

## The Clinics



### Insurance Accepted and Payment Plans

We accept all car accident insurance policies, including PIP, Un-insured Motorist, and Med. Pay. We also accept Third Party Claims; the other persons insurance. We do all the billing and take the stress out of dealing with the insurance companies so you can focus on your recovery



### Why choose Byers Chiropractic & Massage? Byers Guarantee- Easy as 1, 2, 3

1. 100% Byers Guarantee- If you are not completely satisfied with your first visit we will refund you your money. This gives you a no risk opportunity to try our services.
2. Comfort Design- Our clinic is designed to help you relax, including drinks and snack upon arrival and other comforting featured.
3. Time Efficiency- Our clinic is designed to get you in and out as quickly as possible, and still get outstanding results, so you can get back to living life again!

[www.byerschiro.com](http://www.byerschiro.com)

Byers  
Chiropractic & Massage

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# Byers

# Chiropractic & Massage

Improving Your Life is Our Promise

Phone: 253-852-1250

## Injured in a Car Accident?

We can help you get out of pain.



"Those who delay seeking appropriate care often discover that scar tissue and spinal instability leads to chronic dysfunctioní "

(Open to find out more)

When you are in a car accident, your body instantly changes directions, moving forward to the limits of your seat belt. Now, your head starts moving backward in the opposite direction! Unstrained by a seat belt, your head is jerked back and then forward beyond its normal limits.

You experience surprise first, then anger, then pain!

Don't minimize your own injuries because your car has sustained minor damage. Pain pills won't heal inflamed tendons and ligaments. Muscle relaxers won't heal torn muscles. Specific chiropractic spinal adjustments, because they can help restore proper motion and position of individual spinal bones, can help assure proper healing. Massage therapy helps reduce the painful muscle spasm. Chiropractic doctors can help you get well and stay well after the trauma or as a reaction to the loss of proper spinal curves.

Specific chiropractic spinal adjustments, because they can help restore proper motion and position of individual spinal bones, can help assure proper healing. Massage therapy helps reduce the painful muscle spasm. Chiropractic doctors can help you get well and stay well after the trauma of a whiplash injury.

Why do I have pain in my arms and hands?

Because the nerves to the arms and hands exit the spine through the injured area of the neck, numbness and tingling are common. Even lower back pain can result directly from the trauma or as a reaction to the loss of proper spinal curves.

Why did my headaches start more than a week after my accident?

Whether you've been in an accident, stressed at work or overexerted yourself in the garden, your body is constantly adapting to the environment. When your capacity to adapt is exhausted, symptoms can appear. This can take days, weeks, months or years to occur.

Will I ever be normal again?

Those who delay seeking appropriate care often discover that scar tissue and spinal instability leads to chronic dysfunction.



### **Chiropractic Care**

Chiropractic care is the #1 Natural Healing Profession in the world, caring for millions of people a year. Chiropractic care works because it helps the body's most important system, the nervous system, work better. The nervous system controls every system in the body and therefore, when your nervous system gets healthier, all of your body gets healthier. Chiropractic adjustments feel great!



### **Deep Tissue Massage**

Applies targeted pressure to deep tissues damaged from injury or chronic muscular tension patterns. This massage eases chronic muscle knots and pain, restores joint mobility, increases blood and lymphatic circulation, assists in correcting postural dysfunctions like curvature of the spine, and often relieves the numbness and pain of repetitive-use injuries.



### **Relaxation Massage**

Relaxation massage helps balance and restores every part of your body! Tension-taming Swedish massage techniques are used to relax muscles and improve circulation while targeting specific areas to relieve chronic pain and muscle fatigue, reduced water retention, and improve joint flexibility.



### **Decompression Therapy**

We have several Spinal Decompression Therapy tables to fit the ever-growing demand for this therapy. DTS Spinal Decompression Therapy is FDA cleared and has been clinically proven with an 86% success rate for pain associated with herniated or bulging discs.... even after surgery. It is non-surgical, traction therapy for the relief of back and leg pain or neck and arm pain. During this procedure, by cycling through distraction and relaxation phases and by proper positioning, a spinal disc can be isolated and placed under negative pressure, causing vacuum effect within it.