

QUIET STRENGTH

DISCOVERING THE WISDOM WITHIN

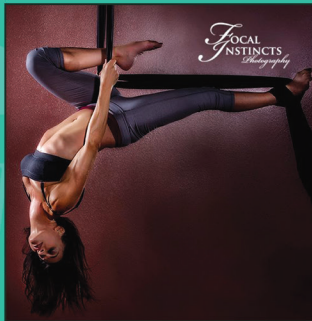


GLEN IVY HOT SPRINGS
WOMEN'S
Health Day
SATURDAY
10.19.13



TERESA RHYNE

New York Times Bestselling
Author of *The Dog Lived*
(*And So Will I*)



DIANA BOYLE

Dancing for My Life: How
I Discovered My Strength
Through Pole Fitness



MEG ROOT

I Know What I Need To Do!
I Just Need to Do It!

The Perfect Package for Women's Health Day \$130

Taking the Waters Admission (Reg. \$64)

50 minute Massage (\$99)

Call 888-GlenIvy for Reservations

Glen Ivy Hot Springs will donate \$5 of every *Taking the Waters* Admission collected on Saturday, October 19, 2013 to The Women's Transitional Living Center in Orange, California.