

Stress Control<sup>™</sup>  
SUITE  
for ProComp2 system

# STRESSED CLIENTS?

Get the right to tools to help

Use classic protocols and objective  
measures to teach your clients  
stress control and relaxation skills



# ENHANCE YOUR CLINICAL PRACTICE

With the Stress Control Suite, you can easily and rapidly:

- Assess and track your client's stress response patterns using a 15-minute stress test and simple report.
- Use simple biofeedback methods to teach your clients self-regulation and body awareness.
- Teach your clients to rapidly and efficiently relax and return to baseline with classic, effective relaxation methods.
- The Stress Control Suite works with the ProComp2, a medical grade physiological monitoring device, with easy to fasten skin conductance and peripheral temperature sensors which give you direct measures of arousal and stress levels.

"The Stress Control Suite is elegant and simple to use and provides robust measures of skin conductance, temperature and blood pressure, using three easy-to-apply modalities. It also includes effective biofeedback training tools which facilitate learning psychophysiological mastery for client and students."

*Erik Peper, PhD.  
Professor, Institute for Holistic Health Studies/Department of Health Education,  
San Francisco State University*



## U.S. Stress Statistics

