

G-Free Foodie, a resource for living Gluten-Free and eating well, is proud to announce the launch of www.gfreefoodie.com

The G-Free Foodie Team is dedicated to finding the best restaurants, recipes, & products available, and gives honest feedback about what's good in the world of Gluten Free. Gfreefoodie.com encourages user feedback for restaurants, recipes & more to help foodies find each other & great Gluten Free eats.

Consumers will find these features & more on gfreefoodie.com:

- Nationwide Restaurant Directory, where G-Free diners can order flavorful Gluten Free meals, with additional information about restaurant offerings or menu features
- Recipes for delicious G-Free dishes
- Recipe Conversion service, where Gluten Free experts convert traditional recipes to G-Free
- Reviews of Gluten Free products
- Blogs about the G-Free lifestyle
- Hard-to-find G-Free groceries + books, guides & other products
- Links to Gluten Free support groups and information

If you have questions about G-Free Foodie, want more information, or would like to submit information to the site, email kc@gfreefoodie.com

About our Founder

The creator of G-Free Foodie, KC Pomeroy, found herself at a turning point after being diagnosed with Celiac Disease. Since KC's father is a fourth-generation California farmer and her mother is a phenomenal cook, it's no wonder that KC became a self-proclaimed foodie and chose a career path in the food & wine industries. After the diagnosis, KC created the concept for G-Free Foodie, a resource for flavorful gluten-free living including the tastiest gluten-free products, lots of recipes and an extensive database of restaurants that offer delicious gluten-free dining options. KC can be reached at kc@gfreefoodie.com



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