## ARE YOU DENSE?





Left: minimally dense breast tissue. Right: dense breast tissue.



## Dense Breast Tissue Significantly Increases Your Risk for Breast Cancer

Patients with dense breasts have more fibrous and glandular breast tissue, which can develop cancer more easily than a more fatty breast tissue composition. Dense breast tissue appears white on a mammogram, as do cancerous tumors, therefore up to half of cancers will not be seen on a dense mammogram!

Fortunately, there are other diagnostic tests that can be used in addition to mammograms for women who have dense breasts, such as Breast Ultrasound, Breast MRI and Breast Specific Gamma Imaging — all available at Montclair Breast Center. We have also added 3-D mammography to our practice, a new technology that increases the accuracy of a mammogram. Your doctor will determine which screening and diagnostic tools would be best for you.

## **Early Detection Can Save Your Life**

Yearly mammogram screenings and monthly self-examinations are very important for early detection. To determine if you have dense breasts, contact our office to schedule an appointment with our breast care specialists.

For more information please visit us at **montclairbreastcenter.com** or visit **areyoudense.org**.



Montclair Breast Center is dedicated to the early detection and treatment of breast cancer, providing positive patient outcomes that far exceed the accepted norm.





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