

Clinical Applications for Age Management Medicine

April 22-25, 2010

Boca Raton Resort & Club
Boca Raton, Florida



www.AgeMed.org

**27 AMA PRA
Category 1 CME Credits™**



Get your passion back. Age management medicine takes you to a new frontier of healthcare—a proactive, preventive approach that is setting the bar for how medicine will be practiced in the 21st century.

Structured mainly inside the private sector, age management medicine is a rewarding addition or an alternative to your existing practice. Most importantly, it delivers superior patient care with solid science and evidence-based protocols for optimal health.

This conference delivers exactly what you need—whether you're just getting started or already an age-management physician—with three pre-conference tracks that lay out the basics plus advanced topics and the latest progressive-edge protocols.

Special 3-Track Pre-Conference:

Thursday, April 22nd

- Getting Started in Age Management Medicine: Hormones, Nutrition, Fitness, Patient Assessment
- Advanced Topics in Age Management Medicine: Case Presentation & Discussion, Telomere, Stem Cells & Next Generation Patient Assessment
- Office-Based Aesthetic Medicine

Who Should Attend?

Whatever their specialty, physicians and healthcare professionals can expand their knowledge and learn proactive protocols to ensure medical excellence in patient care.

Today's Healthcare Demands New Thinking

Network with leaders in the field and delve into our compelling science-based curriculum with expert speakers, breakthrough strategies, interactive panels and case-study discussions.

- Stem cell therapy, telomere science, DNA resonance
- Nutritional biochemistry & depression/fatigue
- Probiotics, vitamin D deficiency pandemic

- Testosterone and women, testosterone factors & cardio health
- Andropause & clinical treatment options
- Mind/body & stress
- Sexual dysfunction
- Plus many other relevant topics

*e-Journal of
Age Management Medicine*



www.AgeMed.org

Dear Colleague,

There's no better time to join the most dynamic shift in medicine, the practice of age management medicine. Healthcare in the U.S. continues to negatively impact medical practices. Surveys suggest most physicians have had to change the way they treat patients—and most think the insurance-driven incentives and penalties aren't in the best interest of their patients.

That's why the Age Management Medicine Group (AMMG) has proudly educated physicians and healthcare professionals for the past five years on the leading-edge field of age management.

Join us for our upcoming conference at the prestigious Boca Raton Resort & Club. It's your chance to hear firsthand from experts in our field, learn about the latest advances, and network with colleagues. Also consider going on our early morning 5K run/walk with fellow conference attendees—it's a great way to meet other like-minded healthcare professionals as we "walk the talk."

Our guarantee: AMMG stands on our mission statement, producing conferences that provide valuable, current and science-based information, designed to arm you with practical knowledge that can be incorporated into your practice immediately.

You're invited to get involved in our growing medical network. Become a member of AMMG and enjoy the many benefits membership offers. Complete AMMG membership information can be found by visiting www.agemed.org.

Sincerely,

Derrick M. DeSilva, Jr., M.D.
Chairman
AMMG Conference Planning Committee

Rick Merner
Executive Director
AMMG Cofounder

Greg Fillmore
Conference Chairman
AMMG Cofounder

Conference Events

Hormones and Cancer - Which Cause it and Which Don't, a Literature Review

Friday, April 23rd, 7:00 am - 7:45 am

Presented by Neal Rouzier, M.D.

Non-CME symposium sponsored by Medquest Pharmacy

Physician Opportunities in Age Management Medicine: Your Path to a Successful Age Management Medicine Practice

Friday, April 23rd, 12:15 pm - 1:15 pm

Open to all attendees and includes a complimentary lunch.

Featuring John E. Adams, Cenegenics President and Chief Executive Officer. To reserve your space or for more information call 1-866-953-1510 or email jhopkins@cenegenics.com.

