



FIGURELLA OFFERS SAFE AND NATURAL WEIGHT LOSS FOR MOMS

MIAMI, Fla., July 23, 2013 – During a healthy pregnancy, a woman may gain anywhere from 15–40 pounds depending on the woman’s starting body weight. Obviously a woman will need to increase her caloric intake to support the baby’s nutritional needs as well as her own. After the baby is born, many women have a difficult time losing those extra pounds that accumulated during the pregnancy. Women’s magazines and dietary books have promised to help moms shed the extra weight. The simple problem with these publications is that they are written for general audiences, and no two women are the same.

That is where Figurella enters the equation. Figurella is an internationally–recognized wellness company that specializes in all–natural weight loss. The Figurella fitness program is not a one–size–fits all method that distributes the same advice to each client who walks through the doors, though. Figurella provides personal attention to each client from the time she walks in to her first consult for measurements and a discussion about goals.

A session with Figurella is an experience unlike any other. Clients are greeted by a team of women’s fitness trainers. One of these trainers guides the client through the two phase method. Each session begins with Phase 1, which is a half–hour in the patented Bubble where physical exercises are performed in a temperature–controlled environment. Phase 2 is the active oxygen bath in the patented SpaShell. The two phases combine to ignite the body’s metabolism. Expert dieticians are also on staff to provide each client with an individualized

nutrition plan. Clients only need 2–3 sessions per week to lose belly fat and get in shape.

Figurella, the Italian weight loss method, has landed in the United States with two locations—in Coral Gables and Palm Beach Gardens, Florida. The staffs at these two centers are friendly and ready to help moms looking to shed a few pounds. There is no need for mothers of any shape or age to be afraid of looking their best. Figurella is the proven method to help the mom who is ready to get in shape find her ideal weight and uncover the flat belly once again.

For more information or to schedule a consult, contact a Figurella weight loss center:

Figurella Palm Beach Gardens
5100 PGA Boulevard, Suite 101
Palm Beach Gardens, Florida 33418
561-799-3600

Figurella Coral Gables
1600 Ponce de Leon Boulevard
Coral Gables, Florida 33134
786-777-8951

Hours of operation at both centers are Monday – Friday from 9:00 a.m. – 7:00 p.m. Appointments can also be made online at www.figurellausa.com.