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Redbook: JW Marriott San Antonio Hill Country One Of Most Relaxing Resorts In U.S.

San Antonio resort lauded for unique treatments at Lantana Spa

San Antonio, TX – One of the leading women's magazines in the United States has just ranked the [JW Marriott San Antonio Hill Country Resort & Spa](#) as one of the country's Top 10 Most Relaxing Resorts.

[Redbook](#) magazine praises the San Antonio spa resort for its unique treatments inspired by traditional healing remedies of the indigenous Curanderos culture and suggests guests "splurge (for) the 105-minute Spirit of the Curanderos Energy Spa Journey." All treatments at Lantana Spa start with the traditional Los Siete Nudos, or "Seven Knots," ritual in which participants tie seven knots in a red ribbon, each signifying a stress or worry they are carrying. At the end of their spa journey, visitors leave behind the ribbon as a sign of feeling refreshed and renewed.



Rejuvenating [treatments](#) offered at the Hill Country spa include massages, body scrubs and wraps, facials, foot baths, waxings, manicures and pedicures. Guests are encouraged to try the JW Marriott signature Restorative Organic Massage, Heated Stone Massage, River Birch Sports Massage, Spirit of the Curanderos Energy Spa Journey, Texas Herbal Remedy and the Lavender Salt Glow, Texas Caviar Facial, Custom Purifying Facial and the Texas Hill Country resort's signature Active Organic Facial. Treatments for two and other all-encompassing packages are available.

The Lantana Spa is composed of three relaxation lounges, a private outdoor spa pool and whirlpool, men's and women's steam rooms, saunas and inhalation rooms. Spa patrons can also access the state-of-the-art fitness center containing cardiovascular and weight machines and free weights. Weekly classes for yoga and Pilates are also available in addition to personal training and private instruction. Although complimentary healthy snacks are provided, guests can visit the Replenish Spa Café serving dishes and drinks designed to complement the relaxing and stress-free environment of Lantana Spa as well as support local artisan and organic farmers.

For travelers seeking to unwind outdoors, the JW Marriott San Antonio Hill Country Resort & Spa also has two of the Lone Star State's most beloved [golf courses](#), the AT&T Oaks Course and the AT&T Canyons Course. The San Antonio golf resort's 36 holes were designed by Pete Dye and Greg Norman, two of the sport's most innovative architects.

Relaxation is paramount at the San Antonio resort, where guest rooms reflect the area's natural tones and textures that blend with lavish amenities and comfortable bedding. Pillow-top mattresses topped with custom duvets will lull weary travelers into a sound night's sleep, while resort bathrooms boast separate tubs and showers with granite accents for a refreshing morning. Complimentary bottled water, coffeemakers, mini-refrigerators, plush bathrobes, 37-inch LCD TVs and iPod docks are among amenities that will have guests feeling right at home.

About JW Marriott San Antonio Hill Country Resort & Spa

The JW Marriott San Antonio Hill Country Resort & Spa has firmly established itself as the city's premier luxury destination and the most renowned resort in the magnificent Texas Hill Country. Rated 4 Diamonds by AAA and just 12 miles north of San Antonio International Airport, the resort features the 36-hole TPC San Antonio Golf – home of the Valero Texas Open. The hotel boasts the Lantana Spa, 6-acre River Bluff Water Park, seven distinctive restaurants, 265,000 square feet of state-of-the-art meeting and event space, complimentary Wi-Fi in the lobby and 917 rooms and 85 suites on nine floors. For information, visit www.marriott.com/SATJW or call 1-210-276-2500.

About JW Marriott

JW Marriott is part of Marriott International's luxury portfolio and consists of beautiful properties in gateway cities and distinctive resort locations around the world. These elegant hotels cater to today's sophisticated, self-assured travelers, offering them the quiet luxury they seek in a warmly authentic, relaxed atmosphere lacking in pretense. JW Marriott properties artfully provide highly crafted, anticipatory experiences that are reflective of their locale so that guests have the time to focus on what is most important to them. Currently, there are 60 JW Marriott hotels in 24 countries. By 2015, the portfolio is expected to encompass 79 properties in 28 countries. Visit us online at jwmarriott.com, Twitter [@jwmarriott](https://twitter.com/jwmarriott) and facebook.com/JWMarriott

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