Non-CME symposium sponsored by Cenegenics Medical Institute

Networking Reception

Friday, April 23rd, following the last lecture

Sponsored by Cenegenics Medical Institute

AMMG 5K Run/Walk for Fitness & Health

Saturday, April 24th, 6:30 am - 8:00 am

Bring appropriate running/walking attire

Non-CME event sponsored by AMMG

"This is the first time I've been to AMMG, and it is absolutely the best conference I've ever attended."

—Y.M., M.D.

Conference Networking Center

This conference will feature a select number of quality companies - set in a relaxed, informal atmosphere - who offer valuable insight on products and services to enhance your practice. We have selected and reviewed these companies carefully and thank them for their support of the Age Management Medicine Group.

e-Journal of Age Management Medicine

The e-Journal is the Official Publication of the Age Management Medicine Group (AMMG) and is emailed FREE of cost monthly to physicians and healthcare professionals. This Journal provides our audience with valuable scientific, medical and industry information with analysis that is relevant and vital to their practice and the health of patients.

Subscribe NOW by simply emailing us at journal@AgeMed.org

e-journal of
Age Management Medicine

Join AMMG

AMMG invites you to support our vision and growth by joining us and becoming a professional member.

Visit www.agemed.org to learn about the numerous membership benefits. Join via our website or the registration form in this brochure.



What is Age Management Medicine?

Age Management Medicine is a proactive, preventive approach focused on preservation of optimum human function and quality of life, making every effort to modulate the process of aging prior to the onset of degenerative aging. The basic tenets of Age Management Medicine are patient evaluation through extensive medical history, lifestyle assessment, physical examination and laboratory evaluation to establish personalized proactive treatment plans consisting of proper diet, exercise, stress management and appropriate medical interventions.

Who Should Attend

This timely conference is targeted to all healthcare practitioners having an interest in Age Management Medicine and a desire to learn how to implement these various procedures in their practice or healthcare setting. Attending will be physicians, researchers and health professionals, including dentists, chiropractors, nurses, physician assistants, nurse practitioners, pharmacists, psychologists and medical students.

About AMMG

It is the goal of the Age Management Medicine Group (AMMG) to provide education and information on the new specialty of Age Management Medicine to physicians and healthcare professionals through evidence-based, continuing medical education conferences, workshops, seminars, publications and Web media. The Group consists of leading industry healthcare professionals, physicians, practitioners, researchers, medical associations and providers of products and services.



Conference Planning Committee

Derrick M. DeSilva, Jr., M.D.

Committee Chairman

Edison, New Jersey

Michale J. Barber, M.D.

Charleston, South Carolina

Anna M. Cabeca, D.O.

Brunswick, Georgia

Christopher J. Centeno, M.D.

Broomfield, Colorado

Jeffrey S. Life, M.D., Ph.D.

Las Vegas, Nevada

Robert D. Willix, Jr., M.D.

Boca Raton, Florida



***"Very comprehensive,
science based with
superior faculty"***

—D. S., M.D.

Accreditation and Designation Statements

This activity has been planned and implemented in accordance with the Essentials Areas and Policies of Accreditation Council for Continuing Medical Education through the joint sponsorship of the DADE COUNTY MEDICAL ASSOCIATION and the Age Management Medicine Group.



The DADE COUNTY MEDICAL ASSOCIATION is accredited by the FLORIDA MEDICAL ASSOCIATION to provide Continuing Medical Education for physicians.

The DADE COUNTY MEDICAL ASSOCIATION designates this educational activity for a maximum of **27 AMA PRA Category 1 Credits™**. Physician should only claim credit commensurate with the extent of their participation in the activity.

