and Swing Sets comply with **European Safety Standards**, to give a safe and long lasting product. Traditional wooden play equipment has a rustic charm as it blends naturally into the landscape as an attractive feature in the garden. The many different combinations and additional accessories to choose from allow you to create your own individual Climbing Frame to suit you and your child and offer a variety of opportunities for playing, discovering, and developing.

Dunster House have a wide range of timber garden products available, including **log cabin kits**. For further information on the extensive range of Climbing Frames and Swing Sets, or any of the other products provided by **Dunster House**, visit [www.dhleisureandgarden.com](http://www.dhleisureandgarden.com)

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## **List Of Dunster House Products**

### Log Cabins, Garden Offices, Wendy Houses

- Additional features
- Tweed Log Cabin
- Avon Log Cabin
- Rhine Log Cabin
- Severn Log Cabin
- Tamar Log Cabin
- Ottery Log Cabin
- Trent Garage / Trent Workshop
- Hudson Log Cabin

### Climbing Frames and Swing Sets

- Climbing Frame Combinations
  - Climbing Frame Combination 1
  - Climbing Frame Combination 2
  - Climbing Frame Combination 3
  - Climbing Frame Combination 4
  - Climbing Frame Combination 5
  - Climbing Frame Combination 6
  - Climbing Frame Combination 7
  - Climbing Frame Combination 8
- Castle Maximus
- Castle Guard
- Mini-Fort Discovery Climbing Frame & Swing Set
- Mini-Fort Explorer Climbing Frame
- Fort Adventure Climbing Frame and Swing Set
- Fort Rio Climbing Frame
- Single Swing Set (for Fort Rio)
- Amazon Climbing Frame and Swing Set
- High Tower for Amazon Climbing Frame
- Sky Crossing Climbing Frame
- Manhattan Swing Set
- Scramble Net for Climbing Frames & Swing Sets
- Bridge Link for the Climbing Frames and Swing Sets
- Picnic Table
- North Face wooden climbing frame and play system
- Sandy Beach Sandpit
- Fort/Mini-Fort Half Side Kit
- Fort Mini-Fort Full Side Kit
- Amazon/Sky Crossing Full Side Kit MKII
- Swing Sets
- Slides
- Accessories

### Garden Offices from Dunster House Ltd

- Enterprise Garden Office

### Country Arbour

#### Deck Kit Systems

- Rectangular & Square Deck Kits modules
- Angled and Chamfered Deck Kit modules
- Deck Kit Infill modules
- Pergolas
- Bridges
- Rustic Colour
- Handrails, newel posts and extra fixings
- Deck Kit packages

#### Chester Gazebo

#### Rustic Colour panels

#### Bench Swing

#### Country Planters

#### Wendy Houses

- Fun Cottage
- Drive-in Cottage
- Doll Play House

#### Children's Toy Boxes

#### Children's Bedroom Furniture

- X-Option Range
- Junior Range
- Football Range