





News Reports Continue on the Heath Benefits of

AFRICAN MANGO

Reuters Health credits the African Mango seed for restricting body fat production (as covered in their story), through effects on certain genes and enzymes that normalize metabolism. The African Mango is hailed for reducing fasting glucose, which is traditionally higher in overweight thyroid patients. Similarly, Irvingia Gabonensis is lauded for reducing cholesterol, as cholesterol levels often increase hypothyroidism. The African Mango is recognized for its propensity to overcome leptin resistance. Leptin resistance is also more frequently reported in overweight thyroid patients.

The Brisbane Times published an article titled, "Mango: Weight Loss Wonder Fruit." It reported that a study administered at the University of Yaounde in Cameroon found participants ingesting the African Mango were able to shed pounds without dieting. The examination featured 102 overweight adults who were randomly assigned to take either the African Mango or a placebo twice a day for 10 weeks. The individuals were ordered to maintain their normal lifestyles. When the study concluded, the group consuming the African Mango extract lost an average of approximately 28 pounds. Conversely, the participants who took a placebo shed virtually no weight.

The Top 6 Reasons Why Irvingia Plus (with Irvingia Gabonensis / AFRICAN MANGO) Works as Today's Top-Selling Weight Loss Solution

- 1. BREAKS DOWN FAT CELLS
- 2. INCREASES METABOLISM
- 3. REDUCES CARBOHYDRATE ABSORBTION
- 4. SPEEDS WEIGHT LOSS
- 5. REDUCES BELLY FAT
- 6. NOURISHES OVERALL HEALTH