



# this is your shot!

## Healthy energy for body, mind and spirit

### Work, school, family...

Our daily activities zap our energy and can leave us feeling worn out, unfocused and stressed. Turning to high-sugar caffeine drinks only brings an artificial lift — and a hard crash. But now there's a healthy way to keep your edge: 24K™, Reliv's first ever ready-to-drink product.

- **Morning.** Kick start your day with a shot of 24K.
- **Afternoon.** Avoid that midday slump after lunch.
- **Exercise.** Boost athletic performance and energy levels.
- **Study.** Improve concentration with the ideal "study buddy."
- **Travel.** Keep focused and alert on the road.
- **Weekends.** Tackle that to-do list with energy to spare.

### Break the Fatigue Cycle

Most popular energy products rely on caffeine and sugar to provide a quick jolt. This can cause an unhealthy spike in heart rate and blood sugar, leading to an inevitable crash. 24K offers a healthy new solution by addressing the underlying problem — the Fatigue Cycle.

Physical fatigue and mental fog go hand-in-hand, and stress is a leading contributor to both. 24K's comprehensive formula addresses all three factors. Rather than masking symptoms with stimulants, **24K nourishes your body, providing the fuel for healthy, real energy.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**24** active ingredients

- + **5** calories per serving
- + **0** caffeine
- + **0** sugar
- + **0** crash

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24K contains 24 powerful ingredients backed by clinical research and formulated synergistically to tap into your body's natural vitality and promote peak performance. These include:

**Omega-3 Fatty Acids:** instrumental in the function of brain cell membranes and proven to help improve learning and memory.

**Resveratrol:** improves blood flow to the brain, enhancing brain performance and focus.

**B Vitamins:** essential for the body's energy production and optimal brain function.

**Coenzyme Q10:** brain-enhancing nutrient and central to cellular energy production.

**Valerian Root:** provides "alert relaxation," or energy without the jitters; shown to reduce stress in those experiencing anxiety.



For more information or to order: 800 RELIV US (735.4887) [reliv.com/24K](http://reliv.com/24K)

