

CITY OF



PITTSBURGH

OFFICE OF THE MAYOR

A Proclamation

*By virtue of the authority vested in me as Mayor of the City of Pittsburgh,
I do hereby issue this proclamation honoring*

WORLD HYPNOTISM DAY

January 4, 2011

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WHEREAS, World Hypnotism Day is celebrated each year on January 4th in over 22 states across the nation. Hypnotism has been thoroughly researched as a tested and valuable procedure, and a form of complementary therapy. Approximately 12,000 studies and scholarly articles on hypnosis are maintained and available to the general public by the American Society of Clinical Hypnosis; and

WHEREAS, hypnosis is used widely by licensed medical professionals and is emerging as a recognized distinct profession with a rigorous code of ethics under the guidance of the National Guild of Hypnotists. Hypnosis has been shown to have the capability to reduce stress, improve the quality of life and provide many other personal and social benefits; and

WHEREAS, thousands of practicing Hypnosis professionals aid in helping overcome various health challenges such as weight loss and smoking cessation. Hypnosis plays an integral role in the Mental Training Programs that have been developed for youth, amateur, professional and Olympic athletes; and

WHEREAS, by actively participating in World Hypnotism Day practitioners of hypnosis in Pittsburgh are contributing to raising public awareness of the benefits of hypnosis and its availability to the general public.

NOW THEREFORE BE IT RESOLVED that I, Luke Ravenstahl, Mayor of the City of Pittsburgh wish to recognize those Board Certified Hypnotists who are successful in relieving the stress, anxiety and addictions confronting their patients. I do hereby declare January 4, 2011, "World Hypnotism Day" here in our most livable City of Pittsburgh.



LUKE RAVENSTAHL
Mayor