



**PLAZA HOTEL**  
**BUENOS AIRES**

A MARRIOTT HOTEL

Marriott Plaza Hotel Buenos Aires  
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## NEWS

### **MARRIOTT PLAZA HOTEL BUENOS AIRES ANNOUNCES U ACTION & RELAX BY VILAS CLUB**

*Brand new wellness space opens at luxury Buenos Aires hotel.*

Buenos Aires – (01/04/2011) - The Marriott Plaza Hotel Buenos Aires introduces U Action & Relax by Vilas Club, a modern and sophisticated place focused on treatments and wellness programs. The U Action & Relax area is an exclusive space for Marriott Plaza Hotel Buenos Aires guests. Supported by a team of trained professionals and by advanced technology, the Vilas Club experience represents the very best in Buenos Aires fitness. The [Marriott Plaza Buenos Aires Hotel](#) is proud to host this exciting new facility, with an outdoor pool overlooking historic San Martin square, a terrace with solarium showers, sauna, whirlpool, fitness classes, hi-tech exercise equipment, cardiovascular equipment, personal trainers, Pilates Reformer and more.

#### **U Action & Relax invites guests to enjoy these services:**

- Personal training and nutritional advice
- Relaxing massage to relieve muscular tension
- Shiatsu to unblock the meridians and increase vital energy
- California Esalen massage to relieve fatigue and stress
- Reflexology, a foot massage that stimulates the balance of the organs
- Manual lymphatic drainage to improve the lymphatic circulation

This new space allows this luxury Buenos Aires hotel to continue offering its guests and clients the most advanced service in wellness and health. The U Action & Relax Fitness Center is sure to restore youthful vigor and rejuvenate the body, skin and smile. Buenos Aires travel has never been so healthy.

#### **About the Marriott Plaza Buenos Aires Hotel**

With over 100 years of service, the Marriott Plaza Hotel Buenos Aires is the perfect place to stay for vacationers and business travelers in Argentina. This Buenos Aires Hotel, considered to be an historic



landmark, has been internationally recognized for its elegance, prestige and outstanding service since its inauguration in 1909. All rooms feature comfortable bedding, safes, high-speed Internet access and air-conditioning. Overlooking Buenos Aires' historic Plaza San Martin, the Marriott Plaza Hotel features an excellent location on Florida Street, known for its fantastic shops and boutiques. This Buenos Aires hotel is also moments from Puerto Madero restaurants, the business district and popular sightseeing



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destinations. The luxury Buenos Aires hotel offers over 13,500 sq. ft of flexible meeting space and a Grand Ballroom, ideal for large meetings or conferences. Discover the beauty of Argentina's most celebrated city at one of the most distinguished hotels in Buenos Aires. To learn more, visit the [Marriott Plaza Buenos Aires Hotel website](#).