

# Delicious. Natural. Sweet.

At Dr. John's Candies®, we know finding products that promote a healthy lifestyle is important to you. That's why Dr. John created Simply Xylitol®, a unique and natural line of gourmet sugar free treats.



Dr. John's Candies®  
Toll Free: 888-375-6462  
[www.drjohns.com](http://www.drjohns.com)

## Sweetener, Tablets & Gum

- \* Xylitol Sweetener: Replaces sugar 1:1 1lb. Bag
- \* Watermelon Sours 85 pc. canister / 10 pack
- \* Peppermints 85 pc. canister / 10 pack
- \* Peppermint Gum 33 pc. canister / 10 pack

## Chocolate DecaDENTS™

- \* Sea Salt Caramels (15 pc box)
- \* Toffee with Almonds (15 pc box)
- \* Orange with Almonds (15 pc box)
- \* Raspberry (15 pc box)
- \* Pecan Caramel (15 pc box)
- \* Coconut (15 pc box)
- \* Mint (15 pc box)
- \* Peanut Butter (15 pc box)
- \* Premium Plain Dark (Bar) 12 pack
- \* Premium Dark with Almonds (Bar) 12 pack

## Soft Candies — 6.5 oz. bags

- \* Natural Taffy
- \* Natural Chocolate & Vanilla Caramels

## Lollipops & Hard Candies — 6.3, 6.7 oz. bags

- \* Natural Mixed Fruit (OL, HC)
- \* Natural Fruit Medley (TL, OL, HC)
- \* Natural Strawberry Cheesecake (HC)
- \* Natural Double Dutch Fudge (OL, HC)
- \* Natural Pomegranate (OL)
- \* Natural Watermelon (TL)
- \* Natural Café Caramel (HC)
- \* Natural Butterscotch (HC)
- \* Natural Cherry Blossom (TL)
- \* Natural Sour Lemon (HC)
- \* Natural Grape (OL)
- \* Natural Cherry (OL)
- \* Natural Mango (HC)

OL= Oval Lollipops

TL= Tooth Lollipops

HC= Hard Candies

dr. john's®  
simply xylitol

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Dr. John's Candies® was founded in 1995 by Dr. John Bruinsma, a dentist, and his wife Debra, a dental hygienist.



Dr. John answers the common question...

## “What is Xylitol?”

Xylitol is a delicious and safe natural alternative to sugar. It is found in birch trees, fruits and vegetables. Our bodies produce about 15 grams of xylitol per day.

Xylitol can be used by everyone, from infants to the elderly. Xylitol looks and tastes as sweet as sugar but has 40% fewer calories, 75% fewer carbohydrates, and a glycemic index of 7, making it safe for diabetics (on the advice of a physician).

Studies show that xylitol may also reduce the risk of plaque formation and dental decay.

## Dr. John's® Simply Xylitol® Products:

- Taste great!
- Are sugar free
- Are gluten free (except gum)
- Many are dairy free
- Most are Kosher
- Are sweetened with USA Birch Xylitol

