

About Angela Bussio

[Angela Bussio](#) is a stress strategist, best selling author, private/executive coach , founder of [Attracting Joy University](#) and editor/publisher of [Real Stress Solutions](#) Digital magazine. Angela's programs include, *The Science of Attracting Joy*, *Design My Destiny* and the *6 Secrets to Banish Stress*. Angela resides in the heart of the Rocky Mountains with her husband of 30 years and is the mother of five beautiful children.