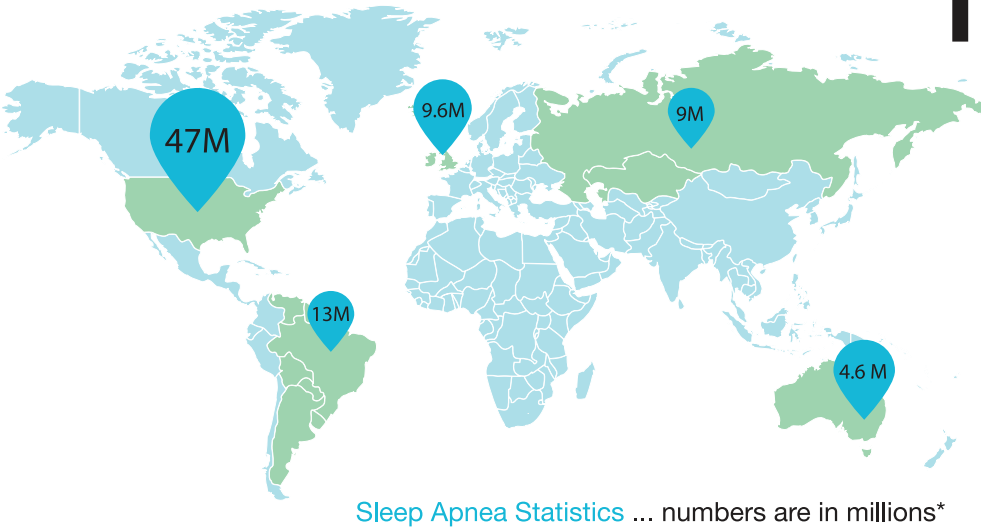


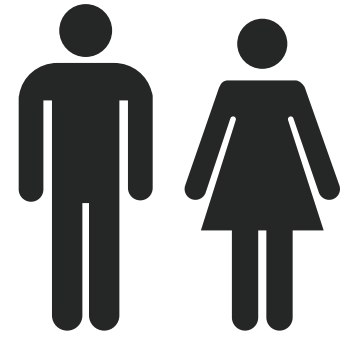
Obstructive Sleep Apnea (OSA): A Worldwide Epidemic



Sleep Apnea Statistics ... numbers are in millions*

100,000,000

Worldwide have Sleep Apnea



*All numbers are estimates and use the references below

47,000,000

Americans



1 in 4



MEN

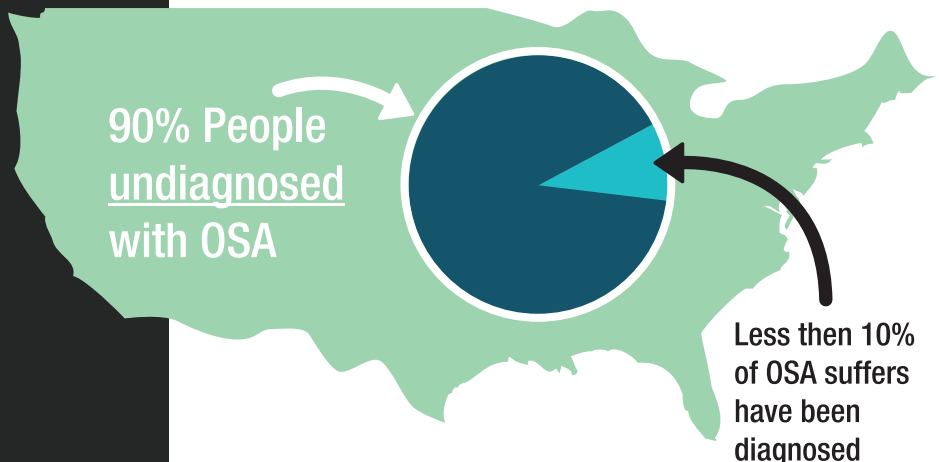
1 in 9



WOMEN

OSA Symptoms:

- Loud snoring
- Un-refreshing sleep
- Large neck circumference
- Choking or gasping during sleep
- Involuntary pauses in breathing during sleep
- Disturbed sleep of bed partner
- Morning headaches
- Impaired concentration, impaired memory or learning problems
- Irritability or mood swings
- Feeling depressed
- Dry throat upon awakening
- Frequent urination at night
- Family history

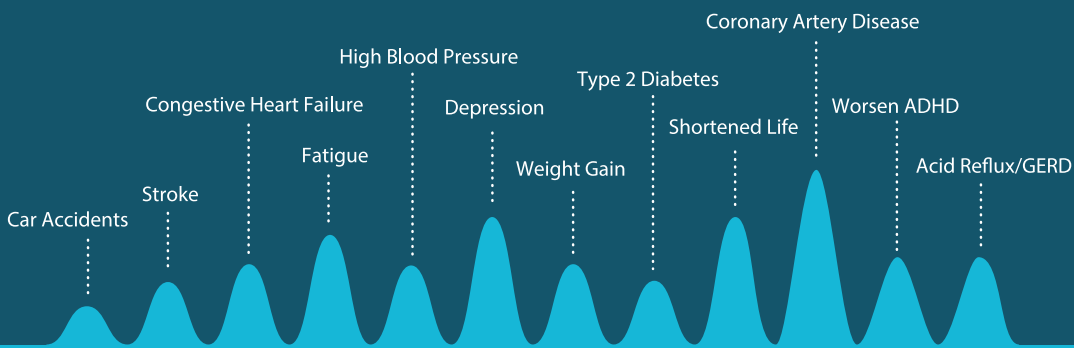


60%



In the UK, Studies have also shown that 60% of people over 65 years old have OSA.

Untreated OSA Leads to



What to do if you think you have OSA



If you are one of the millions of people using CPAP therapy to treat your sleep apnea, we invite you to try out the SoClean CPAP sanitizer. It thoroughly sanitizes all your CPAP equipment without any disassembly or mess.



Information resourced from:
<http://www.nhlbi.nih.gov/health/press/20110101NationalSleepDisordersResearchPlanDHHSPublication11-7820.pdf>
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* Better Rest Solutions does not make any statistical claims but uses sources that are listed on this infographic to graph data.
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