



Jagadguru Shree Kripaluji Maharaj

JAGADGURU KRIPALU PARISHAT  
**Barsana Dham**

Founder:  
Shree Swami Prakashanand Saraswati



Presented by:  
Vaishnav Community Center  
100 Lakeville Rd.  
New Hyde Park, NY 11040

**Understand the main topics of the Gita:**

- Feb 14: Chapter 1: धर्म और कर्मयोग: Introduction to the Gita.
- Feb 15: Chapter 2: आत्म बोध: Understanding the true self.
- Feb 16: Chapter 3: पाप का बीज: Why do we do wrong things?
- Feb 17: Chapter 4: अवतार रहस्य: The secret of Krishn's descension.
- Feb 18: Chapter 5: सद्गुरु: How to recognize a true Saint.
- Feb 19: Chapter 6: रूप ध्यान: Meditation & control of the mind.
- Feb 20: Chapter 7: कामना और प्रेम: What to ask for from God.

**To register call:**

Rohit Sharma (516) 281-5973

Program is FREE

Dinner *prasad* will be served following the program each day.

Swami Nikhilanand left behind his Western beliefs and chose to adopt Hinduism as a young man. He travelled to India and studied in the *ashrams* of Jagadguru Shree Kripaluji Maharaj, learning Hindi, Sanskrit, and the essence of the prime Bhartiya scriptures (Upnishads, Darshan Shastras, Gita, Bhagwatam). When the time came, his Guruji gave him the order of *sanyas*. Since then, Swami Nikhilanand has lectured throughout the U.S., inspiring audiences with his clear and practical representation of our Hindu *dharma*.

**School Break Program**  
**Basics of Hinduism**

**Lessons from the Gita for Children & their Parents**  
with Swami Nikhilanand

**Separate Instruction for Adults & Youth (Age 6 & up)**

**February 14-20, 2010**

**Sun, Feb 14: 4:00-6:00 pm**

**Mon-Sat, Feb 15-20: 7:00-8:30 pm**