Educational Objectives:

- Understand basic nutrition strategies that can be used in patient treatment plans.
- Understand the evidence basis for the medical use of dietary supplements and how they can be used as part of a comprehensive patient treatment plan.
- Understand the basics of hormone restoration, including essential information for appropriate diagnosis and treatment.
- Understand basic testing protocols that can be used for hormones, nutrition, fitness and mental acuity.
- Understand how to use fitness as a component of a patient treatment plan.
- Interactive discussion of problematic clinical cases dealing with various aspects of Age Management Medicine including patient assessment, development of individualized patient treatment programs and follow up treatment plans
- Review Stem Cell therapies and understand which are evidence based and credible and which are not effective.
- Understand the evidence for telomeric control of genetic aging and how this correlates with Age Management Medicine.
- Understand new diagnostic tools and protocols which have been developed to enhance patient assessment.
- Review Integrative Medicine protocols which are evidence based and appropriate for Age Management Medicine.
- Understand the relationship of Telomere, DNA, Nanotechnology on health and longevity.
- Understand recent developments in office based protocols for aesthetic medicine.
- Learn how to maximize the assessment of aesthetic patients using superior communication and consultation techniques.
- Understand how pigments are used for aesthetic reconstruction.
- Understand how to use aesthetic techniques that will minimize and reduce scarring.
- Understand how combinations of laser techniques and treatments maximize results for aesthetic patients.
- Understand how pigmentation is used in aesthetics including, techniques and equipment.
- Learn how to use soft tissue fillers to contour the lines of the face for superior patient satisfaction.
- Understand research and clinical use of mind / body medicine techniques and protocols for stress and memory reversal.
- Understand the critical importance of Vitamin D on bone and general health.
- Learn how to use nutritional evaluation techniques to understand the link between depression and fatigue.
- Understand the role of probiotics and the use of good bacteria for optimal health.
- Learn how to use appropriate diagnostic tests and evidence based treatment for digestive and gut-immune dysfunction.
- Understand appropriate diagnostic testing protocols as related to adrenal fatigue and stress.
- Understand the particulars of the new Healthcare Reform Law and how it may impact Age Management Medicine.
- Understand both non-pharmacologic and pharmacologic treatment options for HPA dysregulation and adrenal dysfunction.
- Understand current research and clinical trials on growth hormone Secretagogues.
- Understand the evidence based use of testosterone for women.
- Understand the relationship of testosterone to cardiovascular disease.
- Understand how to clinical management age related loss of pulmonary function.
- Understand how to identify biomarkers of heart disease and reduce risk of cardiac incident with lifestyle modification.
- Learn about the use of herbs for sexual dysfunction and which herbs treatments have evidence based clinical results.
- Learn how to diagnose and treat aging men and women for sexual dysfunction using evidence based and emerging treatments.

In accordance with the Americans with Disabilities Act, AMMG seeks to make this conference accessible to all. If you have a disability, which might require special accommodations, please email your needs to: conference@agedmed.org or call 847-579-1088.

Clinical Applications for Age Management Medicine

Concurrent Pre-Conference Tracks

Thursday, April 22

Full Agenda, Faculty Biographies and additional session details can be found at www.AgeMed.org

3 Pre-Conference events are scheduled. Attendees may participate in any Track.

Pre-Conference Track 1: *Getting Started in Age Management Medicine: Hormones, Nutrition, Fitness, Patient Assessment*

Nutrition Strategies for the Age Management Clinician

Derrick M. DeSilva, Jr., M.D.
Medical Teaching Faculty, John F. Kennedy Medical Center, Edison, NJ
Attending Physician/Co-Chair, Department of Complimentary Medicine, Raritan Bay Medical Center

Patient Evaluation: Testing Protocols (Hormones, Nutrition, Fitness, Mental)

John J. Rush, M.D.
Chief Medical Officer & CEO, Cenegenics Medical Institute of Washington, DC

Fitness Programs in Clinical Practice

Jeffrey Leake, M.D.
Institute Physician, Cenegenics Medical Institute, Las Vegas, NV

Clinical Use of Supplements in the Age Management Practice

Derrick M. DeSilva, Jr., M.D.
Medical Teaching Faculty, John F. Kennedy Medical Center, Edison, NJ
Attending Physician/Co-Chair Department of Complimentary Medicine, Raritan Bay Medical Center

