

# Introducing the Hippocrates **AUTISM PROGRAM** for Parents

**Children Diagnosed with Autism:**

**1980: 1 out of 10,000**

**2014: 1 out of 50**

Source: Centers for Disease Control (CDC). Statistics are for children ages 6–17

## **TODAY'S PLAGUE**

Hippocrates Health Institute is partnering with Sheila Kilbane, MD, a leading expert in the natural approach to Autism. This July, the most comprehensive, powerful and effective approach to dealing with this shocking disorder will be presented here on American soil. We reach out to all the families and children who are enduring this epigenetic disorder.



Sheila Kilbane, MD, is a board certified pediatrician with a focus on autism. Dr. Kilbane trained with Andrew Weil, MD at the University of Arizona in integrative medicine.

**SPECIAL PROGRAM ONE WEEK ONLY: JULY 6–12**  
For more Information, Call **(561) 471-8876 ext. 2177**

HIPPOCRATES  
HEALTH INSTITUTE

[www.HippocratesInstitute.org](http://www.HippocratesInstitute.org)

# HIPPOCRATES HEALTH INSTITUTE AUTISM PROGRAM FOR PARENTS

Dr. Sheila Kilbane, an integrative pediatrician, is extremely excited to be partnering with Hippocrates Health Institute to bring her expertise to this weeklong retreat.

Dr. Kilbane and her team have a unique program designed for parents of children experiencing developmental differences, including autism, ADHD, sensory processing challenges and behavioral and learning differences.

This special program provides the expertise of three professionals and we will teach parents to address areas such as nutrition, gluten-free casein-free diet, omega-3 fatty acids, probiotics, gut health, stress, academic performance, behavioral and emotional control, anxiety, focus, attention, coordination, communication, food and environmental allergies, mineral and nutrient deficiencies and a general feeling of physical wellbeing.

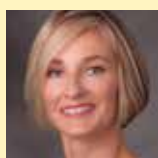
Parents will learn how to look at the whole child and understand how the dynamics of the entire family can affect

the child, as well as every member of the family. Through group lectures, the team will help each family understand what a holistic program can do to enhance not only their physical health, but also the happiness, connection and overall joy in the home. Attendees will learn how to identify and address the root cause of whatever challenges the child and family are experiencing (i.e. sensory, medical, neurologic, emotional, behavioral, etc.) The program also covers specific strategies to help shift situations, beliefs and outcomes. 📍

## ABOUT THE TEAM:



**Drs. Brian Clement & Anna Maria Gahns-Clement, LN, NMD, PhD**, have spearheaded the international progressive health movement. As co-directors of the renowned Hippocrates Health Institute (HHI), the world's foremost complementary residential health center, they have developed a state of the art program for health maintenance and recovery. Over the decades, HHI has become a beacon for those who wish to transition to a healthier lifestyle. HHI's Life Transformation Program combines pure, enzyme-rich vegan cuisine, a radiant mental and emotional attitude, and the appropriate physical activity essential to optimizing one's health. [www.HippocratesInstitute.org](http://www.HippocratesInstitute.org)



**Sheila Kilbane, MD**, is a board certified pediatrician who also trained with Andrew Weil, MD, at the University of Arizona in integrative medicine. She helped open one of the first integrative pediatric offices in the Charlotte area, and in November of 2012, began her own healthcare education & consulting company called Infinite Health, PLLC. She conducts community based education classes, does retreats/workshops, and sees individual patients. She works with families to find the root cause of illness rather than putting a Band-Aid on the problem. She uses natural and nutritional therapies whenever possible in treating things such as: colic, reflux, eczema, recurrent ear infections, recurrent sinus infections, stomach and GI issues (eosinophilic esophagitis, inflammatory bowel disease, constipation, abdominal pain), acne, psoriasis, autism, ADHD, and sensory integration disorder. [www.SheilaKilbane.com](http://www.SheilaKilbane.com)



**Kristen Oliver, OTR/L**, is a pediatric occupational therapist who has developed a unique approach—she works both with children and their parents by addressing the root causes of behavioral, sensory, and emotional challenges. By creating meaningful connections, Kristen teaches families specific action steps toward identifying and releasing old patterns that perpetuate the symptoms they are experiencing. She believes life with kids of any ability can be filled with abundant joy, peace and harmony! Kristen is currently running a private practice and finishing her first book. [www.KristenOliver.com](http://www.KristenOliver.com)



**Adele Schiessle** is a Brain Integration Specialist. She teaches families how to use movement and body work to create neural connections that increase our abilities in all aspects of life. This includes: emotional, social, academic, communication abilities and more. She continues to expand on her knowledge in Specialized Kinesiology-movement and touch affect brain functioning. Pulling from four modalities she customizes home programs in order to empower the families to take themselves to a higher level of functioning. [www.OptimalYouCoach.com](http://www.OptimalYouCoach.com)

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