

Did you know? ...

Adverse Drug Reactions (ADRs) cause over 100,000 deaths annually, making them the 4<sup>th</sup> leading cause of death in the U.S.

## <u>How Geriatric Care Managers Lower Stress</u>

## <u>& Improve Your Family's Quality of Life</u>

Your Nurse Care Manager will assess your loved one's safety, medical, nutritional, social, medication, & all quality of life needs—then provide the information & personal assistance to help your loved one live as independently as possible.

Your entire family will enjoy less stress & more peace of mind knowing the Care Manager will accompany your loved one to doctor visits & advocate for medical needs. She will coordinate, monitor & manage care, transportation, social activities, & any or all aspects of your loved one's life. In fact, you can call her for everything you need.

For example, your Personal Nurse Care Manage can:

- 1. Create a customized plan to help your loved one remain home even if he becomes ill or disabled,
- 2. Create a customized plan to increase your loved one's quality of life & help her remain independent longer,
- 3. Help find the right physician for your loved one's needs,
- 4. Advocate for your loved one with physicians or during hospitalizations,
- 5. Accompany your loved one to medical tests, doctor & dentist appointments,
- 6. Stabilize & manage your current home care program to assure quality services,
- 7. Help manage your loved one's pain,
- 8. Advocate for your loved one during a rehabilitation program,
- 9. Transfer medical records from previous physicians to new physicians,
- 10. Maintain updated records on your loved one's health & needs,
- 11. Gather & organize your loved one's important papers,
- 12. Organize & manage medical billing & insurance paperwork,
- 13. Arrange transportation for participation in religious and social activities,
- 14. Help control or reduce your out-of-pocket healthcare costs,
- 15. Provide Total Support & Advocacy 24 hours/365 days a year.

For more information, call Judie Rappaport:

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