

ITINERARY**Skytop Cycle Adventure with Robbie Ventura
October 3rd-6th, 2013****Thursday, October 3rd, 2013** 4:00 pm Guest Arrival and Check In at Skytop Lodge

6:30 pm Welcome Reception with Robbie

7:30 pm Welcome Dinner with Robbie

Friday October 4th, 2013 7:30-8:30 am Power Breakfast

8:30-9:30 am Cycling Skills Training with Robbie

9:30-12:00 pm Rolling Hills

12:30-1:30 pm Recover lunch

1:30-6:00 pm Enjoy Skytop Resort

6:30-9 pm Dinner on Own at Skytop

Saturday, October 5th, 2013 7:00 am Power Breakfast

7:30 am Morning Yoga Stretch

8:00 am-12:00 pm Morning Ride with Robbie

12:30-1:30 pm Grill out Lunch

2:00-7:00 pm Enjoy Skytop Resort

6:45 pm Lodge Porte Cochère

7:00 pm Finale Reception with Robbie

7:45 pm Finale Dinner with Robbie

Sunday, October 6th, 2013 7:00 am Power Breakfast

7:30 am Pre-Ride Cycling Stretch

8:00-11:00 am Recovery Ride with Robbie

11:00 am Fond Farewell

12:00 pm Check out and enjoy Skytop Lodge