**Angela Bussio Bio Update**

**2014**

Angela Bussio is a stress strategist, coach. bestselling author, speaker, motivational trainer and publisher of Real Stress Solutions Digital Magazine.  Her coaching, books/magazine and online programs empower people with skills and tools to become their own authority in managing stress using state of the art 21st century paradigms.  Angela is CEO of Angela Bussio LLC

Angela's achievement's include:

Publisher/Editor [Real Stress Solutions Digital Magazine](http://bit.ly/1gkei5q)   [(For Android  Click Here](http://bit.ly/1dYE7t9))

Bestselling  Co-Author, [*How Did You Do That*](http://bit.ly/1dYE7t9)

Founder, CEO [Attracting Joy University](http://www.attractingjoyu.com/)

Online Products Include:  [6 Secrets to Banish Stress](http://attractingjoyu.com/trainings/6-secrets-sales-letter/)

President [Abundant Harvest 501C3](http://attractingjoyu.com/philanthropic)

Stress strategist for the popular *Hometeam* morning television show

She continues to grow as a business owner and coach through membership in the Experts Industry Association, as a state rep for Association for Comprehensive Energy Psychology, as a board member for IMI financial services and Micronutrients for Mental Health Association.

Dedicated to a balanced lifestyle, Angela Bussio strives to uphold a strong model of time management.  She enjoys spending time with her five children and husband of 30+years in the heart of the rocky mountains.