



About Amy Butchko



Amy is an expert coach helping people move from feeling “stuck” to empowered with personalized health and wellness strategies. In the program, we get to the root of a multitude of symptoms and create space for the body to heal. Amy believes the capacity for health is infinite for all of us with the right thinking, proper interventions, and diet and lifestyle choices.

With personal experience having health challenges, Amy knows the frustration of making all the right diet changes only to find that stubborn issues linger, and she has the unique perspective of having solved persistent weight, pain, skin, emotional and digestive problems.

Amy is Founder and Director of the Wellness Education Association of America and President of Wellness Works, LLC. Amy is a Certified Health Coach, a Loomis Digestive Health Specialist, and a Certified Natural Health Professional. Schedule your appointment today to learn more about personalized diet, lifestyle and supplement needs.

Client Feedback

“This was the best year of my life!” Neal Frick, 2012 Coaching Graduate

“I’m happier, have more energy and a yearning to learn more about myself every day and keep making changes to be even better. Thank you for that!” Amy Reiley, Current Client

703.791.WELL (9355)
www.wellnessworksllc.net