Bio-identical Hormone Restoration Therapy: Essential Information for Appropriate Diagnosis and Treatment

Lena D. Edwards, M.D., FAARFM
President, Balance Health & Wellness Center, Lexington, KY
Medical Director, Seasons Salon and Spa, Lexington, KY

Pre-Conference Track 2: *Advanced Topics in Age Management Medicine: Case Presentations & Discussion, Telomeres, Stem Cells & Next Generation Patient Assessment*

Advanced Case Presentations & Interactive Discussion

Anna Cabeca, D.O., FACOG
Private Practice & Medical Director, Golden Isles Medical, Brunswick, GA
R.W. "Chip" Watkins, M.D., M.P.H., F.A.A.F.P.
Private Practice Physician, Wanek Medical Center, Greensboro, NC
Medical Director, Sanesco International, Asheville, NC
President and Laboratory Director, NeuroLab, Asheville, NC

Advanced Case Presentations & Interactive Discussion

Michale J. Barber, M.D.
CMO/CEO, Cenegenics Medical Institute, Charleston, SC
Kenneth L. Janson, M.D.
Attending Urologist, Lake Forest Hospital, Lake Forest, IL
Managing Partner, Urology Consultants, Lake Forest, IL

Vetting World Stem Cell Therapies: Which Are Credible and Which Are Likely Snake Oil?

Christopher J. Centeno, M.D.
Founding Member, International Cellular Medicine Society (ICMS)

Telomeres and Age Management Medicine

David M. Woynarowski, M.D.
Clinical Associate Professor of Medicine, Hershey Medical Center, Reading, PA
Chief Science Officer, TA Sciences
CEO and President, Center Force Industries

Next Generation Patient Assessment

Joseph M. Raffaele, M.D.
C.E.O., PhysioAge Systems, New York, NY
Vice President, PhysioAge Medical Group, New York, NY



Pre-Conference Track 3:
Office-Based Aesthetic Medicine

Recent Advancements in Office-Based Aesthetic Medicine

Haneef N. Alibhai, M.D., BSc, CM, CCFP
Past President, Canadian Association of Aesthetic Medicine
Medical Director, md cosmetic & laser clinic, Abbotsford, Canada

Patient Assessment and Consultation: Using Communication for Superior Patient Satisfaction

Shelia Malmanis, L.E.
MS Skintechical, Phoenix, AZ

Using Pigments for Reconstruction: Lecture & Demonstration

Marie Piantino, L.E.
MS Skintechical, Phoenix, AZ

Clinical Scar Revision

Gregory S. Allen, M.D.
Medical Director, Desert Aesthetic and Lifestyle Institute

Laser Combination Treatments to Maximize Results

Haneef N. Alibhai, M.D., BSc, CM, CCFP
Past President, Canadian Association of Aesthetic Medicine
Medical Director, md cosmetic & laser clinic, Abbotsford, Canada

Pigmentation: Topical Applications and Equipment for Treatment

Gregory S. Allen, M.D.
Medical Director, Desert Aesthetic and Lifestyle Institute

Facial Contouring with Soft Tissue Fillers

Haneef N. Alibhai, M.D., BSc, CM, CCFP
Past President, Canadian Association of Aesthetic Medicine
Medical Director, md cosmetic & laser clinic, Abbotsford, Canada

Q & A with Aesthetic Track Faculty

Haneef N. Alibhai, M.D., BSc, CM, CCFP
Gregory S. Allen, M.D.
Shelia Malmanis, L.E.
Marie Piantino, L.E.

