

facilitating revolutionary change

Fundamentals of Performance Coaching

Producing Purposeful and Powerful Outcomes

Fundamentals of Performance Coaching provides an in-depth, five-month curriculum to equip students with the coaching skills to effectively achieve unprecedented results with their clients. Whether you coach in corporations, public service or your own coaching business, you will benefit from the understanding of what coaching offers and will be awarded the designation of *Professional Performance Coach* upon completion.

The Source Institute, a division of **Source Point Training**, delivers industry-leading coach training recognized by the International Coach Federation (ICF). Our senior-level facilitators and master coaches have over 45 years of collective coach training experience and are known throughout the industry as trendsetting mentors and leaders. *The Source Institute's* coach trainings are approved by ICF for 197.5 total CCE Units.

Why Choose The Source Institute for Coach Training?

- Use of the 3-P™ planning system to assure well-formed outcomes in coaching
- Training delivered by master coaches with successful six-figure businesses
- A proven curriculum used to train and certify coaches for over eight years
- Live and high-impact learning weekends with coaching and feedback
- Extensive coach training workbook, powerful live presentations and webinars
- Coaching “tool kit” and templates to fulfill coaching standards and practices
- One-on-one coaching and feedback with webinars, to lock in learning

Program Details

Fundamentals of Performance Coaching trains coaches on coaching skills and so much more. As a result of participation you will come to learn more about yourself and how you see the world as a resource for others. You will learn to become neutral and accepting of people's daily challenges and you will have an opportunity to be coached by faculty coaches to expand your own personal growth and self awareness. From the time of registration until completion, you are supported and guided expertly through each step to succeed and create the highest level of learning.



Continuing Coaching Education
International Coach Federation

Fundamentals of Performance Coaching is approved by the International Coach Federation for 84.5 hours of CCE Units.

Coaching Skills Developed in Fundamentals include:

- Co-creating partnership by building trust and rapport with clients
- Actively listening and effectively communicating to open self awareness
- Empowering clients by coaching accountability and ownership
- Intervening in self-limiting beliefs and challenging clients to take risks
- Coaching clients to overcome common barriers to achieve desired results
- Working with different personality styles and learning motivation needs



Included in *Fundamentals of Performance Coaching* tuition are three 3-day weekends of training, as well as in-between mentor coaching, webinars and tele-classes. You will also receive the Coach Training Manual, including business-based templates.

Register today to begin your journey towards becoming a *Certified Professional Performance Coach!*

The Source Institute is a division of

Source Point
TRAINING

To register or learn more, visit www.SourcePointTraining.com or call 800-217-5660.