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Spirited place to grow

A cannabinated reverie

This is a set and setting piece. I'm having some quiet-spiritual time. Things are to a point where I can hear myself think. Louis Armstrong's *Muggles* is backgrounding softly on vinyl. I'm "cannabinated" – meaning my ECS is actively modulating my consciousness. Retrograde signaling, that form of communication unique to the ECS, is activated. This is a *reverie*, a place where subtle and illuminating thoughts often precede great endeavors.

Is or Is Not?

Bliss can change one's spirit. No doubt there. The evidence is the bliss. It is a chemical-electrical-synaptic combination. I like how the white-coats named the first endocannabinoid they found, anandamide, after the Sanskrit word for bliss.

Spirit is part of being human. We are not a thing if the spirit is missing. It makes us. If the world was absent spirit, it would be un-animated. World religions contemplate this animation and call it spirituality. This spirituality informs our sense of self. We feel ourselves in the world and it leads us to the earth spirit – we call it Mother Nature or Gaia.

Louis Armstrong was spiritual and a cannabinoider. He liked to get all muggled-up. Gotta think cannabinoids helped with his spiritual life.

Let's see ... Armstrong had to use his ECS to make music, like all musicians.

Guess I can draw the same conclusion regarding love-making ... that an active ECS is part of the energy for sure ...

Think of meditation. There is no meditation if you can't control the sense of sound. You can't control your hearing without ECS modulation. No quiet-spiritual time if you can't control noise. In fact, if you can't bring the world into a space of your own – your own internal world of balance – then you live unbalanced.

Yogis are cannabinoiders. Yoga demands and facilitates, like all exercise, an active ECS – and yoga is spiritual. It's also easy to see the ECS in Buddha, Tao, the Abrahamic trilogy, Jah Rastafari and Hindu Nirvana. So easy to see, yet ...what keeps people ignorant?

This is not a new question, this question of knowing. Parmenides, the pre-Socratic thinker, gave the simplest of answers. The spirit of Truth is found in questioning the evidence of Is and Is Not – that was his answer.

The one path, the path of the Is, was shown to him by a Goddess. The other path, the path of the Is Not, the Goddess said "was an inscrutable path."

*The Goddess said you can't know the Is Not because ... **it Is Not**. She wasn't playing a trick, just showing Parmenides a way of thinking. Her point was you cannot know that*

which Is Not. She would say “for this cannot be done” – “nor can you express it.” The path of Truth is different than the path of Not True – so said the Goddess.

The Not True has been the policy of our federal health institutions. Glad to see that’s changing. The National Cancer Institute has updated their website to say cannabinoids kill cancer. They even mention apoptosis and how cannabinoids are neuroprotective. It’s 2011. The cancer killing benefits of cannabinoids were first noted in 1975. Oh that’s the spirit! – And it only took 36 years!

*Fighting cancer is a fight for forever. It is simply insane to get in the way of people trying to stay alive. **Cancer is a killer and cannabis is a cancer killer.***

And yet the beat goes on ... the arrests continue ... cancer keeps winning ... tears at funerals ... sadness for lost ones...

I often feel tears of joy when my ECS is active. Yeah, I feel that a lot. Crying is most definitely spiritual. I cry a lot when high. Activating the ECS allows emotions to come into play. It is that retrograde signaling moment that humans know so well – yet don’t know it’s called retrograde signaling. Those times when we hear-feel-see-taste-and-smell our consciousness. Some emotions pass on forever. Some get thought about forever. Retrograde signaling allows me to think things over, to ponder, speculate and wonder – wow – can’t imagine a world without wonder ...

Chewing the cud, reflecting, sorting, thinking, remembering, learning, creating ... these are part of spirit-management and homeostasis ... we’d be all un-balanced without’em, yet they all depend on the ECS ... then why ...

Wait ...the Goddess warned Parmenides about such thinking. An inscrutable path she called it ... “Don’t go that way!” she would warn.

If you focus on the ECS as an Is Not, that would be the inscrutable path the Goddess mentioned. It’s like trying to take a pathway that doesn’t exist.

The ECS is an Is. ...Whoa ... taking the pathway that doesn’t exist. There would be evil things on an inscrutable path. Perhaps even a big Evil Lie lying on such a pathway. It would block the way of Truth – of the Is.

A lie that Big would have to be really powerful and filled with deceit ...something really awful ...really ...

Wait ... I’m having one of those ideas ...

*Publius
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Search terms

Louis Armstrong’s *Muggles*; Bob Marley; ECS stress adaptation; bliss and hypothalamic-pituitary-adrenal axis; Genesis 1-11; Scythians; apoptosis; Parmenides; retrograde signaling; National Cancer Institute’s *Cannabis and Cannabinoids*.

Research and selected readings

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