General Session Curriculum

Friday, April 23

Incorporation of Evidence Based Integrative Medicine Protocols into an Age Management Medicine Practice

Robert D. Willix, Jr., M.D., FACS
CMO/CEO, Cenegenics Medical Institute, Boca Raton, FL

Telomeres, DNA Resonance, Nanotechnology, Health & Longevity

C. Norman Shealy, M.D., Ph.D.
President, Holos Institutes of Health, Pleasant Hope, MO
Professor Emeritus of Energy Medicine, President Emeritus, Holos University Graduate Seminary, Fair Grove, MO

Stress, Mind/Body Medicine, and The Reversal of Memory Loss in 12 Minutes a Day: A 60 Year Perspective

Dharma Singh Khalsa, M.D.
Founding President / Medical Director, Alzheimer's Research and Prevention Foundation, Tucson, AZ
Associate Fellow, Center for Spirituality and the Mind, University of Pennsylvania, Philadelphia, PA

Vitamin D Deficiency a Pandemic: Bone and Beyond

Winter Kipgen, M.D.
Medical Director, Foundation Bariatric Surgical Hospital, Edmond, OK
Private Practice, Edmond, OK

Nutritional Evaluation: The Link Between Your Patient's Depression & Fatigue Issues and Nutritional Biochemistry

Andrea Girman, M.D., MPH
Director of Health Education, Genova Diagnostics, Asheville, NC

Probiotics - The Critical Role of Good Bacteria

Derrick DeSilva, Jr., M.D.
Medical Teaching Faculty, John F. Kennedy Medical Center, Edison, NJ
Attending Physician/Co-Chair Department of Complimentary Medicine, Raritan Bay Medical Center

Testing and Treating the Gut-Immune System

Cass Nelson-Dooley, M.S.
Research Coordinator and Clinical Consultant Science and Education, Metamatrix Clinical Laboratory, Duluth, GA

Saturday, April 24

AMMG 5K Run/Walk for Fitness & Health

6:30 am – 8:00 am

Non CME Function

The Stress Connection

Eldred Taylor, M.D.
Medical Director, The Taylor Medical Group, Atlanta, GA

Healthcare Reform: The Impact on Age Management Medicine

John Adams, M.B.A., CPA
President and Chief Executive Officer, Cenegenics Medical Institute, Las Vegas, NV

Non-pharmacologic and Pharmacologic Treatment Options for HPA Dysregulation and Adrenal Gland Dysfunction

Lena D. Edwards, M.D., FAARFM
President, Balance Health & Wellness Center, Lexington, KY
Medical Director, Seasons Salon and Spa, Lexington, KY

Clinical Treatment Options for Andropause

Jeffrey S. Life, M.D., Ph.D.
Principal & Senior Affiliate, Cenegenics Medical Institute, Las Vegas, NV

Latest Aspects of GHRH and Ghrelin Analogs (Secretagogues) and Their Use in Holistic Medicine

Richard F. Walker, Ph.D., R.Ph.
Director, Research and Clinical Development, Renew BioSciences, Indian Rocks Beach, FL

The Clinical Use of Testosterone in Women

Neal Rouzier, M.D.
Director, The Preventive Medicine Clinics of the Desert, Palm Springs, CA

Testosterone and the Relationship to Cardiovascular Disease

Enst R. von Schwarz, M.D., Ph.D., FESC, FACC, FSCAI
Director, Cardiac Support Program, Cedars Sinai Medical Center, Los Angeles, CA
Professor of Medicine, David Geffen School of Medicine at UCLA, Los Angeles, CA



Sunday, April 25

Managing the Age-Related Loss of Pulmonary Function: Extending Life by Expanding Lungs

Al Sears, M.D.
Owner / Director, Focus on Integrative, Wellness and Anti-Aging Medicine, Royal Palm Beach, FL

How to Identify Biomarkers of Heart Disease and Diabetes and Reduce Risk with Lifestyle Changes

Sanjay Kapur, Ph.D., MBA
Professor, Portland Community College, Beaverton, OR
Scientific Director, ZRT Laboratory, Beaverton, OR

Herbals for Sexual Medicine

Anna Cabeza, D.O., FACOG
Private Practice & Medical Director, Golden Isles Medical, Brunswick, GA

