

Beyond Evidenced-Based: Virtuosity in the Treatment of Trauma and Addiction

SPONSORED BY THE MEADOWS

2 FREE CEUs

Date	Friday, November 8, 2013
Location	Maggianno's Little Italy 10455 NE 8th St. Bellevue, WA 98004 425-519-6490
11:30 a.m.	Luncheon
12:30-2:30 p.m.	Lecture

Space is limited!

RSVP by Friday, November 1, 2013

Joan Sputh at 425-409-4835 or
jsputh@themeadows.com



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EARN 2 CONTINUING EDUCATION CREDITS:

The Meadows provides 2 continuing education credits from the following agencies:

- NAADAC Approved Provider. Provider # 000217, 2 CEUs.
- The Meadows is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Provider #5687
- The Meadows is approved by the American Psychological Association to sponsor continuing education for psychologists. The Meadows maintains responsibility for this program and its content.

CERTIFICATE OF COMPLETION:

You must attend the lecture in its entirety. No partial credit will be given. No exceptions. Please note that it is your responsibility to contact your licensing/certification boards to determine eligibility to meet your continuing education requirements.

ABOUT THE LECTURE

Providing adequate care for co-occurring PTSD and addiction is a difficult challenge beyond the application of evidence-based protocols or use of the latest techniques. Clinicians who treat this population need to be tenacious, articulate, compassionate and have superb boundaries. They also need to be absolutely clear as to the actual goals and sequence required. This brief workshop will review the necessary foundations for understanding the scope and nature of PTSD as it co-occurs with addiction. In addition, attendees will be introduced to a multi-dimensional model that can assist in managing the volatile and complex challenges of treating veterans and civilians who struggle with their recovery.



Dr. Jerry Boriskin
Senior Fellow,
The Meadows

COURSE OBJECTIVES

1. Attendees will review some simple phrases, definitions and descriptions that capture the core symptoms and clinical priorities needed to treat PTSD with co-occurring conditions.
2. Attendees will be given an overview of some of the challenges faced by clinicians including: accurate clinical expectations, proper sequence and priorities of treatment, the need for containment, rapid synthesis, attitudinal factors, enhancing the clinical alliance, and the need for proper pacing and self care in dealing with perhaps the most challenging patient population we face.
3. Attendees will be introduced to a multidimensional model that will help them transcend the narrow focus that can undermine our best efforts in assisting these complex cases.

ABOUT THE SPEAKER

Dr. Jerry Boriskin is an author, lecturer, and clinician with an expertise in trauma, post-traumatic stress disorder (PTSD) and addictive disorders. He began his career in 1979 when PTSD began to emerge as a diagnosis. In the mid-1980's, he began working with addicts and sexual abuse survivors. Dr. Boriskin is a leader in extending the continuum of care and has developed two extended residential treatment programs for co-occurring disorders. As a passionate advocate for integrated treatment, Dr. Boriskin is a licensed psychologist and addiction specialist who has been working with traumatized soldiers at the V.A. of Northern California.

He is the author of *PTSD and Addiction: A Practical Guide for Clinicians and Counselors* and co-authored *At Wit's End: What Families Need to Know When a Loved One is Diagnosed with Addiction and Mental Illness*. For more information about Dr. Boriskin or to read his blog, visit www.jerryboriskin.com.