



80,000
PRIVATE-INDUSTRY
office & administrative workers suffer some form of injury whilst at work

Office workers are **2.5** times more likely to suffer an injury

from a **FALL** than any other job – tripping over desks and carpets or slipping on wet floors

Office workers **ACCOUNT FOR THE HIGHEST** number of working days lost from stress, depression & anxiety

STARING AT A COMPUTER

for long periods of time can cause damage to your vision, along with possible headaches or **MIGRAINES**

Sitting at your desk all day puts you at a higher risk of muscular skeletal disorder, diabetes & obesity

IN 2007

a woman was taken to hospital with minor injuries after an incendiary device blew up in her office in London. She received an undisclosed amount of compensation

Retail has the **2ND HIGHEST** number of manual handling injuries

AROUND 700 EVERY YEAR with approximately 5% of injuries lasting for 7 days+

Standing up for long periods of time can **INCREASE THE RISK** of Atherosclerosis (hardening and narrowing of the arteries)

THOSE WORKING in retail experience the **3RD** highest number of workplace violence victimisation

The 1st and 2nd are

HOWEVER The biggest by far is construction

WORKING in retail you are **40%** more likely to be assaulted by customers than in any other job

law enforcement **AND** mental health professionals

INCORRECT handling of boxes, stock and heavy items can lead to a higher risk of muscular skeletal disorder

A 69 year old motorway service station worker was injured when she attempted to prevent a robbery

She was later awarded **£63k** IN COMPENSATION

Your safety at work is extremely important

Take precautions when working and always remember to report and log any incidents in your company's accident book