How to Diagnose and Treat Sexual Dysfunction

Daniel Laury, M.D., FACOG
Clinical Assistant Professor, Western University of Health Sciences
Private Practice, Women's Specialty Group, Medford, OR

Boca Raton Resort & Club

Fresh from more than \$100 million in renovations, Boca Raton Resort & Club in fabled Boca Raton, the heart of Florida's Gold Coast, is situated on 356 oceanfront acres in south Palm Beach County. Just 24 miles north of Fort Lauderdale/Hollywood International Airport (FLL) and only 28 miles from Palm Beach International Airport (PBI), Boca Raton Resort & Club offers easy access and added flight options via airlines serving either airport.

Recently, an array of impressive additions and renovations have brought new vibrancy, warmth and life, making the luxurious and sophisticated accommodations of Boca Raton Resort & Club even better, brighter and more impressive, and delivering a level of elegance, comfort and design sensibility unrivaled among Boca Raton hotels.

With over 1,000 deluxe guest rooms in five unique styles, the exclusive Boca Raton Resort & Club is best described as a collection of five distinct boutique hotels situated on one expansive property. It includes the Cloister, the Yacht Club, the Tower, Boca Beach Club, the Boca Bungalows, Boca Country Club, conference facilities, two 18-hole championship golf courses, 30 tennis courts, Spa Palazzo, a golf clubhouse, six pools, a 32-slip marina with full fishing and boating facilities, and a half-mile of private beach.



Fabulous outdoor pool area



Elegant dining with outstanding views

To reserve your room at the **Boca Raton Resort & Club** and obtain our discounted room rate of \$199 per night, you **must call 888-503-2622** and identify yourself as an attendee of the Age Management Medicine Conference. Discount not available online.

Conference Registration Form

April 22-25, 2010

Registration Fees Please check appropriate category.

Source Code (if applicable): _____

Category	Dates	Early Bird Rate Valid Thru 3/20	Regular Rate Effective 3/21	On Site Rate
Physician				
4 day Full Conference	April 22-25	\$795 _____	\$895 _____	\$995 _____
3 day Conference	April 23-25	\$595 _____	\$680 _____	\$725 _____
1 day Pre-Conference	April 22	\$245 _____	\$275 _____	\$325 _____
Healthcare Professional				
4 day Full Conference	April 22-25	\$635 _____	\$695 _____	\$795 _____
3 day Conference	April 23-25	\$475 _____	\$535 _____	\$575 _____
1 day Pre-Conference	April 22	\$195 _____	\$225 _____	\$275 _____
AMMG Membership				
1 year professional membership - visit www.agedmed.org for details			\$100 _____	

Pre-Conference Track Preference

- Introduction to Age Management Medicine
- Advanced Topics in Age Management Medicine
- Office-Based Aesthetic Medicine

To Register: Online: www.agedmed.org

Phone: 847-579-1088 (please have your credit card available)

Fax: Fill out this form and fax to 847-579-0975

Credit Card: VISA _____ MasterCard _____ American Express _____

Name as it appears on card _____

Card Number _____

Expiration Date _____ Amount \$ _____

Signature _____

Mail: Fill out this form and send with check payable to AMMG
(or pay with credit card by filling out information above) and mail to:
AMMG, 291 Barberry Road, Highland Park, IL 60035 USA

ATTENDEE & BADGE INFORMATION (Please Print) This form may be photocopied for additional attendees.

Name _____
First Last

Academic / Professional Credentials _____

Address _____

City _____ State _____ Zip _____ Country _____

Phone _____ Email _____

How did you hear about the Conference? _____

Cancellation Policy - AMMG will offer a full refund less \$75 administrative fee for refund requests made in writing, postmarked or fax-stamped no later than March 22, 2010. Refunds will not be issued to no-show registrants. Substitutions are welcome in lieu of cancellations.

In accordance with the Americans with Disabilities Act, AMMG seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please email your needs to: conference@agedmed.org or call 847-579-1088.