NUMBER 57 / WINTER 2013

# C O N T E N T S

3 Editor's Letter Toni Knapp

## [EMERGING TRENDS]

4 Virtual Retirement Villages: Supporting Aging in Community Candace Baldwin, M.S., EDFP

## [HEALTH]

- 10 Dental Health and Aging: The Connection to Overall Health Lori Moore, Ph.D
- 14 Chronic Fatigue Syndrome: When Being Tired Takes Over Your Life Irene V. Jackson-Brown, Ph.D., CMC, CSA

## [SOCIAL]

- 20 Networking: Business Benefits, Partnerships, and Best Practices Erica T. Walker, MBS, MSED, CSA
- 27 The Best Gift Ever: Learning How to Listen—Especially to Difficult People Marilyn Ellis, CSA, CTACC

## [LEGAL]

31 The Durable General Power of Attorney: Friend or Frenemy? Kirsten N. Jacobs, Esq.

## [FINANCIAL]

34 Hidden Assets: Managing Your Social Security James A. (Al) Hurt, Jr., CLU, ChFC, CSA

#### [ARTS, HUMANITIES, AND SPIRITUALITY]

38 Becky Everitt: Profile of a Colorado Artist Karin Lazarus

## [CSA CE]

The *CSA Journal* includes a *Case in Point* section with a feature article and case study that shed light on an important senior-related issue. After reading the section, CSAs may choose to complete an online quiz and discussion questions to earn 5 CSA continuing education (CSA CE) credits.

- 44 Personal Health Records: A Better Way of Keeping Track? Susan Miedzianowski, Ph.D., CPC, CSA
- 50 Case Study Sara Jones Learns About PHRs Susan Miedzianowski, Ph.D., CPC, CSA
- 53 Senior Client Handout Personal Health Records: Tools to Consider Susan Miedzianowski, Ph.D., CPC, CSA

## [SPECIAL SECTION]

55 2013 CSA Conference Highlights