

Prost-P10x[®]

Prost-P10x is a clinical grade natural supplement program for men who are looking to restore their prostate health as close as possible to youthful levels.

Therapeutic Benefits for Prostate Health

Prost-P10x is Doctor formulated and delivers therapeutic dosages (over 3320mg + 1000IU's) of the same combination (patented and trademarked) natural ingredients that formed the basis of the major prostate health research studies and successful clinical trials. The Prost-P10x ingredients are delivered in a single, convenient, daily dose packet containing six (6) capsules.



Doctor Formulated based on Science and Research

Prost-P10x was developed by Dr. Geo Espinosa, N.D., L.Ac, CNS, RH (AHG). Dr. Geo is the Director of the Integrative Urological Center at New York University Langone Medical Center and the Chief Science Officer at Prostate Research Labs.

Before founding NYU's Department of Integrative Urology, Dr. Geo was a clinician, researcher and the Director of Clinical Trials

at the Center for Holistic Urology at Columbia University Medical Center.

Dr. Geo is one of only 3 Naturopathic Doctors in the USA who focus exclusively on men's urological health. He is a frequent speaker at universities, medical schools and conferences on Integrative Health, nutrition and natural treatments for prostate health.

Prost-P10x is the culmination of Dr. Geo's research into over 500 studies and his personal experience in his Naturopathic Urology Practice as to what works and what doesn't in supporting healthy prostate function.

Ingredients

The active, 100% natural ingredients combined together in Prost-P10x have been shown individually in research studies and clinical trials to:

- Promote proper prostate size*
- Support normal urinary flow and volume*
- Encourage healthy libido and sexual response*
- Support the natural response to DHT (dihydrotestosterone) reduction*
- Assist the natural regulation of 5-alpha-reductase which affects normal prostate size and volume*
- Support overall prostate and urinary health*
- Restore prostate health as close as possible to youthful levels *
- Help promote cellular and immune system health*

Supplement Facts		
Serving Size 1 Pack (6 capsules)		
Servings Per Container 30		
Amount Per Serving		%DV
Vitamin D-3	1,000 IU	250%
Zinc (as Zinc Citrate).....	15 mg	100%
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Graminex G63™ Flower Pollen Extract	500 mg	*
(Secale cereal L., containing fat and water soluble fractions in a 20:1 ratio)		
Quercetin dihydrate	500 mg	*
Saw Palmetto Extract.....	640 mg	*
(Serenoa repens, (fruit) 45% fatty acids)		
Meriva® Curcumin Phytosome	160 mg	*
(Curcuma longa extract, rhizome)/ Phosphatidylcholine (soy) complex)		
Green Tea Leaf Extract.....	500 mg	*
(Camellia sinensis standardized to 45% EGCG)		
Cranberry (Vaccinium macrocarpon, fruit)	500 mg	*
Stinging Nettle (Urtica dioica, root).....	240 mg	*
Plant Sterols (as beta sitosterol).....	65 mg	*
Pygeum africanum (bark).....	100 mg	*
3,3-Diindolylmethane (DIM)	100 mg	*

*Daily Value not established

Graminex (G63™) Pollen Extract (500mg) (Secale cereal L., containing fat and water soluble fractions in a 20:1 ratio): Graminex rye pollen (cernilton) has been used for 35 years in Europe for prostate health and to support healthy prostate volume and normal nighttime urination.

Saw Palmetto Extract (640mg): The combined 640mg of saw palmetto (45% Fatty Acids) in Prost-P10x has been shown to be the most effective in studies in boosting prostate health and promoting a healthy libido.

Quercetin Dihydrate (500mg): (flavonoid complex) For more than a decade, quercetin has been recognized as a potent antioxidant as well as being beneficial in supporting overall prostate health, usually at a dose of 500 mg daily.

Beta-sitosterol (Plant Sterols) (65mg): Beta-sitosterol has been shown to affect the activity of the enzyme 5-alpha-reductase, which in turn may inhibit the production of dihydrotestosterone (DHT), which in turn may help promote proper prostate size and urinary tract health.

Green Tea Extract (leaf, 45% EGCG) (500mg): Green tea provides support for prostate health and normal prostate size. Green tea has also been shown in studies to regulate DHT production and hormones that influence prostate volume. The beneficial effects of taking

green tea have been shown to increase with higher levels of green tea/EGCG dosage.

Vitamin D-3 (1000IU): Increasing supplemental D-3 intake is associated with a trend of promoting greater prostate health.

3,3-Diindolylmethane (DIM) (100mg): As men age, they experience a decline in testosterone and, in many cases, increases in estrogen levels. The result is a testosterone/ estrogen imbalance that emerging research suggests may impact overall prostate health. DIM naturally supports the testosterone/estrogen balance as well as promoting sexual energy and normal prostate size.

Cranberry (Vaccinium macrocarpon, fruit) (500mg): Cranberry provides natural support for urinary tract health as well as providing prostate health support. In 2004, France became the first country to approve a health claim for the American cranberry for urinary tract health.

Stinging Nettle (root) (240mg): Stinging Nettle Root supports urinary health and symptoms related to an aging prostate particularly when used with the saw palmetto and quercetin combination in Prost-P10x. The nettle root also naturally interacts with the binding of DHT providing a further mechanism of action for supporting prostate health.

Pygeum africanum (bark) (100mg): Pygeum is an herbal remedy derived from the bark of the Pygeum africanum tree that has been used since ancient times to promote bladder health. Pygeum also may reduce the number of receptor sites where DHT can attach to cells. Numerous studies have supported the use of Pygeum in the management of prostate health.

Meriva® Curcumin (160mg) Studies have shown that curcumin can help regulate the body's natural inflammation response and can provide support for prostate health. Meriva® has been shown to have up to a 20-fold improvement in bioavailability versus standard turmeric (95%) extracts.

Zinc (as Zinc Citrate) (15mg): Zinc is known to promote proper sexual function as well as support prostate health. The mineral is also a key player in the body's DNA-damage repair process.

Indications

Prost-P10x may be taken as a natural supplement by men who wish to maximize prostate health and provide support for natural restoration of prostate size and urinary function. Prost-P10x also provides immunity and cellular health support for men suffering from age related prostate decline.

Dosage Information

One packet a day (6 capsules) depending on individual level of prostate health. The full dosage may be taken all at once or throughout the day (preferably with meals). Men with more serious concerns about their prostate health may wish to double dose each day for the first week.

*These statements have not been evaluated by the Food and Drug Administration. They should not be considered medical advice. Always consult a doctor for medical advice. This product is not intended to diagnose, treat, cure, or prevent any disease

Contact: Craig Cooper
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Other Information

- Packaged in a FDA audited Facility
- ISOP 9001 Certified Laboratory
- ISO 17025 Accredited Laboratory
- NSF GMP Facility Registration
- Manufactured by Douglas Laboratories
- CITES Certified Pygeum (proof of sustainable farming practices)
- Purchases support ZERO, The Project to End Prostate Cancer

Storage

Keep in a cool, dry place, away from direct light. Keep out of reach of children

Email: contact@prlaboratories.com
Phone: 1-800-418-7767