

Here's What You Will Find At KORT

High Patient Loyalty

At KORT, we pride ourselves in getting to know you as a patient. You will be hard-pressed to find any other health care provider with better service. According to ongoing surveys, 99% of our patients say that they would return to KORT if they ever needed to see a physical therapist again in the future.

Specialized Care

KORT has more board-specialized specialists than any other provider in Kentucky.

We are specialized in:

- Orthopaedics
- Hand Therapy
- Clinical Electrophysiology (EMG & NCV)
- Strength Conditioning & Sports Medicine

Consistent Care

KORT prides itself on having similarly well-trained physical therapists who deliver standardized care according to the current best research. Regardless of the clinic you attend, you will get the same excellent care with the same outstanding customer service. Simply, when you come to KORT, you know what you're going to get!

Dedication To Service

- All patients are seen within 24 hours of referral
- You will see the same physical therapist each visit to ensure the best care
- We send timely reports to your physician so they may know your progress
- We accept all major insurance carriers...Medicare, Blue Cross, Workers Comp and many more

Central Kentucky

Bardstown	502.349.6961
Brandenburg	270.422.3366
Campbellsville	270.469.1076
Elizabethtown	270.766.1213
Glasgow	270.629.5678
Lebanon	270.699.9503

Lexington Area

Beaumont	859.296.4080
Brannon Crossing	859.245.4000
Bryan Station	859.293.6133
Falmouth	859.654.6200
Georgetown	502.867.0111
Hamburg	859.264.9249
Nicholasville	859.881.0333
Richmond	859.623.2057
Tates Creek	859.271.2887
Winchester	859.744.4411

Louisville Area

Crestwood	502.241.5597
Downtown	502.587.9350
Downtown Hand Center	502.589.5961
Fern Creek	502.231.3979
Goss Ave	502.636.1200
Jeff Ayers PT	502.899.1911
Jeffersontown	502.499.0107
Jeffersontown Hand Center	502.899.9927
Jeffersonville, Indiana	812.218.8039
Middletown-English Station	502.489.5002
Mt. Washington	502.538.2332
New Albany, Indiana	812.944.1377
Old Brownsboro Crossing	502.339.6490
Owensboro	270.684.7856
PRP-Dixie Hwy Louisville PT	502.995.2705
Preston	502.964.5404
St. Matthews - Partners	502.896.9355
St. Matthews - Spine & Sport	502.894.9696
Shepherdsville	502.921.0272
Shively	502.447.2750
Springhurst	502.339.4700
Summit Hand Center	502.339.4678
Tyler Center	502.267.1480

Clinic Location: _____

Appointment Date: _____ Time: _____

What Can Physical Therapy Do for Me?



Your Road to Recovery

KENTUCKY ORTHOPEDIC REHAB TEAM
KORT
The Best In Rehab.

Your Road to Recovery... What Happens In A Physical Therapy Session?

Your physical therapist is an expert in the non-surgical treatment of musculoskeletal conditions and can help you recover the use of joints and muscles through manual physical therapy (i.e., mobilization/manipulation), active supervised exercise, and education. Your KORT physical therapist will help reduce your pain, promote healing, and restore strength, function and movement so you can return to normal activity as quickly as possible! A typical treatment lasts about 1 hour. The number of sessions you will attend depend on your condition and its severity.



What Can I Expect At My First Appointment?

It would be helpful for you to bring the following information to your initial appointment:

- Your prescription and any notes from your doctor
- Any x-rays or other test results provided by your doctor
- Braces or prosthesis (if applicable)
- Insurance cards or provide worker's compensation information
- Arrive 15 minutes early to fill out a questionnaire about your condition
- Wear loose-fitting, comfortable clothing...Loose-fitting shorts are recommended if therapy involves your legs

Working together, we will establish your individual goals for therapy and help you to return to normal activity as quickly as possible.

(800) 645-KORT
www.kort.com



Who Benefits From Seeing A Physical Therapist?

We help people seeking pain relief due to accidents (fall, auto or work), arthritis, surgery, athletic injuries, strains, or general poor conditioning. Employing evidence-based non-surgical treatment interventions, our physical therapists can treat:

- Acute/chronic neck or back pain
- Neck or lumbar strains/sprains
- Shoulder or knee pain
- Degenerative disk and joint disease of the spine (including osteoporosis)
- Spinal disk problems
- Myofascial pain of the back or neck
- Chronic headaches
- Post-surgical rehabilitation
- Everyone who wants to be more fit, stronger and healthier

Your Physical Therapist And Your Physician: Partners In Your Recovery

By working together with your regular physician, by utilizing the best evidence available, and by providing you with individualized treatment, KORT physical therapists are committed to providing you with the best care and customer service. We communicate frequently with your physician, providing copies of your evaluation, progress reports, and discharge summary.