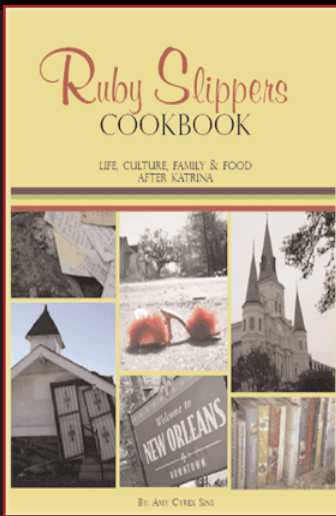




Ruby Slippers Cookbook:

**Life , Culture, Family
& Food After Katrina**

by Amy Cyrex Sins

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FOR IMMEDIATE RELEASE

Katrina's Delicious Aftermath

Award-winning cookbook from the *Big Easy* gets international attention; features Cajun, Creole, and Louisiana home cooking; famous restaurant recipes; and stories from those who love New Orleans

Amy Cyrex Sins wasn't close to Hurricane Katrina when it hit, but her beloved house was. Located just steps away from the 17th Street Canal levee break that drained Lake Pontchartrain's waters into the city, the house where Cyrex Sins and her husband lived was utterly destroyed.

Most heartbreaking for the young bride? The loss of her beloved hand-written recipe collection passed from family and friends.

Inspired to action after failures to recreate her mother-in-law's buttery, chocolate custard-filled doberge cake, Cyrex Sins began compiling over 130 recipes from family, friends, neighbors, strangers, and favorite New Orleans restaurants. What resulted was unwitting therapy for her in book form: the *Ruby Slippers Cookbook: Life, Culture, Family & Food After Katrina*.

Lush in regional flavor, the 2006 Gourmand Award-Winning *Ruby Slippers Cookbook* is part recipe book, part photojournal of New Orleans' watery after-life. Along with recipes, lavish photography, and New Orleans historical tidbits, Cyrex Sins has written a personal history of surviving the mess left in Katrina's wake, including stories from others who love New Orleans.

At once heartbreaking, mouthwatering, and uplifting, nowhere is the spirit of New Orleans more apparent than in *Ruby Slippers*. A small step in preserving something all hold dear, *Ruby Slippers* is a loving homage to the life, food and family that are uniquely New Orleans.

A portion of proceeds from the sales of the Ruby Slippers Cookbook benefits Coalition to Restore Coastal Louisiana, a nonprofit organization set up to preserve wetlands.

***Ruby Slippers Cookbook, one of the prestigious
2006 Gourmand World Cookbook Award winners,
is turning heads nationally and internationally too!***

**Press coverage includes the *Wall Street Journal*, National Public
Radio, the *Times-Picayune*, and *Epicurious.com***

About the Author:

Amy Cyrex Sins is a Loyola University of New Orleans graduate with a degree in communications. She is a cooking enthusiast who spends every free moment in the kitchen creating wonderful meals for friends and family.

Amy was inspired to write her first cookbook after the events of Hurricane Katrina ravaged her home and her city. The one thing she lost that was missed most of all was her collection of handwritten recipes passed on from family and friends. Amy believes that her furniture and things are easily replaced, but handwritten recipes are something that are cherished but now lost forever.