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Introduction

What is success?

Success varies from person to person. Achieving personal success does not have to be that difficult. Success is not an impossible dream. You can be successful within yourself and then financially.

Yes, success within yourself and financially means many different things to different people. And it should mean different things. Whether or not you are successful depends on how you define success. I like the following definition of success.

Success- The achievement of something desired, planned, or attempted. The accomplishment of an Aim or purpose. Notice the "Aim" part of that definition. This is befitting as it is discussed in the chapter, Finding Your Definite Aim In Life.

How do you define your success? What does it mean to you? Does it mean making lots of money and accumulating vast amounts of wealth? Is it simply being happy with everything that you do and what happens to you? Does it mean attaining deep enlightenment and realizing enlightenment? Or, does it mean finding your soul mate and raising a family?

No matter how you define success, it all starts with one thing. *Success within yourself!* If you master this, you can succeed at anything in your life, including financial prosperity.

The purpose in writing this book is so you can skip finding this out the hard way as I did.

Let me tell you a little about myself and how I discovered this secret.

I was born in Rock Springs, Wyoming. My dad got a job at one of the mines when I was one year old. He still works there some 40 years later. We were considered middle class. I always had what I needed and more. I did well in school until my last year of high school. I just didn't care about education at that time. It didn't help that I was a heavy pot smoker. When I turned 18, I got kicked out of my

parents' house. I lived with my uncle and aunt until I graduated. The thought of college was far from my mind. I quit smoking pot when I was 21. I, then, started consuming alcohol rather heavily.

I floated through my twenties going from job to job, drinking more and more. After a car accident, falling down concrete stairs that almost killed me, pancreatitis, and other forms of hell from drinking alcohol, I finally ended up in jail in 2003. In jail I learned I had Bipolar Disorder. A fellow inmate had Bipolar Disorder and told me that I sounded just like him. After I was released from jail I went to a psychiatrist. He confirmed that I had Bipolar Disorder. I, then, started taking medications for my mental illness. It took years before I found the right combination. It didn't take long before I continued my drinking career, though. I ended up living under a bridge. I, then, was arrested three nights in a row for drunk in public. My parents had had enough. They couldn't sit and watch me slowly kill myself anymore. They took me to a detox center where I stayed for about 60 days. Then, I went to a treatment center. This lasted a year. I, then, got out of aftercare and went on my worst drunk yet. I went back to the detox center again and stayed for thirty days. I left the detox center and stayed in a homeless shelter for a few weeks. The city I was in had little work. I managed to scrape up enough money to buy a bus ticket. I rode the bus to Casper, Wyoming and went to the homeless shelter there. I got a job and eventually got my own apartment.

A year later I got married. My wife became pregnant on our honeymoon. We, then, moved to Craig, Colorado where I started a good paying job. It was not long before I quit that job because of the depression part of my Bipolar Disorder. I decided to apply for Social Security Disability. It took two years before I was approved. My wife was already on SSI because of her mental disorder. It was tough, but we managed to get by. During the two years of waiting, I began to wonder why I was so unsuccessful in life. I began to feel depressed. Here I was, a fairly young man who was about to be on Social Security Disability. This hurt my pride. I felt like a loser.

I began learning to build websites. We, also, began a dreadlock supply business. We did fairly well selling on Ebay and Etsy. I continued building websites thinking this was my way out. We, eventually, moved to Stagecoach, then Steamboat

Springs, Colorado where I reside today. I learned how to build information products online. Every time I built, either a coaching course, or an e-book, I thought I was going to make a fortune and be a great success. Each time I failed.

I began reading self-help books, including Napoleon Hill's- Think and Grow Rich. (I highly recommend this book if you haven't already read and studied it.) I did all I was told to do in these books, but still failed to be successful. My idea of success, at this time, was to be rich. I noticed a trend in all the information I read. The ongoing trend in each book I read was that all those who were a success were not just rich, but they were successful within their own selves. I began to look at myself. I realized that I lacked almost all the qualities of being successful within myself. I realized that in order to become successful financially, I had to be successful within myself. If I became successful within myself the financial part would start to come into view in my life.

I started practicing the qualities I will teach you, and I noticed a great change in my life. I started to feel good about myself, mainly from helping others and practicing the Golden Rule. I started to notice opportunities coming to me that have helped me in my finances. I no longer struggle to make it month to month. This made me realize that the last time I was this happy is when I was a kid. I feel more and more successful as each day goes by. I have also realized that the way I was going about trying to making money online was the wrong way. I was not helping others because the niche's I was pursuing did not interest me.

I finally realized what my true calling was. Helping others find the happiness that I have been fortunate to find. Also, I have been fortunate to find an information product that I really wanted to create. What is it? You guessed it. This book! My goal in this book, though, is not to get rich. It is to help as many people as I can find the secret of success within themselves as I have.

So, I hope you enjoy this book. If you follow the success program that is outlined in this book, you *will* find success within yourself, and in turn, you will find that your financial success will also begin to grow more and more as you improve yourself more and more.

So, study each chapter carefully. Read a chapter over and over again if need be. Do the exercises at the end of each chapter. Do them to the best of your ability. Get yourself a notebook to do each exercise. Keep it close. You will be reviewing the input from the exercises daily. Doing this will implant the needed information into your subconscious. You will see why this is imperative in Chapter 2 – Principles Of Autosuggestion.

So, now, let us begin your journey into finding success within yourself!